

STRONG MINDS COMPASSIONATE HEARTS



From the Principal

John M Freeman

I wish everyone a safe happy and holy Christmas break.

I hope it is a time of joy, a time to replenish and to be with those you love.

Please find below a few thoughts Ronald Rolheiser OMI has gathered as reflections on the rich meaning of Christmas.

What does Christmas mean? Christmas is like a perfectly-cut diamond twirling in the sun, giving off an array of sparkles. Here are just some of its meanings:

- A four-year-old child woke up one night frightened, convinced that there were all kinds of spooks and monsters in her room. In terror she fled to her parents' bedroom. Her mother took her back to her room and, after soothing her fears, assured her that it was safe there: "You don't need to be afraid. After I leave, you won't be alone in the room. God will be here with you!" "I know that God will be here," the child protested, "but I need someone in this room who has some skin." The word was made flesh and dwelt among us. John 1, 14
- Every year of life waxes and wanes. Every stage of life comes and goes. Every facet of life is born and then dies. Every good moment is doomed to become only a memory. Every perfect period of living slips through our fingers and disappears. Every hope dims and every possibility turns eventually to dry clay. Until Christmas comes again. Then we are called at the deepest, most subconscious, least cognizant level to begin to live again. Christmas brings us all back to the crib of life to start over again: aware of what has gone before, conscious that nothing can last, but full of hope that this time, finally, we can learn what it takes to live well, grow to full stature of soul and spirit, and get it right. Joan Chittister
- At Christmas, through his grace-filled birth, God says to the world: "I am there. I am with you. I am your life. ... Do not be afraid to be happy. For ever since I wept, joy is the standard of living that is really more suitable than the anxiety and grief of those who think they have no hope. ... This reality, this incomparable wonder of my almighty love, I have sheltered safely in the cold stable of your world. I am there. I no longer go away from this world. Even if you do not see me. I am there. It is Christmas. Light the candles! They have more right to exist than all the darkness. It is Christmas. Christmas lasts forever." Karl Rahner
- Even at Christmas, when halos are pre-tested by focus groups for inclusion in mass market campaigns, they are hard to see. ... This is how halos are seen, by looking up into largeness, by tucking smallness into folds of infinity. I do not know this by contemplating shimmering trees. Rather there was a woman, busy at the Christmas table, and I looked up to catch a rim of radiance etching her face, to notice curves of light sliding along her shape. She out-glowed the candles. All the noise of the room left my ears and silence sharpened my sight. When this happens, I do not get overly excited. I merely allow love to be renewed, for that is the mission of haloes, the reason they are given to us. ... But when haloes fade, they do not abruptly vanish, abandoning us to the lesser light. They recede, as Gabriel departed from Mary, leaving us pregnant. John Shea.
- Some of the Church Fathers compared Jesus to a singer with a strong voice and a perfect pitch who joins a discordant choir and completely transforms it. It is not that Jesus gave us a different set of songs to sing, but helped us instead to perform our standard repertoire in an entirely new and more beautiful way. Richard McBrien
- The incarnation does not mean that God saves us from the pains of this life. It means that God-is-with-us. For the Christian, just as for everyone else, there will be cold, lonely seasons, seasons of sickness, seasons of frustration, and a season within which we will die. Christmas does not give us a ladder to climb out of the human condition. It gives us a drill that lets us burrow into heart of everything that is and, there, find it shimmering with divinity. Avery Dulles
- Looking for God these days requires the willingness to investigate the small. Aztec Poem.
- Link: The Rich Meaning of Christmas

## PRINCIPAL cont....

## St Vinnies Fundraising - COVID Style '

Before detailing what was achieved in fundraising this year I want to correct an error I made when I indicated that this was the first year Kildare Campus joined in this fundraising program. That is not correct and the campus has been joining with St Paul's Campus for several years.

Last week we were able to pass on to St Vinnies forty \$50 vouchers and eight food hampers. The total value of both of these donations was \$2,366.55. Thank you to staff and students for their generosity.

### End of Year Awards

On Tuesday, 1 December 2020 we held a Virtual Assembly to recognise student achievements this year. You will find in the Newsletter details of the award recipients.

### Year 12 Graduation

On Friday, 4 December 2020 we held our Year 12 Graduation for the class of 2020. There was a combination of students attending on site and those who celebrated remotely with family and friends. Thank you to all involved in the organising committee.

Congratulations to our Graduands of 2020 and thank you most sincerely for your contribution to our school. All of us here wish you every blessing, the best of success and remember that you are welcome here and we will be delighted to hear from you and that you are you are succeeding in your life.

We hope you achieve everything you deserve, thank you for everything and go well!

