

From the Principal

John M Freeman

Issue Six

2021

Staff Retreat on Catholic Social Teaching

On Monday, 19 April, we conducted a Professional Learning Day focussed on Catholic Social Teaching. Recognising the "COVID Normal" we now have, our speaker from Caritas Australia spoke to us from Sydney, and we met in small discussion groups around the Kildare Campus.

The material presented was meaningful and provided all participants a better understanding of not only the work of Caritas but the Catholic Social Teaching values that drive the work.

Thank you to Robyn Rebbechi for her work organising the day. Also, thank you to Sarah Brown for her support of the program and the staff who agreed to lead the small group sessions.

ANZAC Day

Last Friday, 23 April, we conducted ANZAC Commemoration assemblies at each of the campuses. Thank you to Robyn Rebbechi and Adriana Bianconi for the organisation. Thank you as well to Shane Lebbe, who played the Last Post and The Rouse.

I also acknowledge Kathreen Monk, a Defence Forces Veteran, for the wonderful Commemoration Address to students at both campuses. A copy of her address is included in this Newsletter.

I also extend my gratitude to the staff and students who attended the ANZAC Day Services on Sunday, 25 April. We had representatives at Traralgon, Morwell, Moe, Yallourn/Newborough, Glengarry, Tyers, and Yinnar.

Year 7 2022 Enrolments

I would like to remind families that enrolment applications are due on 7 May 2020. We will accept applications after that date, but as a matter of justice, priority will be given to those who have submitted their applications on time.



Closing Soon

Enrolments Close 7th May

Enrolment Interviews 17th - 21st May

2022 Offers sent out 4th June

Acceptance due back 25th June

Please see the website for more information www.lavalla.vic.edu.au/enrolment/



PRINCIPAL cont

Year 10 Retreat

On Tuesday and Wednesday last week, our Year 10s participated in their Retreat. By all accounts, these days were enjoyed by all involved. I particularly thank Monica Justin for all her work in preparing this experience. Thank you as well to the staff who assisted on the two days.

Staff News

Mr. Rob Tarraran, the College's Business Manager, will be on leave for six months commencing next week. During Rob's absence, Mr. David Alcock and Mrs Debbie Rogers will cover his areas of responsibility. David is an experienced Business Manager and has worked in other schools in this role. He will be with us part-time as Acting Business Manager. Debbie is the College's Financial Accountant, and she will work with David to ensure our services remain at their usual high standard.

Sarah Duncan, the College's Music Secretary, finished with us last Friday. We wish Sarah all the best in the new venture she is undertaking and thank her for the tireless service to the Music Faculty, particularly with regard to our Music Tutoring Program.

Welcome, Jolene McKenna, who has joined us for the next six weeks as a replacement teacher for Michael McKenna while he is on leave.

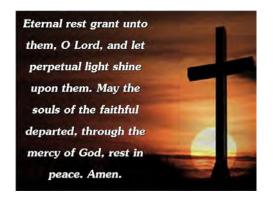
Engagements, Marriages, Births, and Achievements

Congratulation to Megan Stewart North on her engagement to Reece.

Condolences

Finally, can I please ask that you keep the following people who have passed away as well as their families and friends in your prayers:

Anna Sola- grandmother of Stephanie Aliotta (staff)



KEY DATES TERM 2

MAY

3rd Year 9 Retreat

(Group 1)

10th Full Winter Uniform

Year 9 Retreat (Group 2)

11 - 13th NALAN (Year 7 and 9)

19th St Paul's School Photos

20th Kildare School Photos

JUNE

8th Champagnat Mass

9th General Achievement Test

(GAT)

10th Year 12 English Oral

Presentations

Year 9 English and Maths Exams

11th Student Free Day –

Professional Practice

14th Queen's Birthday

Public Holiday

17 – 25th Year 10 and 11 Exams

Year 11 VCAL Work

Placement

21 – 24th Year 9 Exams

21 – 23rd Year 12 Retreats

25th Last day of Term 2

ANZAC DAY ADDRESS



KATHREEN MONK Educational Support Officer

I am Kathreen Monk, and many of you may know me as an Educational Support Officer on the St Pauls Campus. I am very honoured to be addressing to you as a Defence Force Veteran.

