

STRONG MINDS COMPASSIONATE HEARTS

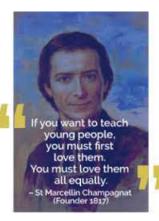


DOUG DOHERTY Acting Principal





These two quotations outline the importance of Wellbeing as an education. We consistently strive to ensure that all students can be Safe, Happy, and Successful, the foundation of which is a continuous development of wellbeing education.



At Lavalla Catholic College, we are also blessed to have our Marist direction teaching our students.

This Newsletter will focus on Student Wellbeing and how our College family strives to make this a success as part of our strategic and operational function as a school.

This Newsletter will celebrate the outstanding new Student Representative Council at the St. Paul's Campus, who are volunteering their time to address the needs and voice of our student body.

The most significant Wellbeing is when students feel successful and welcomed, examples of which will be seen through our curriculum and extra-curricular activities. The role of the parent/guardian in supporting

their child's success journey is vital, and a method to do this is to read the latest feedback and Learning Behaviours and discuss these outcomes with your child. Instructions on accessing the Learning Behaviours can be found in the Newsletter also.

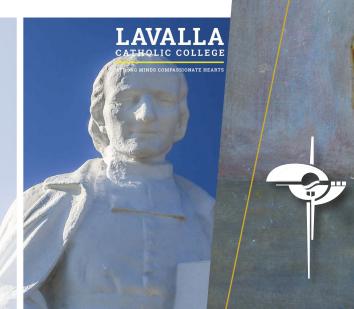
Lavalla Catholic College's Vision Statement is key to the purpose of why we strive for all students being safe, happy, and successful; please take the time to read this:

Vision Statement

Lavalla Catholic College is a welcoming, inclusive community called to make Jesus known and loved through education in the Marist Tradition.

With 'Strong Minds and Compassionale Hearts' we unite to inspire, journey with and prepare learners for life in our changing world.

In our daily actions we build positive relationships following the model of Jesus Christ.

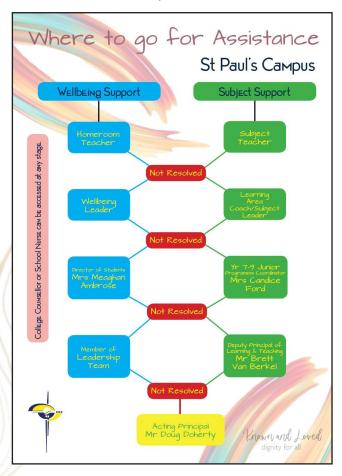




It is also imperative that we encourage our students to seek support if they require it.

We have structures for students and families to use on each campus when seeking support.

If we know, we can help.





Today is the National Day of Action against Bullying; a daily lived practice at Lavalla Catholic College. Known and Loved – Dignity for All is a crucial catalyst for ensuring that this is part of our continuous action and language.

This week we held Campus Assemblies, led by the Student Leaders on each campus that focused on the role of everyone to be an Up-stander – to 'Call-in or Call-out' anyone who discriminates against others for any reason, especially race, colour, faith, or sexuality.

We also connected the Wellbeing and dignity of all to the launch of Ronald Edward's Interpretation of 'Simplicity,' one of our Marist Characteristics.

Let's continue to work together to support and care for each other.

Stay safe, and God Bless







MEAGHAN AMBROSE
Acting Director of Students

Known and Loved dignity for all

The Wellbeing Team's mission and vision is to unite and journey with others to name, know and support the holistic learning, growth and aspirations of our students. We strive to provide an environment where they are safe, happy and successful. We do this by working with our young people on a daily basis by helping them to develop the skills they will need to be resilient in an ever changing world.

Part of this development occurs through our wellbeing program that is delivered during Homeroom, at St Paul's, or Learner Advisor lessons at Kildare. Learning Curve, in the form of our wellbeing journals, helps students to develop a growth mindset, their social and emotional intelligence as well as their overall wellbeing. These elements work in tandem with the academic progress and achievement of our students and help to support them throughout their education and beyond.

