



From the Principal

John M Freeman

Staff News

As you aware over the last few months we have been engaged in a rigorous selection process under the leadership of Marist Schools Australia Regional Director, Ms Julie Ryan as well as guidance from members of Marist Schools Australia Regional Council and College Advisory Council to appoint a Deputy Principal Learning & Teaching and an Assistant Principal Staff Wellbeing and Development from 2020.

Accordingly, on behalf of Dr Frank Malloy, National Director of Marist Schools Australia, I am delighted to announce the appointments of:

- Brett Van Berkel as Deputy Principal Learning & Teaching; and
- Claire Fabris as Assistant Principal Staff Wellbeing and Development.

In making this announcement I wish to thank the following people on behalf Dr Malloy and myself for their time and careful work as members of the selection panels:

Deputy Principal Learning & Teaching

- Julie Ryan (Chair) MSA Regional Director
- John Freeman, Principal of Lavalla Catholic College Traralgon
- Dom Ryan, Manager, Catholic Education and Religious Identity, CEO Sale/DOSCEL
- Margaret McKenna, Formation Coordinator MAE and member of Regional Council
- Mark Murphy, Principal of Marcellin College Bulleen
- Mary Krusec, member of the College Advisory Council

Assistant Principal Staff Wellbeing and Development

- Mr John Freeman (Chair), Principal, Lavalla Catholic College, Traralgon
- Ms Julie Ryan, MSA Regional Director
- Ms Kate Fogarty, Principal, Assumption College, Kilmore
- Mr Oronzo Farina, Secondary Learning Consultant, CEO Sale/DOSCEL
- Mrs Jo Richards, member of the College Advisory Council

I trust that you will congratulate Brett and Claire on their appointments to these senior leadership roles and I am sure they will enjoy your support now and into the future. Attached to this newsletter you will find letters from Dr Malloy regards Brett Van Berkel's appointment and from myself regards Clair Fabris.

Also Ms Jo-Maree Sharman and Ms Kim Widrich will commence Long Service leave next week until the end of term. We welcome Mrs Rosemary Drenen and Ms Nicki Haskew who will be replacing these ladies during their absences.

On Monday 19th during the pupil free day, a large number of staff member undertook First aid training and updating of CPR. These are vital skills both on and off campus and we appreciate staff members' commitment to contributing to the health and safety of our community.

Musical

Tonight is the Opening Night of our College musical, Hairspray Jr. I understand that all shows are close to being sold out, including the matinee which has only a few rows still to be filled. Thank you in advance to the Directing/Production team of Mrs Monica Justin, Ms Adriana Bianconi, Ms Katie Lee and Ms Natalie Justin (class of 2017). I most sincerely thank the team for their generous and expert guidance of our students in this venture.

MND Ice Bucket Challenge

On the 30th August staff and students will participate an ASL Ice Bucket challenge to raise funds for MND. If you would like to donate to this fantastic cause please either click on the link below:

<https://www.mycause.com.au/page/205424/lavalla-vcals-fight-against-mnd>

Student News

Congratulations to the Junior and Senior girls Basketball Teams who have both won through to the Elite 8 stage of the Champions Cup competition.

This is a wonderful achievement as they are playing against the best basketballers in the State from all the basketball academy and sports academy schools.

The Elite 8 stage of the Champions Cup Competition is on Tuesday August 27th for the junior girls and Thursday August 29th for the senior girls. Please wish the team as well as their coach, Karen Joyce and team manager, Dwayne Tibballs, the best of success.

Junior Girls

Tues 27th August
Mia Guarascio (8)
Amali Adams (8)
Sophie Little (8)
Montanna Styles (8)
Taylah Murtagh (8)
Ainslee McDougall (8)
Emily Scholtes (7)
Grace VanTilberg (7)
Ava Melbourne (7)
Holly Morris (7)

Senior Girls

Thus 29th August
Maddison Bond (12)
Larni Jackson (12)
Laurn King Church (11)
Maddison Knowles (12)
Ainslee McDougall (8)
Milly Murphy (11)
Taylah Murtagh (8)
Emirson O'Neil (11)
Allyssa Tangi (9)
Emma White (10)
Montanna Styles (8) (emg)

Last Tuesday, 13 August, Elliot Johnston Yr 7, Sid Cogan Yr 7 and Suravi Hemanth Yr 8 competed in the Vicspell zone finals. Elliot participated very well, spelling some tricky words. Sid and Suravi applied themselves extremely well coming 2nd in year 7 and 8 respectively and have places in the State Final to be held here on the 4th September. Well done to all three on their fine efforts and thank you to Roma Valentine for her work in supporting and preparing them for competition.

