



AWAKEN
MARISTS 200+

From the Principal



Mr John M Freeman

We have now finalised the Student Leadership Team at the Kildare Campus. I congratulate the following students:

Events Leaders

Sarah Rogers
Serena Answerth
Jessica Haylock
Rachael McCluskey

Community Cohesion Leaders

Chantel Formaran
Holly Williamson

Cross Age Tutor Leaders

Mubasshir Murshed
Joseph Darling

Environmental Leader

Ella Darling

Cultural Leaders

Yakub Ogunsina
Stephanie McGregor

Justice Leaders

Luke Merton
Lincoln Ingravalle

Liturgy Leaders

Anton Tarraran
Dakota Alston

Campus Mentor Leaders

Matipaishe Ruzive-Makura
Lily Bond

Champagnat House Captains

Olivia Clarke
Kristy Jennings

Delany House Captains

Emma Spiteri
Alice Peddle

Mackillop House Captains

Joanna Watson
Jarred Burns

Nagle House Captains

Lily Van Berkel
Harrison Law

Respecting One Another

**Respecting one another
God our Father, you call
each of us by name, and
you treasure each of us
individually as though
no-one else exists.**

**Inspire us to respect and
value each person who
comes into our lives this
day.**

Amen

Thank you Ms Tamsin McCormack and our 2018 School Captains- Justin Darcy, Georgia Hutchinson, Yue Ming Loi and Jackson Raeburn - for their work in regard to determining the appointments.

We are now entering the final weeks of the year. This is a busy time for everyone with students completing assignments, sitting tests and exams and preparing for next year. Teachers are very busy as well with corrections, report writing and planning courses for 2018. So whilst a well-deserved break is near there is much to do. So I want to thank everyone for the calm and respectful way they are going about their work. Thank you as well to all the parents and families for your support at this time.

Under the leadership of Ms Lisa Templeton, the College has developed a public speaking competition for our Year 9 and 10 students called 'Speak Out Under the Oak'. The first part of this process was to determine who were the best speakers for our school and this was done several weeks ago. The second element of the competition was for four of our best students to test their skill against another school and this year was Marist Sion College, Warragul. And the competition took place yesterday, Thursday 16th November.



The four students that represented us were Lincoln Ingravalle (10), Matthew Lawn (10), Sophia Richmond (9) and Kate Robinson (10). I was unable to attend, but the speeches were very impressive by all students involved and Sophia was placed second and Lincoln was placed third with winner being from Marist Sion. Thank you to the judges, Ms Lee McKenzie and Ms Kim Widrich. This is a wonderful initiative by Lisa and I know that planning is already in place for another competition next year.

Thank you to Mr Shane Reid and his team for three entertaining nights of music this week.

Welcome back to Ms Viv Stewart who has been on Long Service Leave and thank you to Ms Helen Lynn who was her replacement.

Finally, I draw your attention to the opportunity to support those in need through the Caritas Christmas Campaign.



Caritas Global Gifts - We are One Human Family

Send a Christmas message to those you love, and support those in need.

When you choose a Global Gift this Christmas, you are bringing a moment of joy and helping create a lifetime of change for some of the world's most vulnerable people.

This year you can help bring the gift of Hope, Peace, Joy and Love to our one human family around the world. Each Global Gift will go towards supporting our most important work; from responding to emergency situations to supporting education programs and training farmers with new sustainable livelihood techniques.

Share a message of compassion this Christmas – Simply select one of our beautiful Global Gift cards. When you send a Global Gift card to your friends or family, you also share a gift with the world and help support our one human family.



Order Global Gift cards online at:

www.globalgifts.org.au

or call us on 1800 024 413



Faith & Ministry News



Mr Chris Roga

With the year 12 Exams in progress and time rolling swiftly on to the end of the academic year, the hectic frenzy of activity has given way to the firm resolve of finishing strongly and readying for 2018. In this issue of the newsletter I wish to put before you a community, with strong Marist links, that lives the gospel in its simplicity.

The Exodus Community, Heidelberg

Accommodation known as the Olympic Village was built in Heidelberg West to house the Athletes and officials for the Melbourne 1956 Olympic Games. After the Games, the accommodation was used as government housing for low-income families. The area is home to many welfare dependent families and individuals, to many suffering the isolation of mental illness, to prescribed and to non-prescribed drug dependent individuals, to refugee families and individuals, to unemployed and to elderly shut-ins. Many youth and children in the Village are severely at risk because of violence, lack of security, poor nutrition and hygiene, lack of opportunity for safe, healthy recreational activities, poor role modelling and poverty. Public transport is relied upon heavily.



