



## From the Principal

John M Freeman

## Lent

Next Wednesday we commence the season of Lent. A time of preparation for Easter. Over the next few Newsletters, I will provide some thoughts and ideas from theologians about Lent and Easter. Today I offer a litany written by William Arthur Ward which Fr Elio Capra sdb, shared recently with those who attended his lectures on Lent, sponsored by St Michael's Parish, Traralgon. Elio's entertaining and inspiring lectures were in many ways a reflection of the propositions in what we read below, that Lent should be a time of preparation not so much based on denial, but centred on wholeheartedly engaging in those things which make us better people and bring us closer to our God.

### Lenten Litany on Fasting and Feasting

Fast from judging others;  
Feast on the Christ indwelling them.

Fast from emphasis on differences;  
Feast on the unity of all life.

Fast from apparent darkness;  
Feast on the reality of light.

Fast from thoughts of illness;  
Feast on the healing power of God.

Fast from words that pollute;  
Feast on phrases that purify.

Fast from discontent;  
Feast on gratitude.

Fast from anger;  
Feast on patience.

Fast from pessimism;  
Feast on optimism.

Fast from worry;  
Feast on divine order.

Fast from complaining;  
Feast on appreciation.

Fast from negatives;  
Feast on affirmatives.

Fast from unrelenting pressures;  
Feast on unceasing prayer.

Fast from hostility;  
Feast on non-resistance.

Fast from bitterness;  
Feast on forgiveness.

Fast from self-concern;  
Feast on compassion for others.

Fast from personal anxiety;  
Feast on eternal Truth.

Fast from discouragement;  
Feast on hope.

Fast from facts that depress;  
Feast on truths that uplift.

Fast from lethargy;  
Feast on enthusiasm.

Fast from suspicion;  
Feast on truth.

Fast from thoughts that weaken;  
Feast on promises that inspire.

Fast from shadows of sorrow;  
Feast on the sunlight of serenity.

Fast from idle gossip;  
Feast on purposeful silence.

Fast from problems that overwhelm;  
Feast on prayer that undergirds.

- William Arthur Ward  
(American author, teacher and pastor, 1921-1994)

## Year 7 Camps

Today the second group of our Year 7 students returned from their camp at Tynong North, with the first group spending three days at the Mill Valley Ranch last week. I had the opportunity to visit both groups and I know that from talking to our new students and reports back from staff who attended the camp, that these were enjoyable experiences and a great way to form new friendships and strengthen current ones. Well done to Mrs Natalie Macpherson, along with all the team, for their great work.

## Commissioning Mass

Please note that our Commissioning Mass will be celebrated on Thursday, 27 February 2020, at 9.30am, and will be held in the Champagnat Centre on our St Paul's Campus. You are all very welcome to attend.

## Staff News

We congratulate Renee Eccles and her husband Trevor on the birth of their daughter Tessa Payton on 13 February 2020.

## Swimming Sports

Today we held the Swimming Sports for the Kildare Campus and I congratulate Champagnat House on winning the day with Nagle coming in second, MacKillop, third and Delany forth.

Next week will be the Swimming Sports for the St Paul's Campus and we look forward to what will be a great day of competition and camaraderie.

## Student News

Congratulation to Tyron Bramwell who was awarded the Graham Challis Trophy for the U18 GCL Cricketer of the Year. Tyron claimed 11 wickets at an average of 10.64 and was awarded votes in five out of the six games he played.



## Condolences

Finally, can I please ask that you keep the following people who have passed away as well as their family and friends in your prayers:

Maxine Turner mother of Billy Turner (Year 9)

Catherine Ann Watts, grandmother of Joel Thomson (Year 7) and Nathan Thomson (Year 9)

*Eternal rest grant unto them, O Lord, and let perpetual  
light shine upon them. May the souls of the faithful  
Departed, through the mercy of God, rest in peace.  
Amen.*



## SCHOOL CALENDAR

The school Calendar can be viewed [HERE](#) to keep up to date with activites happening at the College.