Congratulations to Clancy Quirk (8) who has been selected to represent Victoria in the annual Australian Fire Cadet Championships which will be held in NSW in October.

Condolences

Finally, can I please ask that you remember in your prayers the family of: Brian Becket, former Exam supervisor and husband of Kath Beckett (former Exam Chief Supervisor and Canteen Manager) who passed away recently. Kath and Brian's children and grandchildren have attended Lavalla Catholic College.

*Eternal rest grant unto them, O Lord, and let perpetual
light shine upon them. May the souls of the faithful
departed, through the mercy of God, rest in peace.*

Amen.



23 August 2019

Dear Parents, Students and Staff

**APPOINTMENT OF DEPUTY PRINCIPAL
LAVALLA CATHOLIC COLLEGE, TRARALGON**

Following the announcement of the retirement of Ms Lee McKenzie at the end of 2019, which concludes 35 years of exemplary service to Catholic education, of which 32 have been at Lourdes College, Catholic Regional College Traralgon and Lavalla Catholic College, the position of Deputy Principal was advertised. Following a thorough selection process ably led by the Marist Schools Australia Regional Director Ms Julie Ryan and Principal Mr John Freeman, I am pleased to announce the appointment of **Mr Brett Van Berkel** to the position.

Brett is well known and highly regarded in the Lavalla Catholic College community. Brett holds a Bachelor of Education and a Bachelor of Sport and Recreation from Monash University, and a Masters of Education/Applied Learning from La Trobe University. A committed life-long learner, Brett is currently completing further studies in Instructional Leadership at Melbourne University and in Leadership Growth with Growth Coaching International.

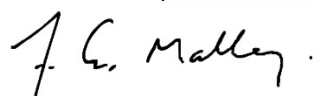
Brett has been highly successful in a variety of senior leadership positions at Lavalla Catholic College since joining the staff in 2006. He has ably led VCAL and was a significant contributor to the development of the College's Trade Training Centre. Since 2016 Brett has been the Director of Learning and Teaching Pathways for the senior years of schooling, encompassing all aspects of the curriculum.

In making this announcement, I thank the members of the selection panel:

Ms Julie Ryan (MSA Regional Director and Chair)
Mr John Freeman, Principal, Lavalla Catholic College, Traralgon
Mr Dom Ryan, Manager Catholic Education and Religious Identity, Diocese of Sale
Ms Margaret McKenna, member of the Marist Schools Australia Regional Council
Mr Mark Murphy, Principal, Marcellin College Bulleen
Ms Mary Krusec, member of the College Advisory Council

I am sure the community of Lavalla Catholic College will join in congratulating Brett, and ask God to give him strength and wisdom in this important leadership position.

Yours sincerely



Dr Frank Malloy
National Director



Dear Staff, Students & Parents/Guardians,

After long association with the College as student, teacher, parent and a senior leader in Lavalla Catholic College, Lee McKenzie will effectively retire from service to our community at the end of this year. Consequently, we have reviewed our senior leadership positions and determined the need to appoint new leadership roles. Over the past few months, an exhaustive selection process has been undertaken, in collaboration with the Marist Schools Australia Regional Director, Ms Julie Ryan, members of the Marist Schools Australia Regional Council and College Advisory Council.

Accordingly, I am delighted to announce the appointment of Claire Fabris as Assistant Principal – Staff Wellbeing and Development from 2020.

Claire Fabris holds both a Bachelor Applied Science (Applied Chemistry/Chemistry) and Bachelor of Business (Accounting/Marketing) from Monash University as well as a Graduate Diploma in Education from the University of Melbourne.