Over the course of the year, the Wellbeing Team will play an active role in supporting students in various areas of College life – camps, retreats, assemblies, house challenges and lunchtime activities to name a few. We are also there to guide students to make good choices for themselves and for others, and to develop a sense of community within their classrooms, year levels and as a College.

A few reminders regarding the College's attendance policy, mobile phone policy and uniform expectations. Please see information below.

General Procedures for Families and Students. – Attached.

Signing Students In/ Out Via PAM

While parents are able to use PAM to notify the College that a student is arriving late or leaving early, please note that parents do need to attend reception at either campus to sign students in/ out. Wherever possible, please ensure your child knows about their appointment and meets you at reception. It is not always suitable for administration staff to collect your child from their classroom.

Attendance – Senior Campus

Students need to ensure that their attendance is above 90% if they are undertaking a VCE/ VCAL / VET subject. This is a requirement of the College, the VCAA and TAFE providers. Extended absences should be accompanied by a medical certificate or a statutory declaration. This is especially important for students who are unable to attend

a scheduled assessment or an exam.

If you are concerned about your student's absence, please contact the relevant Homeroom / Learner Advisor or Wellbeing Leader/ Head of House to discuss how the College can support your student while they are absent.

Note: Students who are absent due to being a COVID close contact, should still complete any school work that is set on SIMON, in Lesson Plans, to ensure they do not fall behind.

Mobile Phone Use

Students:

- Will keep their mobile devices switched off or on silent in their lockers between 8.45am and 3.15pm
- May use their mobile phones in accordance with this Policy before school, and briefly at the beginning of recess and lunch breaks. This use must occur at the student's locker.

Students must not:

- Have their mobile phone in class (unless an exception has been requested, approved and documented by Leadership);
- Bring their mobile phones into exams or class assessments;
- Use phone cameras within the College grounds;
- Use phone cameras in banned spaces, for example, change rooms, toilets, gyms and swimming pools;
- Have their mobile phone visible or turned on at any College gatherings and events (e.g. assemblies, masses, sports days, performing arts);
- Take photos, film or stream any individual or group and their activities without their knowledge or express permission and the consent of the College;
- Upload or share any photos or video files to social media sites which bring the College or any College community member into disrepute or may cause emotional or psychological harm;
- Access inappropriate or illegal materials or bring the College or any member of its community into disrepute;
- Use mobile phones to send harassing or threatening messages.

Known and Loved dignity for all

If a student is caught with their phone in class, at a College gathering or in the yard between 8.45am and 3.15pm, the phone will be confiscated by the staff member and handed to Reception at either Campus. The mobile phone will be placed in a sealed envelope and locked in the safe.

- The first time this occurs, the student can collect the phone at the end of the school day. The student must sign out the return of their phone in the Mobile Phone log book.
- 2. The second time this occurs, the student can collect the phone at the end of the school day and parents will be notified by SMS. The student must sign out the return of their phone in the Mobile Phone log book.
- 3. The third time this occurs, parents / guardians will be notified by the Wellbeing Leader / Head of House and a parent / guardian will be required to collect the phone at their earliest convenience.
- 4. The fourth time this occurs, parents / guardians will be notified by the Wellbeing Leader / Head of House and a parent / guardian will be required to attend a meeting with the Wellbeing Leader / Head of House to discuss their child's breach of the Policy and collect the phone. Additional consequences may be discussed at the meeting.

Further information regarding the College's mobile Phone policies and acceptable use can be found via the following link. **HERE**

Uniform Matters

The College uniform speaks of pride and for students a sense of belonging to the College. Attention to outward appearance is an important part of a student's social development. The purpose of the uniform is to foster an academic atmosphere, to sharpen the focus on schoolwork and to emphasise the importance of learning, rather than being preoccupied by fashion trends. Mostly, the uniform minimises unhelpful comparisons among students and promotes equal relationships. It also offers a sense of security to the College community as outsiders are easily identifiable. Students are expected to be in full uniform at all times and to keep their uniform in good condition.