*one wild and  
precious life*

# NEW STAFF – Bios

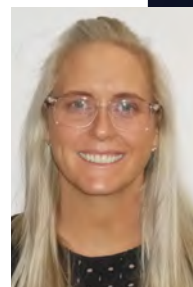


**CLAIRE FABRIS**  
**Assistant Principal**  
**Learning & Teaching**

We have been blessed with a number of new staff members who have joined our teaching team this year. Over the course of Term 1, I will include a short bio of each of our new staff members so that you can get to know them a little bit better. I know that you will join us in welcoming them to the Lavalla Catholic College Community.

## Carmen Weaver:

Carmen is another past student who joins us on staff. This year she has taken on the role of Careers and Tertiary Advisor and is based on the Kildare Campus. She brings with her a wealth of experience in education, having her Bachelor of Education (Primary) and a Masters of Education, as well as years in both the primary and tertiary sectors. Carmen is married to our very own, Mr Vashon Weaver, who is also on staff and they have 3 gorgeous children; Jada (6), Portia (6) and Archer (3). Carmen enjoys family time and an active lifestyle coaching Under 8's basketball.



## Jan Massaro-Chandler:



Jan has joined us after 32 years teaching for the Department of Education, originally at Newborough High School and then as the Languages Team Leader at Lowanna College. She has a Bachelor of Arts (Social Science), a Diploma in Teaching (Secondary) and a Graduate Diploma of Arts (Italian). In her spare time Jan likes to cook, walk, do yoga, read, travel, shop, spend time at the beach and enjoy quality time with family and friends.

## Tara Morgan:

Tara has worked in Catholic Education for nearly 18 years, in a variety of roles from teacher to finance to PA to the Principal. She joins us mainly teaching English and RE on the Kildare campus but does cross to St Paul's for a Yr 9 English class as well. Tara has a LONG list of qualifications that include a Bachelor of Arts, Graduate Diploma in Primary Education, Masters in Primary Education, Graduate Certificate in Ancient History and a Graduate Diploma in Art (Writing).

Tara lives in Drouin with her husband, Will, and their four amazing children, Blake (15), Eilish (7), Oisin (6) and Fintan (4). When she is not teaching, she loves spending time with them helping them with their homework and going for walks to the park and lake near their house. They like watching movies and cooking together too! Tara loves to sew and doing anything crafty in her downtime, or getting into a good book.



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# CATHOLIC IDENTITY & MISSION



**ROBYN REBBECHI**  
**Assistant Principal**  
Catholic Identity & Mission

Be still ...  
and know that I am God.....Ps 46:10

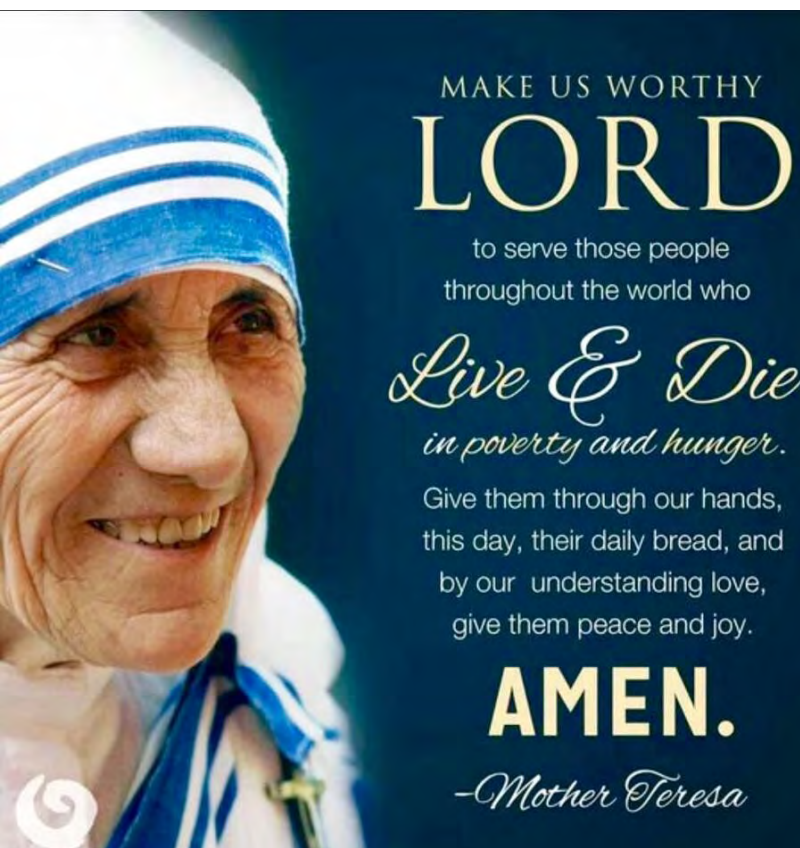
As we look towards the season of Lent, which begins next week with Ash Wednesday, it strikes me that one of the things we all need to learn to do in our busy lives is to embrace the quiet times. Life in a busy secondary school, and life in a home with teenagers, can be anything but quiet, so this might seem as if it is setting ourselves up for failure, yet we owe it to ourselves to try. We charge through our lives so busily, that we rarely take the time, or find the time, to remember that quiet time, quiet spaces and solitude, are rejuvenating.