### Year 12 Results

Year 12 results will be released on 30 December 2020. This is at a very different time of year, but Carmen Weaver our Careers Councillor, Brett Van Berkel, Sue Rankin our VASS/RTO officer and I will be present on the day. Students are welcome to come in to see Ms Weaver if they require. There will also be morning tea for those who wish to come in at 10.30am to 11.30am.

### Student News



Congratulations to Tiannah Goodwin (12) who was nominated by her Off Campus TAFE – Community College Gippsland (CCG) and has been awarded the: "2020 West Gippsland Trade Training Alliance Young People's Excellence Award" for her studies in Community Services in 2020. This is a great achievement for Tiannah.

Well done to Joshua Wong, Class of 2019, who recently won the Best Senior Secondary Fiction Film category at the 2020 ATOM Awards. This category had entrants from across Australia and New Zealand, so this is an outstanding achievement. Also thank you to Katie Lee for support of Josh.

### Remar Gold Graduation

Last Tuesday, 8th December there was a graduation for our Remar Gold students: Grayson Barnes, Emily Gatti, Hollie Gooding, Tiannah Godwin, Emily Liang, Alexa Stewart, Jye Tactor, Ayva Van Der Velden, Jacob Wilson and Niamh Williams This graduation celebrates the completion of the three-year Remar Marist Leadership programme. Lead by Jasmine Santamaria they have committed to Remar and each other for three years, attending meetings, camps, retreats and immersions. Thank you to all and I hope this experience was both affirming and development of your faith and leadership skills.

## PRINCIPAL cont....

### Staff News

- Charlie Desira joined the staff in 1986. He has been a dedicated and caring teacher primarily in Art faculty and he taught at every campus. Charlie is the epitome of the Marist Characteristics of Education of both "love of work" and "presence". Charlie has been a support to students and peers throughout his time and will be missed. Please enjoy your retirement.
- Pam Goodall commenced at the College in 2002. She has been an integral part of improving the College and educational outcomes for our students. Pam key contributions were in the areas of learning, literacy and the use of information communication technologies through her leadership of the Information Service Centres. Pam created safe spaces for young people where they feel welcome, can learn and are 'named and known'. Enjoy your retirement.
- Colleen Archer joined our College in June 2010 and has worked with the Finance Team in Accounts Receivable. Colleen's work was vital to the operations of the school and has been a great support to families. Her passion and compassion is appreciated. Enjoy your retirement.
- Sarah Wilhelme, our Receptionist at the Kildare Campus, will be taking on a position as an Educational Support Officer at St Gabriel's Catholic Primary School, Traralgon.
- Brett Scholtes who was our Year 8 Wellbeing Leader will be taking on a teaching position at Corryong College, with a
  focus on developing their Outdoor Education program. We also congratulate Brett and his partner Ebony on the birth of
  their daughter Savannah Elizabeth Scholtes.

We also farewell Jayne Scott, Tegan Svetina and Jules De Cinque who have completed their short-term contracts. Thank you for your help this year.

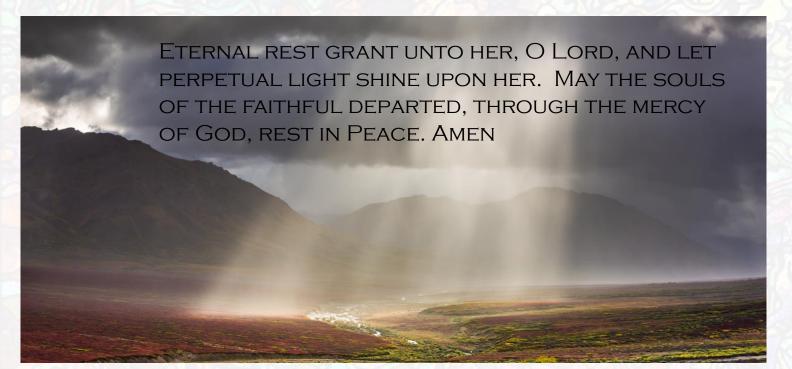
**Congratulations** to Georgie Barker who will marry her fiancée Ash on the 23rd of January 2021. They were to marry earlier this year, but had to postpone due to COVID-19.

**Congratulations** to Stella Felten and Daniel Scholes who were this year's winners of the Lavalla Award for Inspiration & Excellence. This award is a peer award that recognises a member of staff who, in her or his daily work inspires others, is passionate about their own professional learning and improvement and is explicit in their pursuit of excellence. A leader that exhibits a fresh and energetic approach that positively influences people to do their best work.

### Condolences

Finally, can I please ask that you keep the following person who has passed away as well as their family and friends in your prayers:

Isabella Logiodice grandmother of Angela, Kayla & Bianca Francolino.