The College blazer is compulsory for all students. The blazer is normal school wear for Terms 2 & 3. Although it can be worn as the outer garment all year, it is not required in November, February or March. The blazer is also worn on formal occasions and when students are representing the College regardless of the time of year. The outer garment for the winter uniform is the blazer for all students.

- The length for both the dress and the kilt is at or below the knee.
- Physical Education (PE) uniform is worn only on days
 when PE is held (and on Sports days) at St Paul's
 Campus only. Students at Kildare are allowed to wear
 their PE uniform to school if they a practical lesson
 period 1 and are able to wear their PE uniform home
 if they have a practical lesson Period 5. For all other
 lessons, students must change. Members of sporting
 teams representing the College are required to wear
 the correct sport uniform.
- Hair should be natural in colour, conservative in style and tied back if long. Males should be clean shaven. Hair accessories, scarves and winter hats are navy blue in colour. Jewellery is restricted to one pair of earrings (small sleepers or studs). One flat ring, one plain neck chain and one plain bracelet only. Make up is to be skin toned and subtle. Any nail polish should be natural.
- The following items are not permitted: Chunky jewellery, facial and body piercings, dark and excessive make-up, eye shadow and dreadlocks.
- The Rugby Top and Spray Jacket (yellow stripe) is no longer part of the College Uniform. These items have been replaced by the new Soft Shell Jacket. The Soft Shell Jacket is not to be worn with the Summer Uniform, unless raining, must be removed indoors and is not intended to replace the College Blazer.



• Variations to the uniform are not permitted and students who do not comply with the uniform policy may be withdrawn from the school yard and/or sent home to acquire the necessary uniform. Students may return to school as soon as uniform regulations are complied with.

For further information, please use the following link to access the College's uniform guides and policies. **HERE**

Note. The grey College jumper will be available for purchase from Lowes by the start of Term 2. There have been some supply issues as a result of COVID.



ALEX RATHBONE
Head of House - Nagle



GameAware

On Tuesday February 8th staff, students and parents were all provided opportunity to participate in a presentation from GameAware founder Andrew Kinch.

GameAware is an organisation that seeks to bridge the gap between gamers, parents and professionals through education and intelligent gaming strategies.

Each of the presentations provided insight into why people play video games, exploring the range of motivations, as well as unpacking the mechanics built in to video games that make it hard to stop playing.

As a part of the presentation, students were asked to consider what motivates them when they play video games; whether it be the competitive nature of gaming, the social interactions that they have, or the learning that happens.

For staff, Andrew's presentations provided an opportunity to better learn about an aspect of our student's lives that we may be aware of, but rarely understand. In our school, we know that the majority of students play video games, and for many of them, gaming is a major way that they connect with the world.

The parent information session explored the notion of parents and guardians encouraging self-regulation in their children. This means, setting up mechanisms for them to take control, and as students beginn to mature, to move from managing their children's lives, to helping them make decisions for themselves.

GameAware key takeaways for Parents/Guardians:

- Get involved, get coached in your Childs favourite game
 Be a teammate, not an opponent.
- 2. Support social gaming or structured competition because having a purpose discourages mindless, habitual gaming.
- 3. Show them the "Gamers" page on the GameAware website. Go through the quiz and the content as a family.
- 4. Understand the motivations that your children have for gaming. This can help to intervene if in cases of underlying escapism.

For any families that missed the opportunity, the information session was recorded and is available to watch via this link below.

Finally, if gaming creates ongoing concerns in your home, please consider reaching out to GameAware for support. Consultations begin with a simple phone or email conversation.

Recorded Parent Information Session: **HERE**

GameAware Website: https://www.gameaware.com.au/ parents/

Camps, Sport & Excursion Fund (CSEF) Payment

Parent / carers who are current Healthcare Card or Pension card holders may be eligible for the Camps, Sports & Excursion Fund rebate.