On the 4th October 1994, at the age of 20, I joined the Royal Australian Air Force (RAAF) as a Signals Operator. I started my career as a Linguist, then progressed to a Team Leader, and a Senior Linguist.

I was then given the opportunity to change fields to Signals Operator Technical where I specialised in Electronic Intelligence, as a Radar Analyst. I then progressed to a Team Leader, a Senior Analyst, a Senior Instructor, and then finishing my career in Training Development, before retiring from the RAAF on 21st February 2011. (This year is my 10 year anniversary of retiring from the RAAF).

Throughout my RAAF Career I was very fortunate to have some amazing experiences, from various postings, secondments, attachments and deployments, but ANZAC Day is the day that conjures some of my proudest and fondest memories. From my first Catafalque party in Black Butt, to ANZAC day parades in Toowoomba, Adelaide and Canberra, to laying wreaths at the Cenotaph in Whitehall, London and then attending the Service of Commemoration at Westminster Abbey.

However, my most memorable (ANZAC Day) was in 2005, while attached to the Australian Embassy in London, my husband and I were very honoured and privileged to participate in the interment ceremony of four Australian Soldiers (from WW1) whose remains had been discovered in a farmers fields near the French village of Ballieul. On Friday the 22nd April 2005, at the Outtersteene Military Cemetery, with a full military funeral we laid to rest; Lieutenant Christopher Champion, Corporal Ernie Corby, and two unidentified Australian Soldiers. It was an emotional and moving ceremony, especially seeing how much it meant to the families of the fallen soldiers. I can honestly say, that it was the first time I openly wept whilst on parade, and I was not the only one.

The following day, on Saturday the 23rd April 2005, we participated in the Dawn Service at the Australian National Memorial in Villers-Bretoneux. It was a very cold, and wet Dawn service, but my heart swelled with pride, as we all stood together (soaking wet), looking out at the large crowd of people (approximately 6,000 people). It just struck me all at once, I felt so honoured to be there, representing my country, but I also felt so proud of how many people were there, in the pouring rain, standing together, to honour our fallen, to acknowledge their ultimate sacrifice, and to promise that we will remember them. It was extremely moving, and yes, I wept, and again I was not the only one.

We then went on to march in our last ANZAC day parade for the day at the Australian Diggers Monument at Bullecourt, where a Western Australian high school student played the Last Post perfectly. Again, it was extremely moving, and yes, I wept, and again I was not the only one.

We then went on to Le Canberra pub (in Bullecourt), where we had some beverages and the French children kept dancing around us and singing Waltzing Matilda. It was an extremely humbling and unforgettable experience, and one that I will always treasure.

As a Defence Force Veteran I believe it is my duty to remember and honour the service and sacrifice of those who have served before me, alongside me, and those who continue to serve our country now and in the future.

In keeping with our family tradition, we will be attending the Traralgon Dawn Service this Sunday 6am, and I hope to see you all there. So we can stand together, honour our fallen, acknowledge their ultimate sacrifice, and to promise that we will remember them.

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CURRICULUM NEWS



BRETT VAN BERKEL
Deputy Principal
Learning & Teaching

Students have been busy across Term One and at the start of Term Two completing assessments. With feedback now 'live' via your Parent Access Module (PAM) account it is an opportunity to review your child's progress and assist them in achieving their full academic potential.

Some strategies that can be used to facilitate this is;

- Accessing the PAM to view your child's progress. There is a video available on your PAM quick links that shows you how to access all your child's feedback.
- Discuss current performance with your child
- Monitor if they are implementing their study plan and the recommended number of study sessions per week
- Review if they are using their study time free of distraction (removing their mobile phone while studying)
- Limit the time your child commits to part-time work (no more than 10 hours per week)
- Create a dedicated study space that is free from distraction
- Promote reading for a minimum of 20 minutes per day

It's Not OK to be away

Attendance Requirement

In order to maximise student achievement and outcomes, Lavalla Catholic College requires students to be punctual and attend all classes with appropriate materials and set work completed so that teaching and learning can be effective.