## FAITH FORMATION



**CHRIS ROGA**Faith Formator



MONDAY, DECEMBER 14, 2020

"Prayer knows how to calm restlessness. But we are restless, we always want things before asking for them, and we want them right away. This restlessness harms us. And prayer knows how to calm restlessness, knows how to transform it into availability. When we are restless, I pray and prayer opens my heart and makes me open to God's will... If in prayer we understand that each day given by God is a call, our hearts will then widen and we will accept everything. We will learn how to say: "What You want, Lord. Promise me only that You will be present every step of my way." This is what's important: to ask the Lord to be present in every step of our way: that He not leave us alone, that He not abandon us in temptation, that He not abandon us in the bad moments."

Pope Francis

GENERAL AUDIENCE NOVEMBER 18, 2020

## 2021 Key Dates

**Event Date** 

**Book List** Friday 11th January, 12 pm – 4 pm- *Kildare Hall* 

Pick up dates Wednesday 13th January, 3 pm – 6 pm- Presentation Campus

Friday 15th January 8 am – 2 pm - Kildare Hall

Wednesday 20th January, 12 pm – 8 pm - Kildare Hall

• Year 7, 10 and 12 First Day Friday 29th January

• Year 8, 9and 11 First Day Monday 1st February

St Pauls Swimming Sports Thursday 25th February

Kildare Swimming Sports Friday 26th February

Labour Day Public Holiday Monday 8th March

Commissioning Mass
 Thursday 11th March

## ST VINCENT de PAUL FUNDRAISING

The year 2020 has shown the community of Lavalla Catholic College that the spirit of giving is as strong as ever. Every year for nearly 20 years, the College has been involved in fundraising to support the local St Vinnies charities.

St Vinnies are well known for supporting local families at Christmas by giving out hampers, toys and other gifts. During term 4 each year, students are encouraged to bring in goods and money that is used to create hampers that St Vinnies can then distribute to those in need of assistance.

This year has been a little different to other years. Rather than bringing in food for hampers, students were asked to bring in cash donations in order to purchase Kmart gift vouchers to be distributed to 12-15 year olds. Through the generosity of the families within our school community, we were able to raise \$2366.55. This enabled us to provide the 40 vouchers that St Vinnies needed for young people in the community this year. There was even enough money left over to create eight food hampers for distribution.

Mrs Lyn Burns from the Traralgon Conference gratefully accepted the school's donations from Elly Fleming and Micah Harris. Mrs Burns indicated that 86 families will be assisted by St Vinnies this year. Due to COVID-19, the money raised in the local charity shops has been significantly lower than in previous years, meaning that the money available to assist families this Christmas has been greatly diminished. The goods that we have donated means that the charity may be able to match what they have been able to do in previous years after all, making Christmas that little bit brighter for families.

Thank you to all families for the generosity they have shown this year and every that we have been running this fundraiser. We are looking forward to seeing what we can do to give back in 2021.



# PAST STUDENT ACHIEVEMENTS



KATIE LEE
Productions Manager
& Cultural Coordinator

Joshua Wong, one of our graduating students from 2019, this week won the ATOM (Australian Teachers of Media) Award for Best Senior Secondary Fiction Film.

The ATOM Awards are an International film competition, celebrating the best of Australian and New Zealand screen content from the education sector and screen industry professionals. They are the second-longest-running film and media awards in Australia, having been held annually for over thirty-five years. The 2020 ATOM Awards feature thirty categories covering everything from feature-length films and television programs to animation, short fiction, educational resources, and new media including web series, websites and apps.

Josh's film 'Three in the Night' was one of four finalists in his category, and assessed by six different judges from across the country. He began planning and devising his film at the end of 2018, and spent months developing his folio and overall film concept. The editing skills he developed over the entire process were truly extraordinary, and his use of a green screen to create a car crash effect was one of things that impressed the judges the most.

### Previous winners of ATOM Awards include:

- Adam Elliot, for Uncle in 2000. Elliot has gone on to become one of Australia's best animators, winning the 2004 Academy Award for Best Short Animation.
- Rachel Griffiths, for her directorial debut short film Tulip, 1999. Griffiths has gone on to win a trove of awards, including a Golden Globe, Screen Actors Guild Awards and AFI Awards.

So this award is a great start for Josh on his way to Hollywood success. The Media Faculty are extremely proud of all the hard work he has put in, and everything he has achieved with this film (which also won Top Screens earlier in the year).

Amazing achievement Josh!