The claim form is available from the **HERE**

or by contacting the Finance Officer at The Hermitage Administration Centre or email <u>ar@lavalla.vic.edu.au</u>





STEPHEN ERDELY
Senior Geography Teacher

Geography Field Trips Return

After several years of virtually based field trips across the college, last Friday saw the re-commencement of this important component of the college's Geography curriculum with a day trip to the Bass Coast for students studying Year 10 Geography this semester.

Blessed with blue skies and full of enthusiasm, 17 students accompanied by Mrs Robertson and Laura our bus driver, spent the day exploring and learning about coastal landforms and processes along the Bunurong Marine National Park as well as gaining a greater understanding

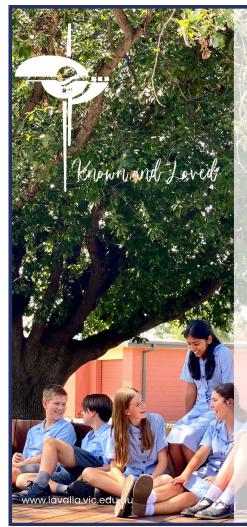
of the impacts and responses to dune erosion which has impacted the Inverloch surf beach over the past decade. Using a broad range of data collection methods, the class will now have the opportunity to integrate data gathered into a report which will consolidate their understanding of the dynamic nature of the coast and the ongoing management challenges which continue to be presented.

For Geographers at the college, this marks the beginning of a busy few months with field trips being planned to Kilcunda for the Year 9's; an overnight trip to East Gippsland for the Year 11's as well as a full-day trip to Melbourne for our Year 12 students. I wish all staff and students all the best on these excursions and hope that these valuable learning experiences help develop the knowledge and skills learnt in the classroom.





Known and Loved



LAVALLA CATHOLIC COLLEGE

Information Evening

Lavalla Catholic College invites you to an Information Evening for Enrolment Applications for Year 7 2023.

Monday 4th April 2022 St Paul's Campus - Grey Street.

4:00pm to 7:00pm

All welcome to attend.

For further information please contact PH: 5174 7355

Email: registrar@lavalla.vic.edu.au

Website: www.lavalla.vic.edu.au

There will be 30 minute information/question and answer sessions for parents/ guardians as well as workshops for prospective students during this time.

Separate to the Information Evening we invite you to make a time to come and see our College in action with student led school tours and an optional chat with a member of

Both the Information Evening and School Tours can be booked on our Website. We look forward to meeting you and helping you experience our wonderful College family.

In accordance with COVID-19 safeguarding, all adults must be double vaccinated to attend these events.

Lavalla Catholic College is a welcoming, inclusive community called to make Jesus known and loved through education in the Marist Tradition. With 'Strong Minds and Compassionate Hearts,' we unite to inspire, journey with, and prepare learners for life in our changing world.



MEGAN STEWART-NORTH Student Leadership Co-Ord

SRC Voting

A couple of weeks ago all of the Home Rooms at the St Pauls campus selected student representatives for their class.

This was a very new experience for our year 7 students so the year 9 Campus Leaders visited each class to tell them all about it. They talked about the honour of serving their peers and discussed the many exciting events that the Student Representative Council (SRC) help to organise and take part in.

From here, students were nominated by their peers that showed leadership skills, or a willingness to develop them, and the ability to commit to this important role. Each class then voted and the two students with the most votes were named their class reps.

All students that are now a part of our 2022 SRC have received their badge and have already been to their first meeting. We look forward to seeing all of the wonderful things they get involved in throughout the year.

Upcoming Student Leadership Events

House Challenges- The House Captains at both campuses have been working hard to come up with fun and exciting challenges that will allow students to gain points for their house. At Kildare, the House Captains have been developing plans to celebrate their house feast days throughout the year. At St Pauls this term, there will be a skipping competition, longest footy kick competition, Uno competition and a music Kahoot.