The College attendance requirement requires at least 90% attendance (face to face) in each unit/subject to achieve a satisfactory result for that unit/subject. This is regardless of whether or not the student has satisfied the coursework outcomes for that Unit/subject or not.

Approved absences are:

- Those covered by a medical certificate or other relevant documentation.
- Those caused by the student's participation in another aspect of the College's educational program (such as elite/ Marist sport, music, excursion or camp)

Unapproved absences are:

- Absences not covered by a Medical Certificate or other relevant documentation
- An absence from a whole-school activity
- Family holidays taken by students during the school term. Teachers are not responsible for, and may not provide work for students on holidays as this will lead to authentication concerns.



CURRICULUM NEWS

Holidays during school time

What does this mean for your child's assessments?

To request that assessment be moved or deferred to a later date due to an absence requires the student to apply/request for special provision.

Special Provision and School Based Assessment

Students are eligible for Special provision for school-based assessment if they are adversely affected by illness, impairment or traumatic personal and/or family circumstances. The usual provision granted in this category may include allowing the student to undertake the task at a later date, allowing the student extra time to complete the task, substituting or replacing one task with another task or using technology to complete the task. All these possible provisions will be dependent on the resources of the College.

If a child is away on a family holiday for an exam, assessment or SAC they will receive a zero for that task. This is because family holidays do not meet the requirement outlined above to qualify for Special Provision.

It is important that if you are planning on taking holidays during the school year, you have a conversation/email your child's Learner Advisor or Homeroom Teacher, Wellbeing Leader or Senior School Co-ordinator to assess the full impact of the absence.

If the intention is that your child will be away from school longer than five days then a 'Leave of Absence' form needs to be completed. These can be collected from Student services at each campus.

The school's assessment procedures can be found on the College's website under- General Information link here – Senior Schools Assessment Procedures 2021.





CATHOLIC IDENTITY & MISSION



ROBYN REBBECHI
Assistant Principal
Catholic Identity & Mission

We know that around the world there are many instances of good work being done by religious groups, often quietly and without fanfare, and therefore usually going unnoticed. In our local community organisations such as St Vincent de Paul, and groups connected to parishes, carry out important work, addressing the basic needs of people in our community, and sometimes we forget that this work is actually inspired by religious beliefs and ideas, in this case those particularly of the Catholic Church, rather than just a sense of humanitarianism.

Our college staff recently participated in a day of learning about the Principles of Catholic Social Teaching which underpin the work of the Church, and therefore our work as a college. As part of our strategic plan the college aims to develop our school as a place where questions of faith and contemporary culture are addressed, including a knowledge of various aspects of Catholic Social teaching and this professional learning day was an important way to support this process. Staff were led by Chris Nolan, from Caritas Australia, who worked with us via our Microsoft Teams platform as we gathered in small groups to discuss the ideas presented.

Chris began by explaining to us the work of Caritas, the Catholic Church's agency for international aid and development, and their three pronged approach of disaster response, development, education and advocacy. He explained to us the difference between a charity mindset, and a justice mindset and explained that as Christians we are impelled to do both: that charity and social justice are the 'two feet of love in action'. In future issues of this newsletter we will focus on some of these principles, as a way of highlighting their importance in our work in the college, and as we continue throughout this year, staff and students will consider ways to further embed the principles of Catholic Social Teaching in our work.

'Catholic schools aim to equip students with the skills necessary to be critical thinkers, lifelong learners and active contributors and participants in society. A commitment to exploring contemporary issues such as social justice, equality and stewardship of creation aims to energise students, encouraging them to embrace their ability to effect positive change in their world; local and global.' Diocese of Sale Catholic Education Ltd.



BIOLOGY



LARA BAMFORD Year 12

LANA BARNES Year 12



On Wednesday 21st April, the Unit 3 biology students visited GTAC at Parkville in Melbourne. We participated in a range of lab activities, all based around our current coursework of understanding the immune system. We tested samples from cows that had been affected by mastitis and found that a particular bacteria had caused the disease. Using equipment like a spectrophotometer, which we had never used before, we were able to deduce the specific bacteria that was causing the disease, and then identify an appropriate course of antibiotic treatment. Further activities involved investigating the use of vaccine treatments to protect calves against the tetanus toxin.

