



From the Principal

John M Freeman

Principal



Junior School Captains

Over the last few weeks the College has been engaged in selecting who will be our Junior College Captains in 2019. This was a thorough process which involved students submitting written applications, interviews, making a speech to peers and staff and then voting by both peers and staff. Thank you in particular to Mrs Kelly Murray for leading this process and It is my great pleasure to announce the following students as Junior College Captains for 2019:



Remi Baillie



Thomas Gafa



Lani Zimora



James Townsend

I am sure that these four young people will lead the students well, represent the College with dignity and be the epitome of our motto- Strong Minds & Compassionate Hearts. I would also like to congratulate Giovanna Camilleri, Myles Pollard, Mische Richards and Chloe Twite. They were worthy candidates who would have equally represented us all well.

Remembrance Day

Last Sunday, 11 November 2018, marked the centenary of the Armistice declaration, marking the end of hostilities after four brutal and bloody years of fighting endured in Europe between 1914 and 1918 in what was to be the war to end all wars. Like Anzac Day, Armistice Day is a day for remembering. The impact of the Great War on Australia was profound. From a population of fewer than five million, 416,809 Australians enlisted, almost 62,000 died and 156,000 were wounded, gassed, or taken prisoner. The rapid developments in technology and mechanisation during the 19th and early 20th centuries were brought to the theatre of war on a scale never seen before. Tanks, machine guns, aircraft, gas, and submarines were all used with devastating effect causing an estimated 16 million deaths.

As a Catholic and Marist School community who focus so strongly on the hope and future of young people, we are confronted by the loss of so many lives hardly started due to the Great War. Part of the legacy of that war is the poetry that was written, many by young men who either died, were injured or witnessed their friends die either on the battlefield or later from the injuries they sustained. "In Flanders Fields" by John McRae and "For the Fallen" by Laurence Binyon are among the most well-known. Whilst Australians cite the middle stanza of Binyon's poem as The Ode, it is worth reflecting on all three stanzas. May our "remembering" of the devastating loss and harm caused by that war strengthen our resolve to promote and pray for peace in our world, and generously welcome to Australia those fleeing war torn regions of the world.

For the Fallen

They went with songs to the battle,
they were young. Straight of limb, true of eyes, steady and aglow.
They were staunch to the end against odds uncounted,
They fell with their faces to the foe.

They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning,
We will remember them.

They mingle not with their laughing comrades again;
They sit no more at familiar tables of home;
They have no lot in our labour of the day-time;
They sleep beyond England's foam.

Year 12 Examinations and Valedictory Celebrations

Our last Year 12 exam will conclude at 5.15pm on Wednesday, 21 November with LOTE- Italian. Then on Friday, 23 November, we will hold our Graduation Dinner for our Year 12 students. The Graduation Dinner will be the last time the Class of 2018 will gather as an entire group. This is the conclusion of 13 years of primary and secondary education. The young adults we will farewell on this evening we are sure will be the epitome of the “good Christians and good citizens” that St Marcellin Champagnat, the founder of the Marist Brothers, exhorted his teachers to help the students in their care to become. We wish them all well and pray they achieve every good goal they set for themselves. Thank you to all involved in organising this event, in particular Tamsin McCormack. Also my thanks to Jeananne Brown for her marvellous work and support of students throughout the examination period.

Staff News

Last week welcomed back Chris Rea from Long Service Leave and we thank Karen Mackay for her great work covering his absence.

Next Thursday we farewell Len Clark. Thank you for your work this year.

We also wish Shane Reid an enjoyable time on Long Service Leave which he will commence on Monday 26 November.

Student News

Well done to all the students who have performed in the solo performance soiree evenings this week – Vocal on Tuesday and Brass and Percussion on Wednesday. We wish students undertaking their Year 11 Solo Performance and the Woodwind performers success. These are relaxed and informal nights but also provide the students an opportunity to perform to an audience. This not only strengthens their capacity to perform publicly, but also builds character.

Thank you in advance to our Senior Choir students who will be singing as part of a special Ecumenical Advent Liturgy next Tuesday at 1.00pm at the Good Shepherd Lutheran Church on Kay Street in Traralgon. The Liturgy is being led by Pastor Tony Castles of the Good Shepherd Lutheran Parish and Fr Francis Otobo from St Michael's.