Please keep an eye out for more information and may the best house win!

Harmony Week (21st- 25th March)- This is a very important week in our college calendar where we celebrate our diverse cultural backgrounds and learn about inclusivity. Throughout the week students will be taking part in activities that highlight the many cultures that are represented in the college and how our lives are positively impacted by this diverse community.

Year 12 Jackets- The year 12 jackets have been ordered and are expected to arrive early in May. They are always made so beautifully and I am sure they will be worth the wait. We thank all ear 12 students for their patience.

Went 7 SRCREPS

7.1



Lily Ansell & Summer Moretti

7.2



Anna Linehan & Erica Amaira

7.3



Kristopher Riseley & Hannah Reiss

7.4



Clay Beckman & Matthew McDonagh

7.5



Nelson Archibald & Ebony Henke

7.6



Huxley Brooks & Karla Murdoch



Kaydence Fleming & Dean Read

7.8



Mackye Young & Camryn Masters

7.9



Grant Phillips & Aine Doherty

OUR LEADERS

2022



Went 8 SRCREPS



8.1



Ameen Ogunsina & Chloe Yeates

8.2



Ashlee Bosch & Hamish Pettie

8.3



Scarlett Reid & Benjamin Frith

8.4



Joie Evans & Archie Norman

8.5



Kitana Bramley & Campbell Thain

8.6



Emilia Atkins & Kaylah Gridley

8.7



Makaidy Henderson & Lexie Charalambous

8.8



Max Moroney & Luke Monk

OUR LEADERS

2022



Went 9 SRCREPS



9



Max Darby & Coral Poole

9 7



Kyla Cross & Vipasha Parekh

923



Mia Simpson & Elizabeth Cooper

9.4



Elijah Harris & Riley Jackway

9.5



Maddison Reed & Jessica MacGregor

9.6



Niah Gils & Caitlin Wood



Isaac Friend & Katie Furmston



Tahlia Field & Keeley Smith

OUR LEADERS 2022



KATEI LEE
Productions Manager



The Show can FINALLY go on!

After so much disappointment in 2021, we are excited to announce that the Lavalla Catholic College Production of 'Legally Blonde JR' is finally coming to the stage!

Having begun rehearsals in early 2021, we faced a lot of ongoing challenges with lockdowns and ever-changing COVID restrictions. After having to reschedule the show dates three times in 2021, we made the difficult decision to postpone the show until 2022. Whilst it was disappointing at the time, we are very lucky now to have the opportunity to perform in the new Gippsland Performing Arts Centre, which has only just recently opened.

Our cast is made up of students from Years 8 – 12, who have shown so much resilience, determination and passion over the past 16 months to get this Show up and running.

Having to reshuffle our cast this year, (after losing the Graduating 2021 Year 12 cast members) has meant that every single student involved has stepped up and taken on more responsibility, more lines and more stage time!

They have tirelessly rehearsed every Monday afternoon this Term, given up lunch times and weekend days to fit in additional rehearsals, and helped out wherever possible to make this Production a success.

We are blessed to be working with such hard working and talented students.

We encourage everyone to come along and see the Show, support our students, and check out the amazing new Theatre in Traralgon!

Tickets go on sale Friday 11th March and can be purchased at the link below.

The Show is G rated and suitable for all ages.

You won't regret seeing this fabulously fun journey filled with humour, wit, sass and a whole lot of pink!

Performance Dates:

Known and Loved

Tuesday 5th April – 7pm

Wednesday 6th April – 7pm

TICKET PRICES:

Adults \$25

Concession \$17

15 & Under \$15

BOX OFFICE: 51763333

Bookings online: **HERE**





Presents a Production of

The Musical

Music & Lyrics by

Laurence O'Keefe & Nell Benjamin

Book By

Heather Hach



Based on the novel by Amanda Brown and the Metro Golldwyn-Mayer Motion Picture

Tuesday 5th April 2022 - 7:00pm Wednesday 6th April 2022 - 7:00pm

Licensed exclusively by Music Theatre International (Australasia). All performance materials supplied by Hal Leonard Australia.