The season of Lent calls for us to look at life, at how we are living, and how we can live life a little better; perhaps our 'Lenten observance' could begin with a decision to take some time for reflection and prayer each day.

In relation to this, this year the theme for Marist Schools Australia is 'One Wild and Precious Life', coming from a poem by Mary Oliver, 'The Summer Day' in which the poet asks: 'Tell me, what is it you plan to do with your one, wild and precious life?'

Anthony Clarke, the Director of Marist Mission and Life Formation expands for us what this question is really asking.

"At its heart, it is a question that invites us to look at who we are, the lives we are living, and our place in the world. Our response to this question can take us on a journey in search of understanding what brings greater freedom and wholeness in our lives, and who doesn't want that? It invites us at a deeper level to consider what it means to be truly human; the brevity, beauty and mystery of life. This has implications for how we live together, as we know that as human beings we are all interconnected. Scientists tell us that every molecule is connected in such a way, that any change, even in the slightest way to the smallest molecule, will impact the whole. This concept is really quite profound; who we are, and how we live, impacts the universe." (Marist Resources 2020)



Taking time, or making time to reflect, at Lent and at other times, will ultimately help us to be more considered, more considerate and more 'whole' people. At Lavalla Catholic College in our Religious Education program and through liturgy and prayer, our goal is to encourage our young people to consider these questions, and importantly, to take actions to ensure that their 'one wild and precious' lives are lived with a sense of the sacred, with compassion, and connection to others. We want our young people to see that their lives are part of God's ongoing story, and to find their sense of purpose, so that they can live with freedom and wholeness and have an impact on the world, in their own unique and precious way.

## Immersions Information Night,

Tuesday 3 March 5.30pm, Kildare Campus

Parents and students of Year 10, 11 and 12 are invited to an information evening to hear about the two College Immersions: to Ltyentye Apurta- Available to 2020 year 11 and 12 students (May 9- 16) and to Suva, Fiji- Available to 2020 year 10 and 11 students (dates yet to be confirmed- T3 or T4)

Further details will be provided in an email to parents.

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# FAITH FORMATION



**CHRIS ROGA**  
Faith Formator

## Something to Do

*"I have come that they may have life and have it abundantly."* (Jn 10:10b)

How can I flourish? Enjoy life to the full? We operate in three spheres:

All of us engage in life in three different dimensions, which I shall call the Body, Mind and Heart. To flourish all three dimensions should harmonize. Most of us, unfortunately primarily focus on one or two dimensions, often the body and mind because they are easiest to deal with. Yet, the heart is regularly the maker of decisions for the body and the mind. How do you learn to pay attention to all three dimensions?

Here is an exercise. Do not be deceived by its simplicity. It is very difficult.

### Exercise 1: 'Silence is the great revelation' (Lao-tse)

Find a place where you will not be disturbed. Take up a comfortable posture... close your eyes lightly ...be silent for 3 minutes: silence of body; silence of mind; silence of heart. You may repeat a mantra like **'ma-ra-na-tha'** to help you focus on achieving silence.