Claire has been a member of staff since 2011 and has held leadership roles throughout this time including Director of Learning and Teaching Years 7 to 10 and Director of Learning Innovation. Prior to her time with us Claire served at Maffra Secondary College in a variety of roles including Middle Years Leader and Acting Assistant Principal (Middle Years & Organisation). Before studying to be a teacher Claire worked as an Industrial Chemist for Ciba Speciality Chemicals and a Vic/Tas/SA Pharmaceutical Services Coordinator for Faulding (Mayne) Pty Ltd

In making this announcement I wish to thank the following people for their time and careful work as members of the selection panel:

- Ms Julie Ryan, Marist Schools Australia Regional Director
- Ms Kate Fogarty, Principal, Assumption College, Kilmore
- Mr Oronzo Farina, Secondary Learning Consultant, CEO Sale
- Mrs Jo Richards, member of the College Advisory Council
- Mr John Freeman, Principal, Lavalla Catholic College, Traralgon

I trust the wonderful community of Lavalla Catholic College will join in congratulating Claire who is an exceptional Catholic educator on her appointment to this senior leadership position.

Yours sincerely


John M Freeman
Principal

THREE VIOLETS AWARD

The Three Violets Affirmation Award was introduced to the Kildare student body at our recent Campus Assembly. This award was initiated by the Kildare Campus Heads of House to recognise and affirm positive, gentle and respectful behaviours, which sometimes can go unnoticed.

In time, this award will become a vehicle to deepen the Lavalla community's understanding of what our Marist and Catholic identity is really all about.

So "Why the 3 violets"? The Three violets are a special symbol of the Marist community. They represent the little virtues of Modesty, Humility and Simplicity. St Marcellin Champagnat urged his followers to "do good quietly".

These small violets grow in and around Champagnat country in France. They often go unnoticed until they are pointed out, and then, they can no longer remain unseen.

So like these beautiful violets, this affirmation award recognises and acknowledges some wonderful young people who quietly go about their day doing good work. This award affirms that their good work has been noticed.

Kildare staff were asked to nominate a student that they believed showed these virtues.

The response was overwhelming. It is clear that Lavalla has many violets.

Heads of House discerned the nominations and were very proud to announce the inaugural recipients at last week's Assembly.

The inaugural winners of the Three Violets awards are:

Modesty:



Emma Van Den Brand (Yr 10) Maddison Bond (Yr 12)

- The Marist expression "doing good quietly" says it well.
- These students exercise control and are calm in everything they do.
- They are not vain, egotistical or boastful. While they allow their talents to shine, they do not "blow

their own trumpet".

- They accept success with dignity and do not necessarily seek the limelight or acknowledgment.

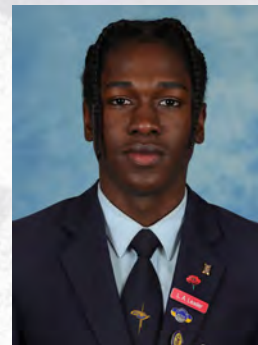
Humility:



**Akisha Wills (Yr10) Victoria Ludlow (Yr 11)
Shelby Wilson (Yr 12)**

- These students are humble and remain grounded at all times.
- They hold a reasonable opinion of themselves, but are never arrogant.
- They are unassuming and work in the aid of others, they generally think of others before themselves.
- They do not look down at anybody and they treat others as they would like to be treated.

Simplicity:



Santo Simon (Yr 12)

- This student is genuine and authentic in his relationships.
- He is truthful to those around him and is without deceit.
- He can be trusted and relied upon no matter the circumstance.

He is true to himself – living a life with integrity.

Congratulations to all our recipients.

FAITH MATTERS



Chris Roga
Dir. of Mission & Ministry

One of my joys in recent weeks is the rediscovery of stories I enjoyed previously, reconnecting with them and discovering new truths.

Nasreddin Hodja was a real person, born in Anatolia in 1208. "Nasr-ed-Din" means "victory of faith" and

"Hodja" means "master" or "teacher". His stories use humour, sharp wit and storytelling to challenge and discomfort us to find truth. Here is one story.

Mortal's Way

One day four boys approached Hodja and gave him a bag of walnuts.

"We can't divide these walnuts. Would you help us?"

Hodja said, "Do you want God's way of distribution or mortal's way?"

"God's way," they said.

Hodja opened the bag and gave one boy two handfuls of nuts, one handful to another, only two walnuts to the third and none to the fourth.

"What kind of distribution is this," the boys asked, completely confused.

"Well, this is God's way," he answered. "God gives some people a lot, some people a little, and nothing to others. If you had asked for a mortal's way I would have given the same amount to everybody."

Dear Reader, what truth do you see in this?

Celebrate

A reminder to all of us about this annual exciting evening organised by the Youth of St Michael's parish. The Keynote Speaker is Lincoln Ingravalle, College Captain and Year 12 student.

Date: Sunday 25 August from 4.00 pm – 7.00 pm.