Sport News

Congratulations to the year 9/10 basketball team who played exceptionally well last round and has won through to the State finals on Tuesday November 20th. The team are: Emma White (9), Kaitlyn Thompson (9), Chelsea Lawn (9), Jade Melbourne (10), Emerson Devenie (10), Lauryn King-Church (10), Millie Murphy (10), Charlie Leslie (10), Jaida Delicato (10). Their coach is Karen Joyce.

Faith & Ministry Matters



Chris Roga

Plenary Council 2020

A Plenary Council is the highest formal gathering of all local churches in a country. Our Plenary Council 2020 is being held so that we can dialogue about the future of the Catholic Church in Australia.

The last time the Catholic Church in Australia held a Plenary Council was in 1937. It has been more than 80 years since we gathered all of the Church together and much has changed. In 2020, we will have a Plenary Council about the future of the Catholic Church in Australia. What are we called to do? Who are we called to be? How do we need to change?

Pope Francis has spoken of the need to engage in the world and respond in faith. He said:

“The defining aspect of this change of epoch is that things are no longer in their place. Our previous ways of explaining the world and relationships, good and bad, no longer appears to work. The way in which we locate ourselves in history has changed. Things we thought would never happen, or that we never thought we would see, we are experiencing now, and we dare not even imagine the future. That which appeared normal to us – family, the Church, society and the world – will probably no longer seem that way. We cannot simply wait for what we are experiencing to pass, under the illusion that things will return to being how they were before.”

The journey toward the Plenary Council will help us to prepare to listen to God by listening to one another. We invite all people to engage, to be a part of the listening and dialogue encounter in the next two years.

There are many reasons for having a Plenary Council for the Catholic Church in Australia: Pope Francis has invited the local church to dialogue; the contemporary society of Australia has changed significantly, and the Royal Commission into Institutional Response to Child Sexual Abuse has been a significant and influential event that requires deep consideration and response.

When the Australian Catholic Bishops announced the decision to hold a Plenary Council, Archbishop of Brisbane Mark Coleridge said that “the Church is not the presence in our society it once was. We need to take a measure of that and make decisions accordingly. The culture in which we have to proclaim the Gospel is very different to what it was even 20 or 30 years ago.”

It is being held in 2020 in order to give the Catholic community in Australia time to listen, dialogue and discern with one another and, guided by the Holy Spirit, about the future, the role and relevance of the Catholic Church in Australia. Accordingly, your voice is needed and you are invited to engage in an open and inclusive process of listening, dialogue and discernment about the future of the Catholic Church in Australia.

If you want to learn more please go to <http://plenarycouncil.catholic.org.au/frequently-asked-questions/> and if you wish to make a contribution you can do so through a variety of online connections.

Reform the Catholic Church? Yeah, right!

*What do you think God is asking of us in Australia at this time?
Do you have a story of your experience of faith or the church?*

Whatever your connection with the Catholic Church,
you can help shape the agenda of Plenary Council 2020



@PlenaryCouncil2020



PlenaryCouncil2020

Letter to what the Spirit is saying

www.plenarycouncil.catholic.org.au



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Towards the Plenary 2020

Our Journey in Faith and Hope

plenarycouncil.catholic.org.au

2018

"The Year of Listening"

- Launch at Pentecost
- Local Plenary Teams: Parish/School/Agency/Network
- Local Plenary Animators and Assistants
- Regional Training and Formation
- Local Listening: Parish/School/ Agency/Network
- Plenary Update at Clergy In-service
- Plenary Updates to Primary and Secondary Principals
- Regional Listening and Dialogue Sessions with the Bishop

2019

"The Year of Discerning"

- Plenary Day for Clergy with National Plenary Facilitator Lana Turvey-Collins (15 March)
- Plenary Day for Parish/School/ Agency/Network Teams (16 March)
- Diocesan Assembly (13-14 September)

2020

"The Year of Proposing"

- Preparation of draft documents and program for the Plenary 2020
- Plenary Council 2020 Session 1, Adelaide (11-17 October)

2021

"The Year of Action"

- Plenary Council Session 2
- Specific pastoral strategies: national and diocesan
- Implementation: national and diocesan.