If you'd like to watch Josh's film, you can see it **HERE** (viewer discretion advised - horror aspects)

### **Best Senior Secondary Fiction**

### FINALISTS:



Endless



Surface Tension



Hold Me Close



Three in the Night







## SHANE LEBBE Dir. Music & Liturgical Music

Due to the restrictions seen by 2020, many of our Music Department's usual events were unable to take place. Despite this we still have much to celebrate in our students who have continued to represent our community well throughout the year.

We would like to congratulate the following students and thank them for their contribution and leadership within our music department:

- Annalese Russell who received the Musicianship Award in recognition of Brother Peter Howe and the contribution that he
  made to the musical life of Lavalla over 19 years. Annie has demonstrated regular attendance, involvement, passion, reliability
  and commitment to our musical community. These reflect similar qualities of musicianship, leadership, generosity and
  musical teamwork demonstrated by Brother Peter.
- Claudia Lear as the recipient of the Subject Excellence Awards for VCE Music Performance Unit 1 & 2 for her outstanding work in this subject area throughout the year.
- Nathanael Duffy as the recipient of the Subject Excellence Awards for VCE Music Performance Unit 3 & 4 and VCE Music Styles and Composition Unit 3 & 4 for his outstanding work in these subject areas throughout the year.
- James Chilver who was awarded the Kildare Musicianship Award. James has shown regular attendance, involvement, passion, reliability and commitment to our musical community and generously been a leader within our program for the past six years.
- The final award is the Alexandra Terranova Memorial Award. Alexandra Terranova was a student at Lavalla Catholic College from 2001-2006. An accomplished musician, Alexandra is fondly remembered as one of the most creatively gifted students in the College's history. Her idiosyncratic talent as a flautist and vocalist led to the creation of a small specialised jazz combo to showcase her talents. Alexandra was a generous leader in our department, regularly performing as a soloist with our Liturgical choir and as a member of our Senior Wind Ensemble and Senior Jazz Ensemble. Alexandra changed the countenance of the music department, leaving an indelible legacy of excellence. Our College's history is cluttered with more than our share of outstanding musicians; none have or will stand any taller than Alexandra Terranova. Alexandra was once described by one of her peers as 'a far off light in the distance that we are all trying to reach'. This is still an apt descriptor for the benchmark she has left for our current students. Alexandra's brilliant young life was tragically cut short on Friday the 4th of March, 2011. This award in her memory recognises the excellence of an individual in the Senior Jazz Ensemble. Recognising the unique creative brilliance that Alexandra possessed as well as her personal qualities, this award is presented to a student who demonstrates:
  - Creative giftedness (as defined by Paul Torrance "an unaccountable capacity for excellence").
     Alexandra's abilities defied a certain logic, her thinking processes and execution of complex musical ideas marked her as unique.
  - High level of commitment to the music department (membership of multiple ensembles and classes). Alexandra's membership of our choirs, concert bands and multiple jazz ensembles saw her attend five co-curricular rehearsals a week. She exhibited a work ethic not just to her music but in all aspects of her life that is a fine example to all students.
  - High level of contributions to the music community. This criterion speaks to the intrapersonal qualities of Alexandra. Her contributions as a mentor and inspiration to younger students and her peers, her positive energy that galvanized the music community.
  - Outstanding and rigorous work ethic, a passion for music but not at the exclusion of other
    college activities and studies. Alexandra left a mark all over our College, she was a passionate
    member of Discover and her creativity and intelligence are fondly remembered by many
    teachers.
  - An inclusive sense of humour and a compassionate heart.
  - Congratulations to Noah Georgeson as the recipient of the Alexandra Terranova Memorial Award, thank you for your dedication, generosity, passion and contribution to our department throughout your time at the College.

We are looking forward to a busier year of music making in 2021 and wish all of our families a safe and happy Christmas break.