All students worked in small groups, and each group was guided by a GTAC mentor who was a PhD student. With this, came the opportunity to speak with these highly specialised professionals about careers and potential study pathways.









COLLEGE MUSICAL



KATIE LEEProductions Manager



The College Productions Team is very excited to announce that this year's Musical production will be 'Legally Blonde JR'. After a year without any shows in 2020, both students and staff alike were very keen to get back into performing and rehearsing.

Auditions were held during Term 1, and this year's cast is set to be bigger than any previous show, with over 40 students currently involved from both St Paul's and Kildare campus.

Rehearsals are well under way, with students from both campuses meeting every Monday afternoon to rehearse songs, study dialogue, learn choreography, and just genuinely have fun.

For the first time ever, we are also performing four shows over three days, giving more people the opportunity to get along and see what our students can do.

Our Production dates are:

- Thursday 19th August 7:30pm
- Friday 20th August 7:30pm
- Saturday 21st August 1:30pm & 7:30pm



DUKE of Ed PRACTICE CAMP



SOPHIE MEMBREY

On the 18th and 19th of March we were fortunate enough to be able to head out of the school grounds and on to our first Year 9 Outdoor and Environmental Studies camp for the year. The camp was the students' practice journey towards completing their Duke of Edinburgh Bronze award. Sophie Membrey, Candice Ford, Megan Stewart-North, Sue Pickett, Matt Harris,



Luke Merton and Nick Mackenzie accompanied 43 year 9 students. The students were all fantastic and really thrived being given the responsibilities of cooking for themselves, packing and carrying their own packs and setting up their own tents. Some students share below their own reflection of camp.

I know for some people, me included, camping isn't their thing, however walking from the Yallourn Power Station to Moe and camping overnight at the Lavalla Presentation Campus was a lot of fun. I enjoyed a lot about this 'Practise Journey' and it was an amazing experience for all of us. We all got to do new things and have fun in the process. On the first day (Thursday) we walked close to 15km and once we arrived at the Presentation Campus, everyone was exhausted. I know that no one had ever used a Trangia stove before considering we all normally would take jetboils on normal camping trips, however learning how to use a Trangia and cooking our meals on them was great. We got to watch the big first game of the AFL season for 2021 with Richmond playing Carlton. It was such a great atmosphere watching everyone get excited over the footy and having their own side commentary. After a good nights sleep we all awoke bright and early to a grounds men and Mr Harris and packed up to begin trekking the final 4-6km to our pickup point of Edward Hunter Reserve. Once arriving at the reserve we did some orienteering activities and learnt how to calculate the distance between ourselves and a bearing on a map. Through this whole adventure, I learnt a lot of things even during school class times. I learnt how to properly pack a pack, how to use a Trangia stove, orientate a map, use a base plate compass and take care of the environment. Thank you to the teachers and fellow students who supportive and helped make this journey memorable to all.

Savannah Theissling, 9.7



Our Duke of Ed Practice Journey was a trip to the Presentation Campus. We walked from Yallourn Power Station all the way to the campus. The walk was long and tiring but it was definitely worth it. Everyone became better friends with each other than they were before. It also showed that kids can be independent and don't need teachers right over the shoulders all the time, with us setting up our tents ourselves, cooking for ourselves and packing for ourselves. The Practice Journey gave a really clear image of what to expect at the proper Adventure Journey.

Sid Cogan 9.6



DUKE of Ed PRACTICE CAMP

On the Duke of Ed camp we walked from the Yallourn north power station to the rail trail which was stayed on most of the time. We then stopped at the Moe gardens, then listened to 2 lady's talk about the rail trail which was quite interesting as We learnt a lot from what the rail trail used to be and what they do to keep it clean and how we were helping out by having the clean up Australia bags with us. After this we walked to the Newborough campus and set up as well as After dinner we played a few games and watched a movie. With one of the games we played we couldn't find Sid which was quite funny as everyone was yelling out for Sid to come out and only a few people found him. The next day we packed everything up and went for the rest of our walk to a reserve, were we did an activity that involved us running or walking around trying to find all the points on the map and trying to be the first group done. Once that was finished we got on The bus and came back to school and unpacked our bags. The camp was really enjoyable and really exhausting as well.