The Exodus Community has been active in the Olympic Village, Heidelberg West area since 1998, attempting to meet identified emerging needs of local residents. The Community began at the invitation of the parish priest of St Pius X, Heidelberg West and after lengthy consultation and discernment with various individuals, groups and local organizations and agencies.

The original live-in Exodus community membership of five in 1998 included:

Fr. Frank Smith CsSR, Sr. Sally Bradley rsm, Br. Matthew Ryan cfc, and members of the Redemptorist Lay Community, Kath Carson and Sandra Marr. The composition of the live-in membership has changed over the years as new members volunteer their services and as those who have lived their committed time move on.

At the beginning of 2015 the live-in members are Marist Brothers, Br. Harry Prout & Br. Barry Lamb. The live-in members of the Exodus Community volunteer their services to the Community and its ministries. Central to the ministries of the Community is inclusion of local people in all aspects of work, including membership of the Exodus Community Management Team.

The Exodus Community is currently supported by 50 volunteers.

People wishing to join the live-in community or wishing to support it in ways that suit them are encouraged to contact Br Harry on 94577593.



VCAL & Lifeline



Anton Sbaglia
Year 11



Ruby Bosse
Year 11

VCAL Community Awareness Project – Lifeline



Lifeline are a national Australian charity crisis support organization. Their vision is 'An Australia free of suicide'. They provide 24-hour crisis support to any person who is feeling suicidal, lonely, in a personal crisis, suffering from anxiety, depression, abuse, trauma or stress.



Each year Lifeline has a plant sale to raise funds for their 24 Hour Crisis Line, the money raised goes towards the training for the people that volunteer at the Crisis Call Centre. Over the past two years Kaitlin Pooley with a team of VCAL students has

completed a small project to grow and donate plants to support Lifeline. We decided to join this project along with Toby Capp, Kye Farley and Nick Graham. We planted approximately 70 plants and maintained them for around 3 months until the Lifeline Plant Sale in November. In the third term we were involved in another project; the selling pizzas and soft drink to students and teachers. This event raised \$179 for Lifeline.

We chose this project as we wanted to raise awareness about Lifeline and in a small way help with the work that they do, we feel that everyone our age needs to know that there is a 24-hour crisis line to help when life becomes difficult to manage.

Speak out - Under the Oak



Marist Sion came to compete in the Year 9-10 public Speaking competition on Thursday 16 November.

The speeches were very impressive, we almost had it.

Sophia Richmond came 2nd, Lincoln Ingravalle came 3rd. Meg Emery from Marist Sion came 1st.

They have the cup this time but we will be back.





Legal Studies



Claire Humphrey
Year 11



Lincoln Ingravalle
Year 10

On Tuesday the 14th of November 26 legal studies students went made their way to The Melbourne County and Victorian Supreme Courts. On arrival we divided into two groups and went our separate ways for the morning session.

Group 1: We were greeted by two court volunteers who took us to Court Room 4 where we watched part of a murder trial. The accused allegedly murdered a 70 year-old man by beating him with a statue of Virgin Mary and a tin of mangoes. What we saw of the case was not particularly interesting, but the setup of the court was. Seeing how a real court case was run was exciting. We saw how involved the jury was with the case and their role within

it. After we watched a portion of the case, we were then taken to the Supreme Court library where we wandered around the century old building to see how an 'old fashioned' library operated.

After lunch, we went to the County Court where we spoke with a judge after being taken to a court room. It was interesting to discuss with him how he got to his current position as a Supreme Court judge and what he enjoys about his role. We were taken through the jury room and shown how the jurors now travel in a private elevator to avoid any 'run ins' with witnesses in a case they may be deciding. We then sat and listened to a civil case that the judge was hearing that day. The case involved a woman

(plaintiff) who was crossing a zebra crossing at Monash University after it had been raining. The plaintiff had slipped and thought she'd rolled her ankle, however she had done a lot more damage to her ankle than first suspected. She had been out of work for approximately six years and doubts she will ever return to work as her injuries cause her excruciating pain. She is suing the University and the people who maintain the crossings.

Visiting the County Court was probably the most interesting part of the trip because we were able to see the plaintiff give her evidence and then get cross examined by the defence. It was also really interesting to listen to the judge and talk to him about his role. To listen to a real Supreme Court trial was particularly fascinating. It was an enjoyable day and very helpful as we learn more about the legal system.





Sports Enrichment



Mrs Karen Joyce

On Friday November 3rd all 90 of our year 7 – 10 Sports Enrichment students had a workshop day with sessions on Sports Psychology – focussing on meditation and imagery, Motivation, Goal Setting and making good choices, Public Speaking and Nutrition.

The day started with an 8 am Fitness/Pilates session with Andrew Crozier. Students worked in pairs on fitness training drills then completed a session on Pilates showcasing the positions they had mastered including stretching activities.