## END OF YEAR AWARDS

### Lavalla Highest Academic Achievement Award

Nathanel Duffy Yr 12 Liam Jarvis Yr 12

### Year Level DUX

Year 9

Miles Verschuur

Year 10

Caitlin Mayer

Year 11

**Brittney Paulet** 

### Campus Achievement Award

St Paul's Campus

Alexis Willis Yr 9

Kildare Campus

Natasha Richards Yr 12

#### All Round Achievement Award

Mason Bishoff Yr 7 Elly Fleming Yr 8 Alyssa Ford Yr 9

Jackson Ludlow Yr 10 Annalise Gafa Yr 11

Natasha Richards Yr 12

### Citizenship Award

St Paul's Campus

Isabelle Ambrose Yr 7

Kildare Campus

Tiannah Goodwin Yr 12

## Humanitarian Award In Memory of John Tripodi

Noah Mallia Yr 9

### **Community Building Award**

Shallimar Halliwell Yr 7 Malachi Sanders Yr 8 Georgia Said Yr 9

### Cultural Award - Performing Arts Isobel Ford Yr 7

St Paul's Campus

Isobel Georgeson

Kildare Campus

Jye Tactor

### Cultural Award - Visual Arts

St Paul's Campus

Emma Darling

Kildare Campus

Leah Wilbraham

Isabel Ford Yr 7

### Student Peer Award

Paul Antonopolous Yr 8 Montanna Styles Yr 9 Remi Baillie Yr 10

Grace Buhagiar Yr 11 Emily Liang Yr 12 Nano Nagle Award

Liam Farley Yr 9 Annalese Russell Yr 9

### In the Way of Mary Award

Harry Linehan Yr 7
Christiana Olayemi Yr 7
Paul Antonopoulos Yr 8
Elly Fleming Yr 8
Billy Turner Yr 9
Faith Farmer Yr 9
Lucy Chilver Yr 10
James Day Yr 11
Latoya Martines-Disilva Yr 11
Nathanael Duffy Yr 12
Sarah Little Yr 12

### SUBJECT AWARDS

### **Italian Award**

Christiana Olayemi Yr 7 Sally Lloyd-Webb Yr 8 Miles Verschuur Yr 9 Lani Zimora Yr 10

### **English Award**

Isabel Ford Yr 7 Violet Estandarte Yr 8 Miles Verschuur Yr 9 Lani Zimora Yr 10

### In Memory of Maree Dargie

Nathanael Duffy Yr 12 Alana Walker Yr 12

### Maths Award

Isabel Ford Yr 7 Henry Turnbull Yr 8 Miles Verschuur Yr 9 Lucy Chilver Yr 10

### **Religious Education Award**

Isobel Ford Yr 7
Paul Antonopolous Yr 8
Miles Verschuur Yr 9
Grace Briggs Yr 10
Lani Zimora Yr 10
Angela Francolino Yr 11
Nicole Formaran Yr 11
Chelsea Lawn Yr 11
Mobarrat Monir Yr 12
Claudia Said Yr 12
Natasha Richards Yr 12

### **CEO Religious Education Award**

Emma Darling Yr 9 Natasha Richards Yr 12

### Solidarity Award

Ava Merton Yr 12

### **Three Violets Award**

Simplicity: Breeah Turnbull Yr 12 Modesty: Sasha Milstein Yr 12 Humility: Brodie Kennedy Yr 12

### Musicianship Award

Annalese Russell Yr 9 James Chilver Yr 12

### Alexandra Terranova Award

Noah Georgeson Yr 12

### Indigenous Award

Harry McDonald Yr 12 Isabel Storm Yr 12

#### VCAL Henni Van Berkel Award

Chelsea Mayze

### **AMSA Daniel Lee Sports Award**

Cricket

Thomas Morton

Basketball

Luis D'Angelo

Milly Murphy
Netball

Matilda Van Berkel

## Encouragement Award In Memory of Jim Coffey

James Townsend

## Encouragement Award In Memory of Natalia Nadsadina

Coenrad Marx

### Kwong Lee Dow Scholarship Award

Shannon Ryan

### Australian Defence Force Award

Lucy Chilver Sasha Milstein

### Moe Rotary Award Pride of Workmanship

Isabella Herben

## Traralgon Rotary Dr Henry Considine Award

Jye Tactor

Traralgon Rotary

Monsignor O'Mara Award

Chelsey Mayze

**Apex Traralgon** 

David Vaughan Memorial

Award

Tiannah Goodwin

### Monash Scholars Award

Caitlin Mayer

### Units 1&2 Subject

### **Excellence**

#### **Brittney Paulet**

- General Mathematics
- Drama
- Health and Human
   Development
- Literature
- Psychology