Sienna Affleck 9.6



On Thursday last week the 2 outdoor Ed classes went on camp. We got to school and moved our items that we were bringing into our packs. We then caught a bus from the school to the Yallourn Power Station where we began to walk along the rail trail. Our first stop was at lake Narracan were we sat and had our snack. We then walked from there to the Moe Botanical Gardens were we sat and ate lunch. We were then spoken to about the importance of the rail trail and many of the things our school has done to help take care of it. We then walked to the Moe campus were we setup our tents. Before dinner we explored the campus, watched a movie and played basketball. For dinner we got into cooking circles

and made our dinner with Trangia's. After dinner when it got dark we all played spotlight. We then watched the footy and got ready for bed. In the morning we woke up, had breakfast and packed away our tents. Once everyone was ready we headed off to the Edward Hunter Reserve. When we got there we were split up into our groups and did an orienteering task. We had to walk around and find different places in the reserve. My group was the first to finish. We then had lunch and waited for the bus to come and pick us up. Overall I really enjoyed the camp and I can't wait for the next one.

Leila Gaunt 9.6



SYSTEMS ENGINEERING



DANIEL CAFFREY

On Friday April 23rd, the Unit 3 / 4 Systems Engineering class visited the OPAL paper mill at Maryvale to study renewable energy. Opal is the largest generator of renewable energy in Victoria as it uses the waste from the paper manufacturing process (black liquor) to fire the recovery boilers. About 63% of their primary energy needs comes from this source. The students were able to differentiate between biofuels like black liquor and non-renewable energy like fossil fuels and to gain an understanding of sustainability as a concept.

The group also visited the Gippsland Water Factory and were able to understand how this plant used methane biofuel from the processing of waste as an energy source were able to contrast this with non-renewable forms of electricity. They were able to see that this methane emanated from recent photosynthesis and could be considered a renewable form of energy and hence sustainable.

Many Thanks to Murray Ellis and Adrian Harper from Opal and Gippsland Water respectively for organising the event.



ITALIAN CAFE



STEPHANIE ALIOTA

On Friday 26th March, the Year 9 Italian students treated the staff to a typical Italian breakfast. Students spent the weeks prior

to this day, preparing and creating their own Italian-style café, producing a menu, a table design, a sign and a shopping list of items required. On behalf of the Year 9 classes I would like to thank all of the staff who attended and generously gave up their time.



MUSIC NEWS



SHANE LEBBE

Dir. of Music & Liturgy

Our first Training Band rehearsal was held on Thursday the 22nd of April. Our ensemble of twelve excited year 7 and 8 musicians arrived to our St Paul's Campus Music Rooms by 7:30am on Thursday morning, eager to have their first experience following a conductor and making music alongside one another. These students will have a number of fun and exciting performance opportunities to look forward to throughout the year, including: the Yarram and Latrobe Valley Eisteddfods; our Annual Music Concert; and Christmas Carol Busking to name a few. We're really looking forward to working with these students throughout the year and proud to have them representing our Music Department.

On Friday the 23rd of April we farewelled our Music Administrator, Sarah Duncan, who has finished her time with us to pursue new professional opportunities. Sarah took over the role of Music Administrator in 2014 and quickly settled in as a valuable member of our music community. Perhaps Sarah's most valuable asset has been her desire to forge positive and supportive relationships with our music students and their families. I know our students in particular will miss her warm and caring nature when they walk into the safe and welcoming space of our music rooms that she has helped to foster. While helping to keep our music department running behind the scenes, she has been a reliable presence for our music tutors who appreciate Sarah's willingness to go out of her way to help them to achieve the best possible outcomes for our students in their lessons. I have always really valued Sarah's love of the performing arts and the joy she has taken in watching all of our musicians take to the stage. We wish Sarah all the very best and we will miss the quiet support that she has offered our music teaching staff, tutors, students and families to help make our department the warm and nurturing community it is.