Venue: Kildare Hall

Program:

- 4.00 – 5.00 pm Performance
- 5.00 – 6.00 pm Mass for Youth, by Youth
- 6.00 – 7.00 pm Party! Pizzas, Slushy, & More.

Music is a big part of the evening with the Youth band leading the singing. The hall will be set up by the Lavalla maintenance team on Friday. Professional sound technicians will set up on Saturday from 9.00 am. Performers will play during the Talent Sessions. T-shirts are on sale on the day.

Come along and be part of the joy.

St Kieran's, St Mary's and Sacred Heart Primary Schools attend Confirmation Retreat

The year 11 Ministry Class conducted a whole-day Confirmation Retreat for the Grade 6 students in the three Primary Schools mentioned at Presentation Campus on 22 August. Guided by their teacher Ms Santamaria, the Ministry students designed and conducted the day. The workshops, bookended by Liturgy, involved some activities followed by a deepening of understanding:



Fruits of the Spirit, Gifts of the Spirit, Meditation, Tree Planting.

For example the workshop on the Fruits of the Spirit, students picked lollies. The lollies were matched to the fruits of the Holy Spirit (St Paul's Letter to the Galatians ch. 5). The confirmands explored their meanings, recognising fruits in themselves and others, and how to apply them in life situations. They then filled in this journal entry in the student booklet.

Dear Reader, try the exercise for yourself? What fruits do you display through your words and actions? How can the fruits infuse your words and actions better?

Winter Sleepout

The Annual Winter Sleep Out is happening on 29th August. The Year 11 Ministry Class is deeply involved in organising this event. For more details contact Mr Rathbone. To register use the QR code, which can be found at the end of this newsletter.

Unfortunately, the number of homeless people in Australia is rising steadily. The idea of the Winter Sleep out is to demonstrate solidarity with the homeless.

The numbers in Traralgon are also rising and places like Victory Park, or couch surfing are becoming more common. In this day and age, and in our society, we must stand with the weak. Homelessness is a symptom of a deeper illness in people, an illness that we have a Gospel obligation to heal.

MARIST CRICKET



Alex Rathbone
Marist Coach

With winter drawing to a close and hints of spring beginning to appear, we draw closer and closer to the 2019 Marist Cricket Carnival. Following trials earlier this year, the team has been finalised and is beginning preparation for their trip

to Ashgrove, Queensland.

Training for the team continues on August 29th with practice becoming more frequent as the weather improves. The team's warm-up matches will be against Catholic College Sale and Marist Sion College

Warragul in the week leading up to the carnival.

The team has begun fundraising for the trip by selling Cadbury chocolates. East State Credit and Green Valley Grains have already generously sponsored the team, supporting us in making the experience available to all students.

Marist Cricket Squad:

Hunter Eenjes (YR11), Liam Little (YR11), Ben A. Fleming (YR10), Elijah Sharp (YR11), Harrison Cooper (YR9), Joshua Monacella (YR10), Tyron Bramwell (YR10), Ryan Bosch (YR9), Thomas Morton (YR9), Samuel Gissara (YR9), Harry van Rossum (YR9), Campbell Peavey (YR9) and Darrion Duncan (YR10).

NATIONAL SCIENCE WEEK

This year's theme was **DESTINATION MOON: More missions, more science**

Lavalla celebrated national science week with a range of opportunities for challenge, creativity and enrichment.

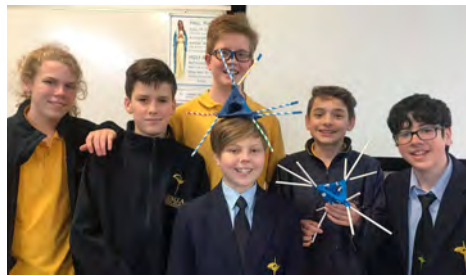


Dr Darlene Lim, a Geo-biologist based at the NASA research centre in California was in Australia to help celebrate National Science Week. Ten super keen students from year 9 -12 had the opportunity to meet Darlene and engage in a number of space related activities at the Gippsland Tech school. They were treated to a presentation about NASA's planned missions to Mars which gave a unique insight into the complexities of scientific research and space travel.



Back at school, the year 7 engineering challenge took place in the St Paul's ISC. Students were tasked with the job of building a lunar module which would ensure a safe landing for its human cargo (or in this case – an egg!). Students came to the St Paul's ISC at lunchtimes to design and build their

space craft from the materials provided. The lightest structure to safely deliver the egg was crowned the winner.