### Annalise Gafa

- English Language
- Physical Education

#### **Conor Saunders**

- · Chemistry
- Specialist Mathematics

### Jacob Wall

- Italian
- Physics

### Madeline Russell

- Foundation Mathematics
- Media

### Lachie Bennett

- VCAL Literacy
- VCAL Work Related Skills

### Anna Derham

 VCE VET Certificate III Allied Health 1st year

### Ashton Hall

- VCAL Personal Development
- VCAL Work Related Skills

### Belinda Delaney

 Outdoor and Environmental Studies

### Caitlin Mayer

Mathematical Methods

### Campbell Blewett

Geography

### Claudia Lear

Music Performance

### Coenrad Marx

Philosophy

### Ella Fothergill

 Visual Communication and Design

### **Emily McClure**

VCAL Numeracy

## Emma Van Den BrandEnglish/EAL

### **Grace Briggs**

Legal Studies

### Hayley Tharle

• Environmental Science

### Izaak Estandarte

Systems Engineering

### James Day

Business Management

## END OF YEAR AWARDS

### Kate Lavery

Food Studies

#### Liam Byrne

VCE VET Screen and Media

### Lucy Chilver

Biology

### Shannon Ryan

Biology

Matilda Lund

History

### Units 3&4 Subject **Excellence**

### Darion Duncan (Yr 11)

**VET Sport & Recreation** (Outdoor Rec)

### Nicole Formaran (Yr 11)

Studio Arts

### Emma Van Den Brand (Yr 11)

**Texts & Traditions** 

#### Liam Jarvis

- Chemistry
- Mathematical Methods
- Specialist Mathematics
- Physics

### Nathanael Duffy

- Music Performance
- Philosophy
- Italian
- English

### Riley Watts

- **Business Management**
- **Further Mathematics**

### Jack Beechey-Danvers

- Geography
- Physical Education

### Chelsea Mayze

- VCAL Personal Development
- **VCAL Literacy**

### Kiera Johnson

- Biology
- Legal Studies

### Jasmine Mackrell

- Psychology
- Visual Communication & Design

### Meg Dunn

- Design & Technology -
- VET Certificate III Allied Health

### Kayla Sibly

- Environmental Science
- Food Studies

### Tommy Campbell

Design & Technology -Materials

### Colby Kennedy

English Language

### Eliza Whitty

Health & Human Development

### Alana Walker

**History Revolutions** 

#### Mobarrat Monir

Literature

### Lachlan Mayer

Software Dvelopment

#### **Grace Perkins**

VCAL Work Related Skills

#### Kierra Cameron

VET (External) Award for Animal Science

### **MERIT**

### Year 7

Summah Aitken Emily Auteri

Landan Bartley

Ava Campbell

Max Crawford

Indiana de Dios

Elijah Harris

Hannah Johnson

Bobby Kanavan

Harry Linehan

Joshua Little

Madeline Norman

Alanna Rossl

Jade Storey

**Xavier Tilley** 

Lachlan Turner

Angus Vella

Liam Zomer

### Year 8

Jack Amaira

William Brent Tom Cooper

Sophie Field

Olivia Fourlze

Georgia Greaves

Gemma Herbert

**Ruby Knowles** 

Ally McClements

Cody Morgan

Holly Morris

Brandon Piening

Lulani Sultana

Amelia Vivian

Chev-Lee Warne

**Bethany Wright** 

### Year 9

Ruby Adams Amali Adams Noah Addison

Kaidin Atkins

Madison Beveridge

Cooper Brown

Gabrielle Cullen Joshua Dalton

Scarlett Dean

Sienna Georgiou

Rhyley Guiney

Keely Jones

Jaclyn Little

Maddison Loque Makhai Maaka

John Marcou

Jordyn McDermott

Lachlan McKee

Dylan McLure

Cooper Monson

Josh Rickard

**Emily Ryan** 

Samantha Sbaglia

Connor Scandrett

Ashlea Stokes

Sarah Toms

Billy Turner Sierra Welch

### Year 10

Remi Baillie

Michaela Beveridge

Blake Couling

Eamon Ellesmere

William Griffiths

Amy Hutchinson

Marli James

Isabella Kalan

Charlotte Kanavan

Simon Lea

**Ruby McClements** 

Sophie Melbourne

Ella Morley

Ryan O'Brien

Gabrielle O'Dell Kaaliyah Palaamo

Colby Palmer

Millicent Passalaqua

Melody Paulet

Makaila Powlesland Hamilton Abbey Rhimes

Georgia Rowley

Elijah Walsh

Tara Whelan

Billy Whitmore Benjamin Williams

### Year 11

Cooper Baldacchino Lara Bamford Lily Campbell

Chelsea Clarke

Jacob Collison

Sarah Cropley