Plenary Council 2020



All
Voices
Matter

Join in!

Listen openly

Listen humbly

Download the
Listening and
Dialogue guide

Get people
together

Pray, talk and
listen to
each other

Submit your
responses online

Submit your response today

www.plenarycouncil.catholic.org.au

Closing: 6th March 2019

For more information contact:



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OF SALE

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(03) 5622 6677



Plenary Council 2020
Listen to what the Spirit is saying...

Student Well-Being & Operations



Doug Doherty

Imagine how our Graduating Year 12 students must be feeling right now – VCE exams are complete, VCAL portfolios have been handed in and VET courses have come to an end. Do they feel ready to follow their dreams, do they feel ready to step into the real adult world? Are they ready?



This is the basis of what Student Well-Being is about and the reason why we as a College are adamant that we will ensure we provide our students with the best support and well-being programs, throughout their journey with us at Lavalla Catholic College.

PAM – Parent Access Module

Child safety is paramount for everyone as a College community and to assist you in helping us ensure the safety of your child, as well as eventually being able to track your child's progress; we will be releasing PAM on Wednesday 21st November.

What is PAM?

PAM is the parent/guardian on-line area for our new platform – SIMON.

On Wednesday 21st November, all parents and guardians will be sent an email with your user-name & password and instructions on how to use PAM. You will be prompted to change your password to a personal one that you can remember. Please respond asap, when you receive the email request.

What has it got to do with Student Well-Being and Operations?

Put simply:

Parents/Guardians will be able to view the College attendance records for your child.

You will be able to view your child's timetable – knowing where they should be at any time.

Complete and update medical information for your child on-line.

Give permission on-line for excursions, removing paperwork from the process. This will hopefully be much more efficient for parents/guardians and the College.

Child Protection Committee:

Currently Lavalla Catholic College has a wonderful Child Protection Committee that involves a mixture of staff and students. To ensure that we have a 'full coverage' of College Community views, we would really appreciate it if some parents/guardians could join our Committee. The expectations would be simply to meet once per term – 4 times a year. The purpose is to discuss and audit our current practices, as well as possible future initiatives.

If you are interested in this role as a parent/guardian for 2019, please email me on dohedou1@lavalla.vic.edu.au

To get an idea of our planning for a focus on mental health, I would encourage parents/guardians to have a look at this new website and programme that we as a College will begin to address next year:

<https://beyou.edu.au/>



Therefore, back to the words of Paulo Coelho; "we can live interesting lives, but we all have a responsibility to help each other and ourselves, to be strong enough and courageous enough to undertake the journey."

God Bless Mr Doug Doherty

Year 9 Retreat



Monica Justin

The Year 9's travelled to Presentation Campus on Thursday November 15th for their Retreat Day. The Retreat program offers an opportunity each year for students to spend time outside of the classroom to reflect on their relationships with others, how they view themselves, as well as deepening their faith experience. As well as playing games and enjoying the space at Presentation Campus, the students spent time reflecting and discussing issues about the pressure to conform to standards set by the media and society. They made masks to symbolise the many 'faces' we show to others that we may be hiding, and considered the importance of being proud of who we are.

To help run activities and lead small group discussions, the following Yr 10 and Yr 11 students also gave up their time and attended: Jye Tactor, Niamh Williams, Tiannah Goodwin, Lori Scholtes, Lincoln Ingravalle, Lily Bond, Tyler Morley, Colby Morley, Ben Grumley, Maddy Lyons, Luara Crilly and Chloe Dicorato. They showed the importance of being role models for the younger students and were able to display excellent leadership skills.

Overall the day was a great success!



Sports Enrichment



Karen Joyce

On Friday November 9th our year 7 – 10 Sports Enrichment students had a workshop day with sessions on biomechanics, strength and conditioning, coping strategies, goal setting and recovery.

The day started with an 8 am Fitness/Pilates session with Andrew Crozier. Students completed a session on Pilates involving rolling for recovery, core strengthening exercises.

This was followed by a talk with Sam Fenton who discussed the importance of biomechanics in sporting performance and how correct running technique is essential to improving speed.