Over the course of the fortnight, increase the period of silence to 6 and then 10 minutes.

Share in your journal, or with someone close to you, what you did, how you tried to be silent, the struggles and the successes, how you felt.

Email: [rogachr1@lavalla.vic.edu.au](mailto:rogachr1@lavalla.vic.edu.au) if you wish to share your experience, or if you wish to learn more.

## Awakening the Soul

In early March, ten adults in the college community will begin this project. They will meet with a spiritual guide monthly for eight months to see how they can live life fully.

We wish them all the very best and we look forward to their success in this project.

For this project, the college is collaborating with other organizations who are interested in what is happening here.



## Lent 2020

On 26 February we begin the Church season of Lent, with Ash Wednesday. The college will run a Lenten preparation program, starting on 4 March 2020, from 3.45 pm every Wednesday.

For more information contact Mr Mike Hansen [hansmik1@lavalla.vic.edu.au](mailto:hansmik1@lavalla.vic.edu.au) or Mr Chris Roga [rogachr1@lavalla.vic.edu.au](mailto:rogachr1@lavalla.vic.edu.au).

### Be Opened

A journey to new life



Reflections on the Sunday Gospels - Lent and Easter Sunday - Year A

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# LEARNING & TEACHING



**BRETT VAN BERKEL**  
**Deputy Principal**  
**Learning & Teaching**

## USING CLASS TIME PRODUCTIVELY

Students usually begin a new year of classes with the best intentions. Unfortunately, with the pressures and commitment required, many students will very quickly forget their initial intentions and slip back into old habits.

Class time is precious and they need to maximize class time to make sure they get the most out of every opportunity to learn. By following some simple guidelines, students will find that they are making the most of their class time and will feel confident about their ability to achieve good results in all subjects.

## BEING AN ACTIVE LISTENER

Students should go to every class prepared to learn as much as they can. Making sure that they are always ready to listen and take notes. These notes will form the foundation of revision for SACs, exams and assessment tasks.

Students should keep notes of everything that is covered in class. This means anything that is put up on the board and anything that students feel they need to be clarified during a class discussion.

There may be questions asked that students don't know the answer to. They can write them down and follow up with the teacher. With this mindset, students will find that class time provides a wealth of information. Students will be surprised at the extra information retained by simply paying attention and keeping a written record.

## WORK WITH THEIR TEACHER

Teachers are the student's primary source of information for each subject they are undertaking. Not only do they have knowledge of the subject area, they also understand the assessments students will be completing.

In order to work productively with teachers, students need to develop a good relationship with them. Ask questions and seek out help when they don't understand something. If students are doing well, ask the teacher what else they can work on in order to extend themselves.

Making a commitment to form a partnership with each subject teacher will be a positive start.

## AVOID DISTRACTIONS

As secondary students, they need to be mature enough to take control of their own behaviour in class. Not allowing themselves to be distracted by peers and not being a distraction to others. If students know they don't work well when sitting near friends, then they should not sit with them.

Having the willpower and determination to set themselves a good routine in each class is critical to success. If students find themselves regularly chatting in class, then this is probably a sign that they need to make some changes.

## PARTICIPATE

When in class, it's one thing to sit and listen, it's another thing entirely to actively participate in class discussions.

If students don't contribute to class discussions, they are actually robbing themselves of a valuable learning opportunity. They need not worry about getting answers wrong, chances are some of their peers won't know the answer either.

The more students participate, the more confidence and subject knowledge they will develop.

## LEARN FROM THEIR MISTAKES

It can be easy to feel defeated when expectations are not being met. In particular, in VCE, students will definitely be presented with more of a challenge than in previous years.

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# LEARNING & TEACHING

There will be times when students feel stressed, get a disappointing mark, or are confused about the requirements of a particular assessment task. If students do feel this way, they should not give up but try to learn from the situation. Review assessments with their teacher and seek feedback on where they can improve.

All students will experience disappointment with results throughout the year. It's how they deal with these disappointments that will give students the best learning opportunity.