Douglas Fisher

Coby Foley

Benjamin Gafa

Ashton Hall

Emma Hill

Mitchell Lovison

Mark Lucas

**Destiny Mackrell** 

Flynn McLuckie

**Emily McLure** 

Beau Morgan

Jack Murray

Keisha Roy

Kade Ruyters

Campbell Sutton Tahlia Tappe

Eva Tatchell

Emma Walker

Heidi Winter

James Wirken Year 12

Katlyn Anders

Ella Bailey Sienna D'Alessandro

Luis D'Angelo

Lauren Grimes

Joshua Kennedy

Lexi King

Audrey Lambert

**Emily Liana** 

Victoria Ludlow

Harry McDonald Jared Quail

Claudia Said

Alexa Stewart

## Harriet Williams

### DILIGENCE

Year 7

Olivia Baillie Abby Bennett

Brodyn Blandford

Finn Blizzard

Maddison Boyd Harvey Brown

Kayla Carman

Hayley Causon Lexi Charles

Dulcie Cogan

Elizabeth Cooper

Meg Derham

Julian Dore Pia Farrar

Tahlia Field

Katie Furmston

## END OF YEAR AWARDS

Olivia Gilham Lucie Griffiths Shallimar Halliwell Charlie Hamilton Ebony Heafield Abigale Hirchfield Roshan Josraj Charlie Justice Jedd Ladgrove Jessica MacGregor Alison McGregor Alice Mooney Ellie Porter Elizabeth Ralph Maddison Reed Asha Roy Mia Simpson Riley Sutton Lila Switzer Makailah Tharle Ryder Thompson Constance Townsend Madison Vivian Cameron Walker Zoscia Wendt Chelsea Whitmore Sarah Williams Charlie Wirken Caitlin Wood Emma Zalesiak Ashley Zandona

### Year 8

Sienna Affleck Rohini Arun Kumar Lachlan Barnes Krystal Beaton Makayla Brand Phoebe Briggs Nicholas Cassar Imogen Caulfield **Summer Charles** Elaina Domagala Troy Frost Lucas Furlan Grace Harding Summer Harding Oakley Howe Abbey Kerton Claudia Lee Alexa Peake Savannah Theissling **Elodie Thorley** Mia Tosin Jeordie Turner Alana Weston Mitchell Wooton

Casey Wright

#### Year 9

Gemma Bezzina Quin Boorer Adele Calagaz Cohen Campbell Liam Farley Danielle Fenech Sophie Fothergill Isobel Georgeson Hollie Gibson Darcie Gridley Ava Guarascio Suravi Hemanth Ethan Jarvis Macie Jones Nellie Kennedy Riley Lang Chelsea McNamara Zulfa Ogunsina Ella Pavey Angus Pollerd Annalese Russell Charlotte Ryan Stella Saliba Danae Sawers Dylan Storey Indiana Thomas Eliza Watts Ciara Weston Adam Wilbraham Jasmine Young

### Year 10

Harrison Ambrose Layla Blair Grace Brown Ella Buckley Samuel Clark Nicholas Distefano Ayva Duddington Kayla Francolino Antony Giglio Scarlett Green Jackson Ludlow Ashleigh Mihaly Chiara Pistrin Shannon Ryan Thomas Said Teagan Schoolderman Emma Spagnolo Chloe Twite Edie Van Der Velden Jamie Welbourne Despina Wolswinkel

### Year 11

Logan Archibald Lana Barnes Lachie Bennett Isabella Bettridae Ella Blackford Campbell Blewett Tyron Bramwell Ella Brent Alana Cameron Amelia Cassar James Day Darion Duncan Nicole Formaran Madelaine Galea Stefan Giglio Clay Last Kate Lavery Carly Lavin Chelsea Lawn Claudia Lear Latoya Martines-Dasilva Madison Matters Isobel McLennan Tarra-Grace Nixon Lara Norman Kelsey Petersen Loren Quail Connor Saunders

## Emma White Year 12

**Tahlee Sawers** 

Lakoda Scopel

**Emmerson Taylor** 

Caitlyn Sorby

Hayley Tharle

Tahlia Webb

Liam Alesi Chloe Bailey Xavier Bell Kasey Brown Nieve Campbell Tommy Campbell Hannah Cheetham Lingdejun Chen James Chilver Kieran Georgeson Noah Georgeson Hollie Gooding Tiannah Goodwin Archie Grant Alexia Hall Julia Harriman Daniel Hegarty Lauryn King-Church Madalin Ligthart

Sarah Little Jasmine Mackrell Zoe Marshall Lachlan Mayer Chelsey Mayze Maliat Monir Milly Murphy Georgia Page Grace Perkins Jacob Pianta Jordan Ross Jye Saliba Matthew Scholtes Kayla Sibly Jaysen Sharman Jye Tactor Matilda Van Berkel Eliza Whitty Niamh Williams

### **EXCELLENCE**

### Year 7

Isabelle Ambrose Mason Bishoff Stephanie Booker Elayna Collison Ava Flewin Isaac Friend Isabel Ford Brooklyn Fue Niah Gils Oscar Kalan Phoebe McDougall Christiana Olayemi Vipasha Parekh Aidan Parsons Ava Ross Steve Shaiju Keeley Smith Memphis Walton