We then had Sam Bramham a Paralympian swimmer give a motivational speech to the students about his achievements and life challenges. He also spoke about goal setting and the importance of the “WHY” in any goal setting as the why is the intrinsic motivator that keep you striving for your goals. He was a funny and charismatic speaker and the athletes thoroughly enjoyed his presentation.

“If you are not willing to take a risk then settle for what you’ve got”

After lunch we had one of our year 10 athletes Jade Melbourne present to the group about her goals, training regime and what she has done to move from squad to VJBL to State to National basketball player over the last 3 years.

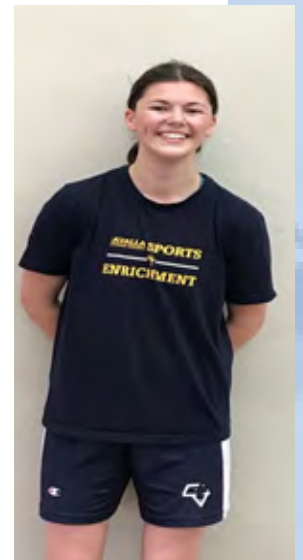
We presented our Enrichment Sport award. Which is a development award for a male and female athlete at St Paul’s Campus. The award recognises attendance, involvement, commitment and leadership to the

Enrichment Sport community. The criteria includes:

- Participating and achieving at a high level in their particular sport
- Regular attendance at morning training sessions
- Showing leadership on and off the playing field.
- Actively encouraging and supporting other athletes in the program
- Supporting and demonstrating a growth mindset.

The recipients were:

Tanatswa Betera – Year 8 and Jade Melbourne – Year 10



It was a wonderful day and the athletes left re-energized and motivated to achieve their goals.

Athletes are reminded that we still have our fitness training sessions running on Tuesday and Thursday mornings until Thursday the 29th of November.



Important Dates

NOVEMBER

Monday, 19

- Outdoor REC Surf Camp (Mon- Wed)
- SSV Basketball Yrs 7/8 Boys

Tuesday, 20

- SSV Basketball Yrs 7/8 Girls

Thursday, 22

- SSV Tennis
- Year 9 Exams

Friday, 23

- Year 10 & 11 Exams begin

Tuesday, 27

- SSV 7/8 Girls State Cricket Final

Wednesday, 28

- Atlas Project Presentations

Friday, 30

- 2019 Transition Yr 11-12 2019
- Last Day Yr 9 Students @ St Paul's Campus

DECEMBER

Monday, 3

- Junior Music Busking & Carols

Tuesday, 4

- Marist Cricket Carnival Adelaide

Thursday, 6

- College Awards Night

Friday, 7

- Transition Year & 9 2019

- **STUDENTS LAST DAY 7-12**

Tuesday, 1

- Year 7 2019- Orientation Day

Keep updated at the Lavalla Catholic College website:

<https://www.lavalla.vic.edu.au/news/college-calendar>

Parent Access Module (PAM)

As we continue to improve our usage of Lavalla's Learning Management System (SIMON) we are now ready to roll-out the Parent Access Module (PAM). This will enable parents to access real time information relating to their child at Lavalla Catholic College and will initially include:

Attendance records with the ability to notify of absences

- Timetable
- Daily notices
- Calendar for College events and assessment task dates

At a later date other options will be released including:

- Medical details update and confirmation
- Excursion permission forms
- Individual class learning areas
- Assessment task results and feedback
- Online reporting system

In preparation to send out login details to all parents we are currently in the process of confirming the validity of all email addresses.

Please note that to utilise the PAM, parents must individually have a unique email address which cannot be shared.

If you are contacted in the next two weeks to supply or confirm an email address, I encourage you to act immediately in order to utilise this new system before the end of the 2018 school year.

If you require any assistance please feel free to contact Doug Wright doug.wright@lavalla.vic.edu.au



Latrobe Theatre Company's
PRODUCTION OF



The Musical
Broadway Junior Collection®

Book by
THOMAS MEEHAN and BOB MARTIN

Music by Lyrics by
MATTHEW SKLAR CHAD BEGUELIN

Based on the New Line Cinema film written by David Berenbaum

Friday 30th November - 7:30pm
Saturday 1st December - 1:30pm & 7:30pm
Sunday 2nd December - 1:30 pm

Morwell Central Primary School - Performing Arts Centre

Book tickets online at www.trybooking.com/YYCU