Adults: \$25

Concession: \$17

15 & Under: \$15



| Bookings online: www.latrobe.vic.gov.au/gpac/home



Known and Loved dignity for all



SHANE LEBBE
Director of Music

Music Program

Last Thursday the 3rd of March our year 7 students gazed in wonderment and awe at the musical wizardry of our Senior Jazz Ensemble who graced the Year 7 Centre with an Open Rehearsal. One excited year 7 exclaimed that she couldn't believe the level of musical prowess exhibited by the rhythm section, while another explained that he dreams of achieving the technical proficiency of the horn section. Our year 7s were exposed to the melodies of Billie Holiday, John Coltrane and Miles Davis, and by all accounts thoroughly enjoyed the experience. This was also a wonderful opportunity for our senior musicians to introduce themselves and their instruments to our year 7s. If there are year 7s who would still like to take up the opportunity of playing an instrument, please don't hesitate to contact us on music@lavalla.vic.edu.au

Our Intermediate and Senior Concert Bands are looking forward to the upcoming Band Camp from 30th March to 1st of April. This will be a wonderful opportunity for our students to engage in some really focused rehearsal time and come together as a community to prepare their performance repertoire. This event will be key to the preparation for a shared concert with the Latrobe Orchestra at the newly opened Gippsland Performance Arts Centre on Saturday the 2nd of April. More information will come out regarding ticketing for this event and all members of our community are invited.



CHRIS ROGA
Faith Formator

What are your Limiting Beliefs?

The American Indians had a popular fable with a very powerful message for us.

One day an Indian brave found an eagle's egg and put into the nest of a chicken. The eaglet hatched with the brood of chicks and grew up with them.

All its life the eagle, thinking it was a chicken did what the chickens did. It scratched in the dirt for seeds and insects to eat. It clucked and cackled, and it flew, but in a brief thrashing of wings and a flurry of feathers, no more than a few feet off the ground. Years passed, and the eagle grew very old.

One day it saw a magnificent bird high above in the cloudless sky, hanging in the wind currents, soaring with scarcely a beat of its strong golden wings. "What a beautiful bird", said the eagle to the chickens. "That's an eagle the chief of all the birds" clucked back one of the chickens. "But don't give it a second thought you could never do that."

So, the eagle never did give it a second thought and died thinking and believing it was a chicken.



This fable was popular amongst the Indians because it highlighted the fact that too many times we talk ourselves out of becoming the sort of person that truly reflects our real potential.

We have very fixed ideas of who we are, who we should be, what we can do, what we cannot do and so on. That is our self-image. We will always act in harmony with our self-image.

You think something is difficult, it will be difficult and you will give up at the first challenge. If you think you can do it, you will.

Do you know yourself? Or do you let others define you? Your self-image is the product of your past; successes and failures, joy and sadness, triumphs and humiliations.

How do you grow a healthy self-image? Have dreams. Have big dreams. Feel like you deserve them? And then go for it. If your have a supportive friend, it will be even better.

General Procedures



For Families & Students

If a Student....

Needs to **LEAVE THE CLASSROOM** for any reason:

• Seek the teacher's permission. Move quickly and quietly by the most direct route to their destination.

Needs to **LEAVE SCHOOL EARLY**:

- Parents must add a note to PAM;
- The Student is to report to the Front Office to be collected and signed out.

ARRIVES LATE:

- Parent / Guardian must add a note to PAM
- Student is to report to the Front Office to sign in.

Is ILL:

- Student needs to inform their class teacher and seek permission to go to the Front Office/ First Aid;
- A staff member from the office will make contact with the family/guardians and assist them.
- Students are not to contact parents / guardians directly.
- All Students must be signed out by Parents / Guardians.