### Year 8

Paul Antonopoulos
Venice Cardillo
Anastasia Day
Violet Estandarte
Elly Fleming
Leila Gaunt
Ryan Johnson
Jorja Landels
Sally Lloyd-Webb
Robert Nicholls
Amelie Owler
Jorja Owler
Taylah Pavey
Henry Turnbull
Hannah Van Iwaarden

Grace Van Tilburg

#### Year 9

Emma Darling Kiara Drzewinski-Pereira Eliza Dunbar Chelsea Elliott Faith Farmer Alyssa Ford Mia Guarascio Isabella Herben Tyler Little Myiah Misiurka **Emily Neocleous** Ayomide Olayemi Georgia Said Montanna Styles Joshua Verhagen Miles Verschuur Katy Yang

### Year 10

Kylah Anderson
Grace Briggs
Lucy Chilver
Georgia Daly
Anna Derham
Izaak Estandarte
Neha Gils
Hailee Henry
Athena Kavadias
Caitlin Mayer
Abbey Pianta
Lani Zimora

### Year 11

Liam Byrne
Ella Fothergill
Angela Francolino
Annalise Gafa
Brittney Paulet
Kade Petersen
Madeline Russell
Jacob Wall

### Year 12

Jack Beechey-Danvers
Nathanael Duffy
Meg Dunn
Liam Jarvis
Kiera Johnson
Colby Kennedy
Mobarrat Monir
Natasha Richards
Stephanie Szabo
Alana Walker
Riley Watts



To apply for travel on one of the Traralgon Country Bus routes, please do so via the School Bus Management System: Go to <a href="https://schoolbus.educationapps.vic.gov.au/">https://schoolbus.educationapps.vic.gov.au/</a>

### **Applications to Travel on the Country Bus Network**

**Renew Application** If a traveller is currently approved to travel on a school bus and their circumstances have not changed (e.g. home address and school), select 'Renew Application'. Selecting this option will renew the travellers existing travel conditions. If there is a new sibling wanting to start using the bus service, simply select "Add a Traveller" and the children will all be included on one family account. Once the traveller is added create a New Application for the new traveller.

**New Application** A 'New Application' must be created for travellers that have never travelled on a school bus, or have changed school name, school campus or home address. Selecting this option will create a new travel application.

**New Bus Travellers** Families accessing the School Bus Management System for the first time will need to register a new School Bus Management System account.

- ❖ Go to <u>School Bus Management System</u>
- Click Register
- ❖ Complete all the information required, this section is for the parent/guardian.
- ❖ Add traveller/s using the '+Add Traveller/Child' button
- Once your children have been added as travellers, follow the "New Application" process.

Overnight, SBMS will send you an email asking you to "Manage your Offer". You will need to log back in to SBMS and accept your offer to activate your child's seat on the bus.

## parenting \*ideas

INSIGHTS

## **Building deep emotional connections with kids**



Imagine your child comes to you upset that a sibling or friend has cheated in a game. There are a number of ways to respond, including telling them not to worry ("Let it go!"), advising them how to handle it ("Next time you keep the score.") or empathising emotionally ("You must feel disappointed.")

Each is a legitimate response for a parent and teacher to make, but only the latter builds a deep emotional connection. Importantly, the empathetic response builds a child's or young person's emotional intelligence as it taps into their ability to recognise current feelings.

### How emotional connection works

Kids crave to be understood by others, especially by the people they love or respect. When you accurately feed back how a child or young person is feeling you demonstrate that you really care. Strong relationships are formed on the bedrock of care, kindness and compassion.

### How to give emotional feedback that connects

Giving accurate emotional feedback to an upset child or teenager takes practice. It requires that you pay attention, move into the present moment, listen to a child and identify the feeling behind their words. High or loud emotions such as anger, annoyance and panic are often easier to identify than low or muted emotions such as worry, discouragement or loneliness.

An effective way to connect on emotional level is to listen to what a child has to say, and then think back to a time you were in a similar situation. Imagine if a child says they feel horrible because their friends laughed at them when they made mistake in class. Rather than respond immediately, think back to a time when you made a mistake in front of others and identify how you felt. Embarrassed, ashamed, or annoyed? "I bet that you felt embarrassed and annoyed when your friends laughed at you." Your child may tell you that you're off the mark, but they'll more than likely appreciate the empathy you show.

### Feed back the positive emotions too

You don't have to wait until something challenging happens to connect with a child on an emotional level. Accurately mirror positive feelings such as relief (after a stressful situation has passed), enthusiasm (as they begin something they love doing) and chilled (as they put their feet up at the end of the day). We all experience many emotions throughout the day. The ability to accurately recognise and feed back the emotions of children and young people is a wonderful way to build connections of quality and depth.

# parenting \*ideas



### **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It.* Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.