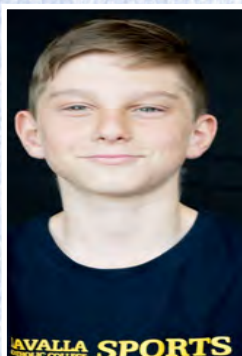
This was followed by a talk with Sam Fenton who discussed the importance of relaxation, meditation and imagery for athletes to reach a state of FLOW. He ran through a relaxation and imagery session with the athletes and encouraged them to complete a similar type of process each day. He also asked the students to remember what their goals were from the start of the year and some athletes shared how they had achieved their goal and what steps they took to ensure the goal was achieved. Athletes also wrote down their sporting goals for 2018.

We had a public speaking activity after recess and then Dean Laidley (Ex AFL player and coach) spoke to the students about his experiences as a player, coach and father. He encouraged the athletes to try and listen to the good wolf in their head rather than feeding the bad wolf. He reminded them that they need a back-up plan and the importance of making good choices.

After lunch the students were reminded about some nutritional information mainly focussing on that fresh is best when eating and the importance of hydration.

We presented our inaugural Enrichment Sport award. Which is a development award for a male and female athlete at St Paul's Campus. The award recognises attendance, involvement, commitment and leadership to the Enrichment Sport community. The criteria includes:

- Participating and achieving at a high level in their particular sport
- Regular attendance at morning training sessions
- Showing leadership on and off the playing field.
- Actively encouraging and supporting other athletes in the program
- Supporting and demonstrating a growth mindset.



The recipients were: (left to right)

Regan Jeffries – Year 7
and
Emma White – Year 8

It was a wonderful day and the athletes left re-energized and motivated to achieve their goals.

Athletes are reminded that we still have our fitness training sessions running on Tuesday and Thursday mornings until Tuesday 28th of November.



Sports News



Mr Dwayne Tibballs

Year 8 Basketball off to State Championships



The year 8 boys' basketball team have become one of the few Lavalla teams to qualify for the SSV State Championships.

Lavalla Catholic College was able to qualify with a strong showing at the recent Regional Championships where they defeated Wonthaggi SC, Lowanna College - Newborough and Bairnsdale SC.

A strong outfit that comprises Christian D'Angelo, Kade Ruyters, Ryan Wilson, Ben Fleming, Callam Bonnor, Thomas Hamilton, Cooper Baldacchino, Ryan Massaron, Flynn Kennedy and Hugh Dunbar.

The boys will travel to MSAC next week to take on the winners from the other seven regions at the SSV State Championships.

Heading Back to the MCG

Our year 9-10 girls Cricket team has again qualified for the State Final of Cricket Victoria T20 Blast.

The girls defeated Minaret College Springvale, Wantirna Secondary College and Nossal High School Berwick in their pool matches before overcoming our neighbouring rival, Catholic College Sale in the final.

The boys didn't fare so well but still put forth a gallant effort and showed that they were not far of the competition with some narrow defeats.

The year 9-10 girls will travel to the MCG for the State final at the end of November.





College Calendar

DATE	CAMPUS	ACTIVITY
NOVEMBER		
Mon 20th	BOTH	State Basketball
Tues 21st	St Paul's	SSV State Baseball Yr 8 Boys
	BOTH	SSV State Basketball Yrs 7-10 Girls
Wed 22nd	St Paul's	T20 Cricket Regional Final
Thu 23rd	St Paul's	SSV State Tennis Yr 8 Boys & Girls
	St Paul's	SSV State Cricket Quarter Final Yr 7&8 Boys
Fri 24th	Kildare	Year 12 Graduation
Mon 27th	Kildare	Year 11 Exams Begin
Tue 28th	St Paul's	SSV Cricket Final Yrs 7&8
Thu 30th	Both	SSV Cricket Final Yrs 9 & 10
DECEMBER		
Fri 1st	Kildare	Year 10 Exams Begin
Mon 4th	BOTH	End of Year Awards Night 6pm-8pm
Tue 5 - Tue 12		Marist Cricket Carnival hosted by Lavalla
Thu 7th	Kildare	Final Day for Yr 11
	Kildare	Year 9 Transition Day - Kildare Campus
Fri 8th	BOTH	Final Day Students Yrs 7 - 10
END OF 2017 SCHOOL YEAR		

*Uniform Shop open
for Year 7s 2018*

**Tuesday 12th
December 2017**

Orientation day is a day for parents to take advantage of **Riggall's 10% discount** on school uniforms. We have years of experience in professional fittings of uniforms and are a supplier of quality garments.

We understand that working parents are not always available to take advantage of orientation day due to work commitments so we are extending the 10% discount over 1 week, starting **Wednesday 6th to Wednesday 13th of December.**