## EFFECTIVE HOME STUDY

Whilst class time is very important, students will need to be just as organised at home. It's no longer enough to simply finish homework. To give themselves the best chance of getting great assessment scores, whether it be project-based assignments, exams or SAC scores, a committed student will use a range of home study practices to assist them with their learning. If students can commit to the simple five tips below they will find themselves in a very good place when the pressure is on.

- **Complete set homework:**

It sounds pretty obvious, but homework is set for a reason. It's the very least students need to do. Not completing homework makes students unprepared for the next class.

In VCE subjects, it is assumed that students will continue to build the knowledge base that develops in each unit throughout the year, so it is pretty easy to end up lost if students don't keep up-to-date with their work.

- **Practice before assessment:**

Regular practice is the key to strong performance in both SAC marks, exams and assessment tasks. Teachers will encourage students to write drafts and complete practice questions- make sure students do this!

Get regular feedback from teachers and take it on board. The more preparation students do beforehand, the more confident they will be when undertaking SACs, exams or assessment tasks.

- **Develop study notes:**

Students need to regularly review class material and organise them in a way that is easy for them to revise. Students may find that making mind maps or drawing diagrams helps just as much as reading written notes.

Creating their own notes on a regular basis is also a good way to check that they are clear on the concepts that students are learning in the classroom. Regularly cross checking notes against the VCAA Subject Study Design will ensure students don't miss any important information.

- **Revise regularly:**

Students need to not just make notes and ignore them – they need to review them on a regular basis. Also students need to be aware that it's not enough to simply re-read notes. Doing things like quizzing or creating a recording to listen to may also help students to remember all the content they need to know.

It's also important to make time to re-read English and Literature texts. Students will always learn something new about the book each time they read it. This deeper understanding of the text will give students an advantage when completing assessment tasks.

Having a regular study routine will save students from the dreaded last minute pre-exam cram, which is not good for stress levels.

- **Make students work space their own:**

Ensure that students home work space is free from distractions and if possible, can work uninterrupted. Phones should not be in the study space. Students should leave their phone elsewhere and use allocated home study time wisely.

These tips form the basis of good study habits and will assist students to create habits that give them every opportunity to be successful at any year level.

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# ART & DESIGN

On Tuesday the 11th of February, the Art and Design classes went on an excursion to the Melbourne Zoo. The brief: to observe and draw things in nature using a variety of media and materials. The students were able to focus on either flora or fauna and draw what they found interesting such as: different types of animals, the textures and patterns of trees and plants, architecture found on site, or people walking past. The students used a variety of media to express themselves. Some students decided to focus on watercolour techniques, while others found ink and fine liner more their match. The day was a success and the students had a wonderful and creative day. There were some very beautiful drawings that were crafted that day. Thank you to everybody that was involved.

**DOMINICA KOSAKIEWICZ** - Art & Design Teacher



## FROM the LIBRARY



The Marian Centre is off and running in 2020 and we've started the year by sharing our favourite books.

Library Lovers Day was on February 14th and the week leading up to it saw the staff wrapping their favourite books in brown paper and recording only the genre before returning to the shelves.

The students can borrow these mystery books and 'Uncover Something New'

The library's Instagram page 'lavalla\_library' is feeling the love too with the post attracting a large number of likes.



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# It's SHOWTIME!

## Lavalla Catholic College 2020

## Play Auditions are COMING!



**WHEN:** Monday 16th March & Tuesday 17th March  
3:45 - 5:15pm

**WHERE:** St Paul's Lourdes Centre (Lecture Theatre)

**COLLECT YOUR AUDITION PACK FROM:** Student Services Centre Kildare or-  
Front Reception St Paul's.

**Want to know more:** Email Ms Lee, Mrs Justin or Miss Bianconi

## INSIGHTS

# Tools for managing teenage anxiety



Anxiety is the most common mental health issue facing young people today. It impacts significantly on their happiness, wellbeing and learning. Untreated anxiety in young people is likely to continue to pose a problem in adulthood.

It's normal for a young person to feel anxious from time to time. Here are some tools to help them manage their anxiousness.