The winning team, Harry, Elias, Luke, Cody and Jesse from 7.7 took out the honours with their simple but strong, multi-rotational design that made use the humble triangle.



Coming second was a very creative design by Oscar and Jordan who made the most controlled landing with slightly more weight than the winning team.

Other events included LA challenges at St Pauls and Kildare campuses. Ms Jarvie organised a hotly competed Science week Trivia at Kildare which saw teams racing their entries to her each morning for the glory of claiming top spot. At St Pauls the LA challenges had a cross-curricular focus with a variety of opportunities each morning. E.g. Science vs Drama where human solar systems were made, Science vs History which challenged students to create accurate timelines and Science vs Art where students created pieces of artwork that represented the star cycle.

The 7.8 homeroom and a proud teacher, Ms Elgueta, were the overall St Paul's challenge winners for the week.

Thank you to all who took part in the celebration of the 2019 National Science Week!

MATHS NEWS

Five students from the Kildare campus (Lachlan Mayer, Maliat Monir, Liam Jarvis, Mobarrat Monir and Nicole Formaran) have created a video to enter into the AMSI senior competition **"Maths makes everything possible"**.

The video explores the rocket launch equation and demonstrated that our students can do rocket science!

The video may be found at

<https://www.youtube.com/watch?v=PYL9bU6qcxE>

Year 9 students also created a video to enter into the Intermediate competition. Their video explored the Maths required to host a successful party!

Caitlin Mayer and Shannon Ryan playing the role of musicians in the video.

The video was created by Caitlin Mayer, Shannon Ryan and Athena Kavadias. Alicia Connolly and Tom Tripodi also acted in the video.

It may be viewed at <https://youtu.be/tGnrmWzijZM>.



THE BRIDGE



Candice Ford
Wellbeing Leader Yr 9

In 2019, with the restructure of year 9 and development of The Bridge program, we have seen the introduction a new and revised community service program. A key component of our Religious Education program at year 9

involves connecting to the community as we explore Christian values.

Our first community service venture this semester was to get involved in National tree planting day

where students have travelled to 2 local farms planting almost 3000 trees.

Students worked hard planting and watering in trees, indigenous to the area. Maths, Geography and Sciences teachers used this opportunity to contextualise the learning that occurred in the classroom. Moving forward this will help to consolidate, extend and transfer student learning.

Thank you to the community organisations who supports our programs. Latrobe Catchment Landcare Network were a key contributor in this organisation.



WHY DID WE PLANT TREES?



Charlotte Kanavan

From a student's point of view, I felt that planting trees gave me an in-depth understanding of the effect that planting trees has upon our environment. I believe that I was able to learn from the hands-on experience and benefit in many areas of my schooling. I felt that I was able to physically make a difference and that my work will make a difference for years to come. I feel that making a productive difference gave not only myself and my peers an educational experience but gave us something to watch change and alter our community in a positive way.

From an environmental aspect we as a school community were able to decrease the risk of salinity, erosion, algae, pollution and many more factors that would diminish the quality of our waterways. We

were educated on the importance of trees and the roles that they play in not only being responsible for our oxygen supply but many other elements of our environment. By planting trees, we were able to attract native wildlife back into the area and were able to reintroduce the native and indigenous trees that would have once populated the area.

We were also educated on the economic impact of replenishing the waterway. We learnt about the cost associated with planting trees now compared to the cost associated with having to repair a greater amount of damage in the future. This put into perspective how important our waterways are and the cost of deforestation. The process of plantation and revegetation would have both an environmental impact as well as being able to economically benefit the community. I personally enjoyed learning about how with a little effort we can help our environment and community make significant progress if we all work together.



PROJECT ROCKIT



Kelly Murray
Operations & Wellbeing Leader

A small group of students in years 7-9 recently had the opportunity to attend an event hosted by Project Rockit. This organisation aims to teach young people about cyber safety, online bullying and being better digital citizens. Schools from around the Latrobe Valley sent

representatives to learn about how to be positive influences in online behaviour and how to challenge online bullying when they see it.

The students who attended from Lavalla Catholic College left feeling empowered to use their online power for good and to help their fellow Lavalla classmates to be better digital citizens.

The year 10 cohort were also treated to workshops from the Project Rockit team, again learning about using social media to share messages of kindness and empathy rather than using it to shame and abuse others.

