



LAVALLA
CATHOLIC COLLEGE



Darcy Gutteridge

Former Lavalla Catholic College student
Drafted by Collingwood AFLW
Current St Kilda AFLW player

**SPORTS ENRICHMENT PROGRAM
APPLICATION FORM 2021**

STUDENT INFORMATION

First Name: _____

Surname: _____

Date of Birth: _____

Age (now): _____

Year Level in 2021: _____

LA: _____

STUDENT ATHLETE PROFILE

Sport(s): _____

Current Level:
(National, State, Academy, Squad) _____

CURRENT CLUBS / TEAMS

Local / Domestic Level:
"A" Grade, U14's, etc. _____

Representative Level:
Squad, Interleague _____

State/National Level:
State swimming time, State team selection _____

Playing Position: _____

Coach(s): _____

INDIVIDUAL ACHIEVEMENTS

Indicate what accolades you have received in the past year/season. Include event, date, team or individual awards or other levels of performance.

STUDENT ATHLETE PROFILE

NORMAL WEEKLY TRAINING / COMPETITION SCHEDULE

Sample:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM							TDJFL Football 9:00am - 11:00am Traralgon
Location							
PM	Squad b'ball Training 5:00pm - 6:30pm Traralgon	Football Training 4:30pm - 5:30pm Traralgon	Domestic B'ball training 5:00pm - 6:00pm Traralgon	Football Training 4:30pm - 5:30pm Traralgon	VJBL Basketball 5:00pm - 11:00pm Traralgon/ Melbourne		Basketball Training 3:30pm - 5:00pm Traralgon
Location			Domestic Basketball 5:00pm - 6:00pm Traralgon	BVC Academy 6:00pm - 7:00pm Traralgon			Squad b'ball Training 6:00pm - 7:30pm Traralgon

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM							
Location							
PM							
Location							

Total time spent training/playing per week:

Total time spent travelling per week:

STUDENT ATHLETE PROFILE

SPORTING GOALS

Indicate briefly what the athlete is aspiring to achieve as future sporting goals.

Short term: (Next 1-2 years)

Sample short term goal: To be identified and gain selection to Gippsland Power Academy

Medium term: (Next 3-4 years)

Sample medium term goal: Make the Gippsland Power squad

Long term: (Next 5-10 years)

Sample long term goal: Be drafted into the AFL

HOW COULD THE SPORTS ENRICHMENT PROGRAM ASSIST YOU WITH YOUR SPORTING ASPIRATIONS?