Is ABSENT:

- Parent/guardian to add absence note to PAM.
- If no note is added, please provide a signed and dated note when they return to school.

Is **OUT OF UNIFORM:**

- Student is to bring a dated note from their parent/guardian;
- Show this to their Learner Advisor/Homeroom Teacher who will sign it;
- · Carry the note with them at ALL times.

Is having trouble **UNDERSTANDING THEIR WORK:**

- Ask their subject teacher for help;
- Speak to their Homeroom Teacher;
- If still having difficulty please follow the "Where to go for assistance "flow chart.

Is **UNCERTAIN ABOUT ANYTHING** concerning the school then speak to:

- their Learner Advisor/Homeroom Teacher;
- Any Staff Member.





SIMON & Parent Access Portal (PAM)

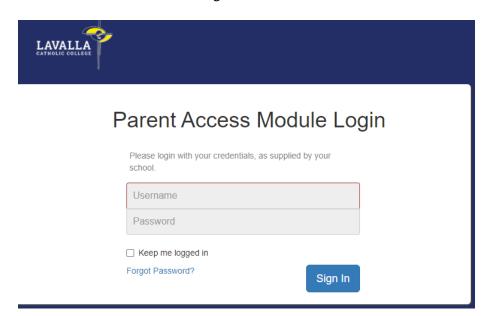
Welcome to all families, particularly new families, of Lavalla Catholic College. Over the last couple of weeks, you may have heard or seen about two programs called SIMON and PAM.

SIMON is the school platform that students and staff use and includes subject timetables, class and assessment tasks, and lesson plans (the work covered in class).

PAM stands for Parent Access Module and is the parent version to SIMON, which is where teachers assign students work, including lesson plans, class and assessment tasks, amongst other things. Using PAM, you can access most things that students can see on SIMON. However, the platform looks different.

To access PAM, you can click on the following link: https://pam.lavalla.vic.edu.au/

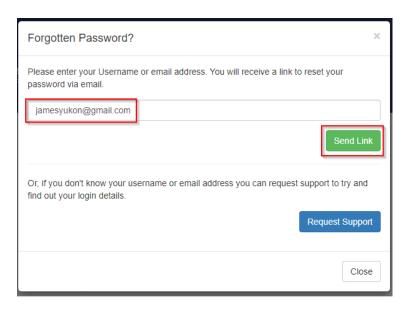
You should then see the following screen:



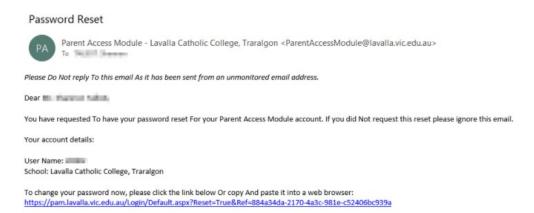
You will need to put your username and password into the relevant boxes. Your username is your synergetic number that you were given when enrolling your child. If you don't know your synergetic number, you should click on "forgot password".



You will be asked to put in your username or email address and will then receive a link to reset your password via email.

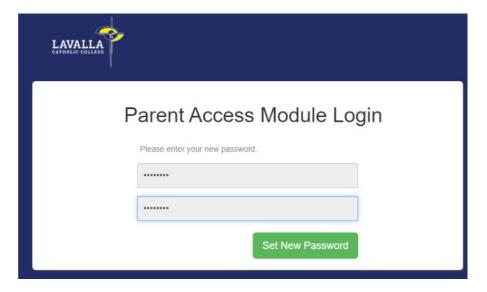


Once you receive the email to reset your password, you will be given your username with a link to the website to reset your password. An example of this email is below:

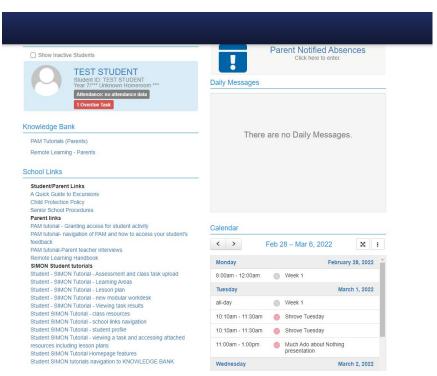


You will then create a new password and set it as the new password.