The last workshop was presented to students who would like to be leaders in the future. Students were challenged to think about what type of leaders they want to be and to think about the decisions they make. They were also reminded that leadership is not about a badge but about standing up for what you believe in and wanting to make a difference. Students walked away with this final thought- "It's not who I am underneath but what I do that defines me."

Students in years 7-9 will attend workshops with the Project Rockit team in term 4.



CALENDAR

Monday 26 Aug

- Victorian Schools Music Festival

Tuesday 27 Aug

- Champions Basketball Cup Finals 7-8 Girls
- Netball Vic. School Championships

Wednesday 29 Aug

- St Vincent de Paul Winter Sleepout

Monday 2 Sep

- GIS ArtzFest Rehearsal
- SSV State Netball 9-12 Boys
- SSV State Soccer 9-12 Girls

Tuesday 3 Sep

- GIS ArtzFest Rehearsal & Exhibition Evening

Wednesday 4 Sep

- VicSpell Grand Final
- SSV State Soccer 9-12 Boys

Thursday 5 Sep

- VCAL Showcase

Friday 6 Sep

- SSV State Netball 7-8 Girls
- Walk-a-thon for LRH Cancer Centre

LCC 2019

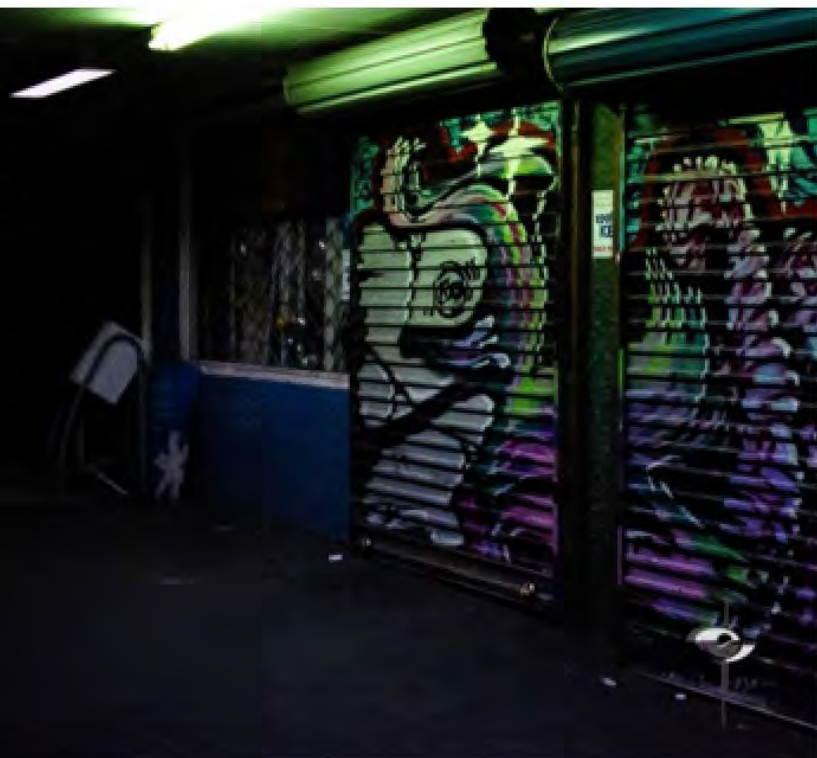
WINTER SLEEPOUT

KILDARE CAMPUS
AUGUST 29TH
6PM TILL MORNING

PLEASE CONTACT
MR RATHBONE FOR
FURTHER INFORMATION



PLEASE USE
THE QR CODE
TO REGISTER
FOR THE EVENT



Gratitude
is the most
exquisite form
of courtesy.
Jacques Maritain

KAIZEN IS THE BELIEF
THAT SMALL CHANGES
OVER TIME CAN CREATE
HUGE LIFE
CHANGES.

DO SMALL IMPROVEMENTS
DAILY & TWEAK YOUR
WAY TO A HAPPIER LIFE.

PARENTING IDEAS WEBINAR

Step Back so Kids Step Up

Children and teenagers are capable of so much more than they are often given credit for. Closing the expectation gap between what adults believe kids and young adults are capable of, and allowing them to create their own solutions to the challenges they face will greatly impact their resilience, and society as a whole. In this webinar, Dr. G will outline the practicalities of doing that, and the guiding principles that will make it possible.