### Defusion

Young people often tell themselves stories about how they appear to others, how they will do in an assignment, test or learning activity and how they will meet with challenging events. Their stories can be helpful – “I know I can do this!” or unhelpful – “I’m hopeless at sticking with projects.”

To reduce the impact of unhelpful thinking on their emotional state, teach them to distance themselves from their unhelpful stories and self-talk through the skill of defusion, or thought-distancing. Here are some examples you can use:

- “I feel awful about this exam.” Ask “Is that helpful thinking?”
- “Everyone will find this test hard.” Ask, “Is that a thought or a fact?”
- “I’m hopeless at school.” Add “I had a thought that I’m hopeless at school.” – it places them one step away from the thought

### Mindfulness

When someone is anxious, they are often worried about a future event. Their restless mind needs to take a rest from future thinking, ruminating and worrying. Settling back into the present gives them a chance to relax and calm down. The practice of mindfulness, even if just for a few seconds, is a wonderful way to let go of their worries. Encourage your young person to practise mindfulness regularly and at different times of the day.

Here’s some mindfulness tools that can help them to bring their focus back to the present. Ask them to count out loud on their fingers:

- Five things they can see
- Four things they can hear
- Three things they can feel (such as their feet in their shoes)
- Two things are grateful for
- One person they love

### Deep breathing

When someone is stressed, their whole physiology is on edge. When they are anxious their breathing becomes shallow.

Deep breathing activates their relaxation response to relieve stress. As a result, the heart rate decreases, muscles relax, pupils constrict and the stomach starts to do its job that was put on hold when anxiety struck. Encourage your young person to breathe in this way:

- Say to them “Come on, let’s take three deep breathes together”
- Encourage them to breathe into their belly to get control over their body and steady their mind

## Exercise

Exercise releases chemicals called endorphins that increase your young person’s feelings of wellbeing. It also relieves the muscle tension that builds up over a day of working, worrying and ruminating. There are many ways to get more movement into your young person’s life including:

- Engaging in regular sports
- Walking to school and to other activities
- Taking regular movement breaks from homework
- Joining you in a morning walk

## When anxiety comes a problem

Anxiety becomes a problem when it impacts on your young person’s quality of life and prevents them from participating in everyday activities such as school, interests and social events. If this happens your young person may need professional support. Their school, your local general practitioner and the relevant department at your local council can assist.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia’s leading parenting educators. He’s an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



# **SUMMER MENU 2020**

## **St Paul's Campus**

**Chicken Tender (sweet chilli or plain) \$1.50**

Pizza toasty \$1.50

Egg & bacon Muffin \$2.50

Hot dog \$3.00

Sausage Roll \$3.00

Potato Cake \$1.00                      in a roll \$2.00

Hash brown 0.80c    or 3 for \$2.00              2 in a roll \$2.50

Potato Gems (bucket ) \$2.00

Steamed Dim Sim \$1.00

Fantastic noodle cup \$2.50

Nachos \$5.00 large /small \$3.50

Cheeseburger \$3.50

\*CHICKEN BURGER – Spicy/ Plain with lettuce, cheese tomato & mayo \$5.00

\*BAKED SPUD – with Bacon \$6.00

\*Chicken Tender with salad (in a tub ) \$4.00 (sweet chili or plain)

\*Chicken schnitzel focaccia (schnitzel, cheese & avocado) \$6.00 or ½ \$3.00

\*Soft chicken or Beef Tacos – lettuce, cheese, sour cream & salsa

\$3.00 each or 2 for \$5.00

Chicken Caesar Wrap- chicken, bacon, cos lettuce, shaved parmesan and Caesar dressing  
\$6.00

Mountain bread- Roast Beef, baby spinach leaves, tomato relish and feta cheese \$6.00