Once you have logged into PAM, you will see the following screen with your student(s) information in the top left corner.



On the left-hand side of your PAM account are some resources that will assist you in using PAM.



Section 1: Knowledge Banks

The PAM tutorials (parents) link contains several tutorials that will help parents navigate through PAM,

Knowledge Bank

1 PAM Tutorials (Parents)

Remote Learning - Parents

putting in an absence for your child, accessing your child's profile and granting permission for an activity.

School Links

2 A Quick Guide to Excursions Child Protection Policy Senior School Procedures

Parent links

PAM tutorial - Granting access for student activity

PAM tutorial- navigation of PAM and how to access your student's feedback

PAM tutorial-Parent teacher interviews Remote Learning Handbook

SIMON Student tutorials

4 Student - SIMON Tutorial - Assessment and class task upload

Student - SIMON Tutorial - Learning Areas

Student - SIMON Tutorial - Lesson plan

Student - SIMON Tutorial - new modular workdesk

Student - SIMON Tutorial - Viewing task results

Student SIMON Tutorial - class resources

Student SIMON Tutorial - school links navigation

Student SIMON Tutorial - student profile

Student SIMON Tutorial - viewing a task and accessing attached

resources including lesson plans

Student SIMON Tutorial Homepage features

Student SIMON tutorials navigation to KNOWLEDGE BANK

Section 2: Student/Parent Links

These are links that both you and your student(s) can access via PAM/SIMON.

Section 3: Parent links

Several tutorials that are also found in knowledge banks are found here.

Section 4: SIMON student tutorials

These tutorials can also be accessed by students via SIMON and assist both you and your child in using a range of features in SIMON. Students have been watching these tutorials at school to assist them in building their knowledge of using SIMON.

Here are also some useful links in logging in and using PAM.

Logging into PAM:

https://youtu.be/pqmE7Qn0-qY

Navigating through PAM:

https://youtu.be/xTThW1k0rDE https://youtu.be/4vJRqC2yrEA

If you need further support with using PAM, you can fill out a support request using this link http://helpdesk.lavalla.vic.edu.au/support/tickets/new or email Helpdesk (helpdesk@lavalla.vic.edu.au) with your Full name and information with the area you need support in.

Maddy Arbuthnot

SIMON Support and Compliance Coordinator



ROADIES

Waratah Beach Camp

We will spend 3 days and 2 nights at Waratah Beach Camp. Come along and spend a few days of fun with your friends!

DATE

Wednesday the 20th of April - Friday the 22nd of April

LOCATION

Waratah Beach Camp, Waratah Bay

OUT OF POCKET COSTS

- \$100 to be paid prior (covers accommodation, meals and activities)
- NDIS plan charges will be discussed with you to ensure your specific needs are met.

WHAT TO PACK

- Medication and Medication Forms
- Packed morning tea and lunch for first day
- Sleeping bag and Pillow
 A CHECKLIST WILL BE PROVIDED WITH THE ITINERARY

Please leave your electronics at home.

** Please call 1300 736 765 (during office hours) or 0456 003 435 (after hours) if you have any questions during the activity



ICG Office	Drop off (20/04)	Pick-up (22/04)
Wonthaggi	11:00am	1:00pm
Morwell	10:30am	1:30pm
Bairnsdale	9:30am	2:30pm

NDIS Benefits and Outcomes

- Social participation in the community
- Meet new people and develop friendships
- Increase your capacity to access your local community
- Development of your life and independent living skills
- Improve and develop your communication skills
- $^{ extstyle arphi}$ Opportunity to access new activities and try new things
- Selfcare for carers and participants

RSVP by 1st April 2022!