When

Wednesday 18 September 2019 8:00pm AEST

Price

This webinar is \$37 per person to attend, and is

free of charge to families at schools that have a Parenting Ideas membership.

Your exclusive voucher

Below is your voucher for the webinar. We encourage you to share the voucher with the families in your school community. There's no limit to how many people at your school can use the voucher, just as long as they register by the 'valid to' date on the voucher. It's as easy as that!

About the experts

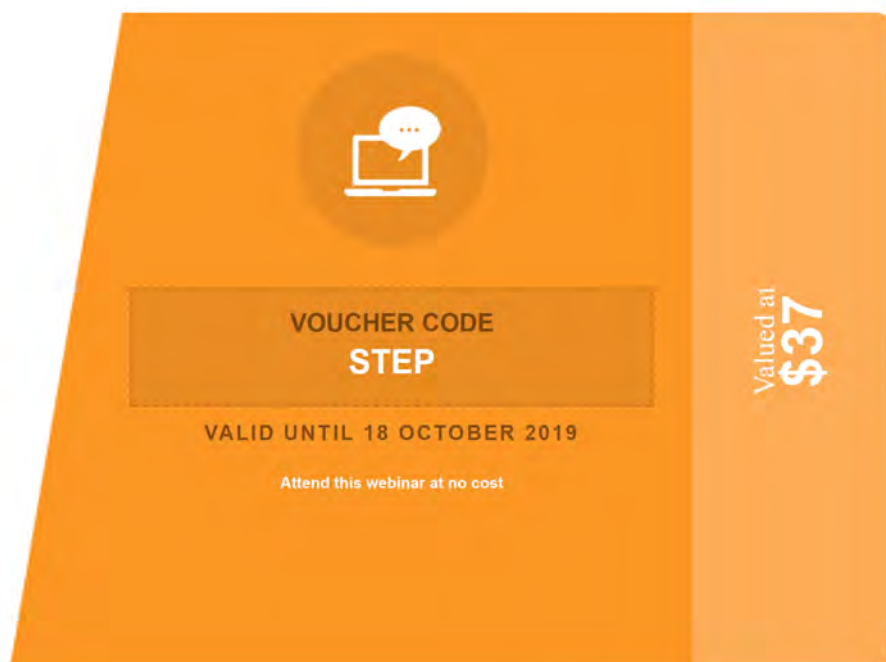
This webinar will be hosted by Dr Jodi Richardson with presenter Dr Deborah Gilboa.

Your Parenting Ideas Webinar Voucher

Webinar: Step back so kids step up

Guest Speaker: Dr. Deborah Gilboa

18 September 2019 - 08:00pm



parenting * ideas
schools

How to redeem the voucher:

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-step-back-so-kids-step-up>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code STEP and click 'Apply Coupon'. Your discount of \$37 will be applied to the order. This voucher is valid until 18 October 2019.
5. Click 'Proceed to checkout'
6. Fill in your account details. These are the details you will use to login to your account and access your parenting material
7. Click 'Place Order'

LAVALLA

CATHOLIC COLLEGE

Presents a Production of

Broadway Junior Collection®

hairspray



BOOK BY

Mark O'Donnell
Thomas Meehan

MUSIC BY

Marc Shaiman

LYRICS BY

Scott Wittman
Marc Shaiman



Adults	\$25.00
Concession	\$17.00
15 & Under	\$15.00
Family	\$60.00

Based on the New Line Cinema film written and directed by John Waters
By Arrangement with Hal Leonard Australia Pty Ltd. Exclusive Agent for Music Theatre International (NY)

23rd August 2019 7:30pm
24th August 2019 1:30 & 7:30pm



LATROBE PERFORMING ARTS CENTRE

| Bookings online: www.latrobe.vic.gov.au/LPwhatson

| Ph: 5176 3333

insights

Protecting your child's online privacy

by Colin Anson



From sharing pictures of a child's first day at school to key moments at high school, many adults don't consider the potential risks or breach of future privacy for kids. In fact, it is now become a ritual to announce the full name and date of birth of a child online within hours of them being born. This is just the beginning of a child's digital footprint.

Although children are now 'born digital', exposure in the online world can present just as many risks as the physical world can pose. Images and identifying details can be used for numerous activities that put your child at risk, from stalking, to cyberbullying, identity theft, and even digital kidnapping.