Our Music Support Group has been busy planning our next fundraising event and would like to invite our Lavalla community to support our Department by joining them for a sausage at our upcoming Traralgon Bunnings Sausage Sizzle on Sunday the 16th of May. For our music families, if you would like to get involved and help out on the day please get in touch with us at music@lavalla.vic.edu.au — we would appreciate any and all support.





SPORT NEWS



DWAYNE TIBALLS

Sports Co-Ordinator

Swimmers Claim Medals at State Championships

Six Lavalla Catholic College student athletes travelled to Albert Park, Melbourne on Thursday, April 22 to compete in the SSV Swimming State Championships at the Melbourne Sports and Aquatic Centre.

It was the smallest group of athletes that have qualified for such an event in quite some time but the girls were able to capture a gold medal and a bronze medal in two events.

Olivia Baillie managed to claim the gold medal in the women's 14 year old 50m backstroke in a time of 32.84. Rachael Sbaglia, Samantha Sbaglia, Eliza Watts and Khianna Bullen then captured a bronze medal in the women's 17-20 year old 200m Medley Relay.







HEALTH CORNER



Ashleigh Thain School Nurse

Screen Health Time

Using smart devices has become 'part of life' for us all, teenagers included. It is important to remember that use of computers, gaming consoles, tablets, smartphones, etc CAN be part of a healthy lifestyle. But it is essential to be mindful of a few things. I'm sure it comes as no surprise to many of you that it is all about BALANCE.



Below is a checklist to see if you and your family are making the right choices when it comes to balancing screen time into a healthy lifestyle.

Ask yourself the following Q's;

- Are you sleeping enough?
- Are you engaged in school?
- Can you connect with friends/ family off line as well as on?
- Are you participating in physical activity/ sport every day?
- Are you having FUN or LEARNING while using a device?
- Do you enjoy other activities off a device such as reading, cooking, playing, or hanging out with friends and family?

The answer hopefully is an overwhelming **YES**.

You may have more questions and concerns around screen time, but these are a few simple checks to ensure the time we spend on our screens does not impact on getting enough sleep, eating well, and participating actively in school and family life.







AMPS, SPORTS AND EXCU	JRSIONS FUND (CSEF)	APPLICATION FO	ORM		
School Name	School REF ID				
Parent/legal guardian	details				
Surname					
First name					
Address					
Town/suburb State			Postcode	Postcode	
Contact number					
Centrelink pensioner cond	cession OR Health care	· ·	CRN)		
		OR			
Foster parent* OR	Veterans affairs pen	sioner			
*Foster Parents must provide a copy	of the temporary care order letter f	from the Department of	f Health and Human Serv	rices (DHHS).	
Student details					
Child's surmanus	Child's first name	Ctudent ID	Date of birth	Veer level	
Child's surname	Child's first name	Student ID	(dd/mm/yyyy)	Year level	
I authorise the Department of Education details and concession card status in a Australian Government Department of	order to enable the business to deter	mine if I qualify for a co	ncession, rebate or service		
I understand that:					
 DHHS will use information I have propersonal information including my na 			nd Excursions Fund and wi	Il disclose to DET	
• this consent, once signed, remains va	alid while my child is enrolled at a regist	tered Victorian school unle	ess I withdraw it by contact	ing the school.	
 I can obtain proof of my circumstance Excursions Fund can be determined. 	s/details from DHS and provide it to [DET so that my eligibility	for the Camps, Sports and	I	
 if I withdraw my consent or do not alter Fund provided by DET. 	natively provide proof of my circumsta	ances/details, I may not b	e eligible for the Camps, Sp	oorts and Excursio	
• information regarding my eligibility for Human Services and /or State School					
You are able to request access to the p child's school.	ersonal information that we hold abou	ut you, and to request tha	at any errors be corrected,	by contacting your	
Signature of applicant			Date	1 1	



2 DAY VIP EVENT — 6th & 7th MAY ZERO & REWARDS CARD HOLDERS



DON'T HAVE A CARD? APPLY IN-STORE OR ONLINE & START ENJOYING THE BENEFITS

*Offer available Instore & Online ends midnight (AEST) 7th May 2021. Must use Zero or Rewards card to receive discount. Excludes Gift Cards and Schoolwear lay-bys. Savings of original prices. Cannot be used in conjunction with any other offer, no rainchecks.