# **SALAD ROLLS & SANDWICHES**

SALAD – CHEESE, TOMATO, LETTUCE, CARROT, BEETROOT ,CUCUMBER & MAYO

SANDWICH/ROLL \$4.00 with meat \$5.00

MEAT OPTIONS –CHICKEN,SALAMI, HAM OR TUNA

extras     Avocado \$1.00/coleslaw\$1.00

Egg & Lettuce sandwich \$2.50

Ham &Cheese sandwich \$2.50

Chicken, lettuce & mayo sandwich\$3.00

Salami, cheese & tomato sandwich \$3.00

## **GLUTEN FREE OPTIONS**

**AVAILABLE**

POTATO GEMS \$2.00 bucket

HASH BROWNS \$0.80c

BAKED SPUD \$6.00

NACHOS \$4.50 or \$3.50 small

FRIED RICE \$3.00

SALAD TUBS \$3.50 with meat(chicken, ham, salami or tuna ) \$4.50

CHICKEN TENDER \$1.50 each

CHICKEN NUGGETS \$0.60c each

RED ROCK DELI CHIPS \$1.00

VEGIE CHIPS \$2.00

GF CUPCAKE \$1.00

GF COOKIE \$0.50c

NOODLE CUP beef or chicken \$2.50

GF BREAD IS AVAILABLE TO MAKE SANDWICHES/TOASTED SEE SANDWICH LIST FOR OPTIONS ADD  
0.50c

**Gluten free lunch menu items are available to order only.**

Chips, cookies etc. are for purchase at any time.

## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### MORE INFORMATION

For more information about the CSEF visit [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2020 or you did not apply in 2019.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.





## CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

### Parent/legal guardian details

Surname \_\_\_\_\_

First name \_\_\_\_\_

Address \_\_\_\_\_

Town/suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_

Contact number \_\_\_\_\_

Centrelink pensioner concession **OR** Health care card number (CRN)

-  -  -  **OR**

☐ Foster parent\* **OR** ☐ Veterans affairs pensioner (Gold Card)\*\*

\*Foster Parents must provide a copy of the temporary care order letter from the Department of Health and Human Services (DHHS).

\*\*Applicants must provide a copy of the Veteran Affairs Gold card

### Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Human Services (DHS) to provide the results of that enquiry to DET.

I understand that:

- DHS will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DHS and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- if I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the Victorian Department of Health and Human Services and /or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

## CSEF ELIGIBILITY

Below is the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

### Criteria 1 – Eligibility

To be eligible\* for the fund, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

- on the first day of Term one, or;
  - on the first day of Term two.
- a) Be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, be a holder of Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, OR
- b) Be a temporary foster parent, and;
- c) Submit an application to the school by the due date.

\* A special consideration eligibility category also exists. For more information, see:

[www.education.vic.gov.au/about/programs/Pages/csef.aspx](http://www.education.vic.gov.au/about/programs/Pages/csef.aspx)

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

### Criteria 2 - Be of school age and attend school in Victoria

School is compulsory for all Victorian children aged between six and 17 years of age inclusive.

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. Typically, these students are aged between five and 18 years inclusive.

CSEF is not payable to students attending pre-school, kindergarten, home schooled, or TAFE.

### Eligibility Date

For concession card holders CSEF eligibility will be subject to the parent/legal guardian's concession card being successfully validated with Centrelink on the first day of either term one (28 January 2020) or term two (14 April 2020).

## PAYMENT AMOUNTS

### CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

- Primary school student rate: \$125 per year.
- Secondary school student rate: \$225 per year.

The CSEF is paid directly to your child's school and will be allocated by the school towards camps, sports and/or excursion costs for your child.

**For ungraded students**, the rate payable is determined by the student's date of birth. For more information, see:

[www.education.vic.gov.au/about/programs/Pages/csef.aspx](http://www.education.vic.gov.au/about/programs/Pages/csef.aspx)

**Year 7 government school students** who are CSEF recipients are also eligible for a uniform voucher. Secondary schools are required to make applications on behalf of parents so please register your interest at the school.

## HOW TO COMPLETE THE APPLICATION FORM

### NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN

1. Complete the PARENT/LEGAL GUARDIAN DETAILS section.

Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.

If you are claiming as a Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold card to the school.

2. Complete the STUDENT/S DETAILS section for students at this school.
3. Sign and date the form and return it to the school office as soon as possible. The CSEF program for 2020 closes on 26 June, 2020.

CSEF payments cannot be claimed retrospectively for prior years.

**Queries relating to CSEF eligibility and payments should be directed to the school.**