The Australian eSafety Commission warns that half of all images on paedophile image-sharing sites originate from social media sites and blogs. Parents are responsible for protecting kids until they are old enough to make their own decisions about their online presence.

So, what can parents do?

Start by 'thinking privacy' before posting images of children online. You'll be protecting their digital footprint and setting them up for a healthy relationship with the digital world.

Seek consent

Always ask others before sharing images of their children, even your family. Speak up about how you feel about images of your child being shared. When your child is old enough, ask them for consent, empowering them to understand they have a right to their privacy online. As they become teenagers, hopefully they will have more respect for what they post online and have confidence to speak to others about their consent guidelines.

Understand the settings

Check the settings of your social media channels to ensure your posts are not public. Speak to your friends and family about this and don't be afraid to ask for help to get it right. If your child has social media channels of their own, go through the settings with them to minimise the risk of unwanted shares.

Think about the detail

Avoid including children's identifiable details such as school badges, logos, uniforms, name tags or identifiable locations such as your home area or school. Alternatively, blur these details prior to posting.

Be selective

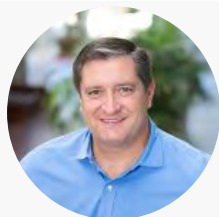
Create a simple checklist to help make decisions regarding posting online easy. What do you deem appropriate? Are you happy to share images of your children in swimwear? Do you want to avoid full-frontal face shots?

If your child is old enough, explain why you are selecting certain pictures and not sharing others. If you have a teenager who is sharing their own images, talk to them about what is appropriate and potential repercussions of not setting boundaries.

Remove metadata

Metadata on digital images records the time, date and GPS coordinates of where the photo was taken and can be accessed through shared images, and your sharing service may record your IP address. You can wipe this information with appropriate software or share screenshots of your photos to avoid metadata sharing. Screenshot sharing creates a lower resolution photo, so it's less likely to be tampered with by a third party.

Think 'privacy first' to reduce many of the risks involved with image sharing. Have conversations with your children to instil this mentality; help them build empathy; and identify the steps for minimising risk whilst helping them build a healthy relationship with technology so they can become responsible digital citizens.



Colin Anson

Colin Anson is a digital entrepreneur, and the CEO and co-founder of child image protection and photo storage solution, pixevety. Find out more about Colin at pixevety.com.

ROAD TO

Freedom

DOUG MACFARLANE

EVANGELIST SINGER SONGWRITER



PRESENTING A MESSAGE OF HOPE FOR OUR REGION



Doug's latest compilation album 'Renewed Hope' available now www.dougmacfarlane.org

DOUG MacFARLANE



Doug Macfarlane has committed his life to communicating the powerful message of salvation through Christ alone. He communicates an 'uncluttered' Gospel message overcoming all age and cultural barriers.

Doug's parents made commitments to Christ at the 1956 Glasgow, Scotland Billy Graham Crusade. They brought Doug and his 5 siblings up from early childhood to know Christ, attending a small Baptist Church in NSW, Australia. Throughout High School Doug honed his musical & song writing skills in numerous Christian bands formed with friends.

In 1989, Doug took the step of faith into 'full-time' Evangelistic Ministry. This coincided with the release of Doug's debut album "Innocence". Doug was introduced to Australian audiences touring with David Meece in his 1990 'Learning To Trust' Australian Tour followed the same year touring with Don Francisco on the New Zealand leg of his 'Vision Of The Valley' Tour.



Since that time ... Doug's reputation as a speaker has increased to make him one of Australia's foremost evangelists and communicators. He is in great demand for combined outreaches rallies, crusades and evangelistic Church services. In over 16 years of ministry, Doug has witnessed over 10,000 people walk forward to commit their lives to Christ!

Doug has also released four other popular albums, "Song Of Justice", "Heritage of Hope", "Lifetime Call" and recently released "Renewed Hope - A Celebration Of 25 Years" (a compilation album celebrating the 25 years of recording and ministry). He has shared the stage with recognised communicators such as Winkie Pratney, Loren Cunningham (founder of Youth With A Mission), John Smith (founder of God's Squad) and international evangelist Bill Newman.

Doug's message, is a message of redemption, forgiveness & restoration. He speaks personally & powerfully God's grace and hope found through Christ ... a message that resonates powerfully with this hurting generation

Doug lives in Wollongong, New South Wales with his wife, Amanda



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9AM & 11AM SUNDAY, SEPTEMBER 22ND

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