

From the Principal Mr John Freeman



Last week a number of us were privileged to participate and witness the Episcopal Ordination of Bishop Pat O'Regan. As you know from previous newsletters this year our Liturgical Choir formed the nucleus of a larger choir under the leadership of Mr Shane Reid. There was no doubt that the contribution of the choir significantly contributed to solemnity and sacredness of this important event for the Diocese of Sale.

I received on behalf of Shane and the Choir a great number of compliments from other schools, staff from the CEO Sale and religious in attendance last Thursday. Congratulations to all involved in the preparation and the celebration of the ordination.



I also want to thank everyone in attendance at our Commissioning Mass, which was conducted yesterday, for their reverent and respectful participation. This is a very important gathering for our school in which we come together to share in the Eucharistic Sacrament and also formally acknowledge the appointment of staff and students to significant leadership roles within our College.

The Champagnat Centre was the venue for our liturgical celebration and there was more than 1400 people in attendance, including staff, students, parents, Principals and Student Leaders from Catholic Primary Schools and many other guests. With so many people in one place that is usually a basketball stadium you would think that achieving silence and stillness would be difficult,

but this was not the case. This is without doubt a great testimony to the wonderful respect our community has for our Eucharistic celebration and for each other.

I want formally extend my thanks to everyone who worked so hard to ensure the success of this significant liturgical celebration:

- Mr Chris Roga for his overall leadership of the preparations;
- Mr Paul Skippen and Mrs Marita Kennedy for their work in regard to the set-up and smooth operation of the liturgy;
- Mrs Gaye Jenkins for her role as MC;
- Mrs Annemarie Clarke for organising the students being acknowledged for achievements last year;
- Our maintenance team, led by Mr Wendell Symons for transforming the Champagnat Centre into our Sacred Space;
- Ms Kellyann Armstrong and Mrs Maree Garrett for their work in regard to our guests and the students acknowledged yesterday for their achievements last year;

By God's grace I was born to
live in freedom.
Free to enjoy the pleasures
created for me.
Dear Lord, grant that I may live as
You intended, with complete
confidence in Your Loving care.



From the Principal cont.

- Mrs Pam Goodall and ISC team for the morning tea and flowers;
- Mrs Birgit Sim and Mrs Jenny Sutton for their work with organisation and logistics;
- Mr Michael Cleef and for setup and operation of the audio and visual;
- Mr David Gray and Mr Reg Gordon for the photography;
- Our Campus Directors, Ms Lee McKenzie and Doug Doherty, and the Deputy Directors; Student Welfare, Ms Jo Alford and Mrs Tamsin McCormack, for the presentation of student leaders;
- Staff and students who assisted in the distribution of the Eucharist; and

A very big thank you to Mr Shane Reid and our Liturgical Choir for their always ethereal and marvellous singing. There is an enormous amount of preparation and effort to reach the standard our choir achieves and this is very much appreciated. Special thanks also to Ms Stella Felten, who very generously filled-in as our accompanist at short notice.

I must also thank our celebrants yesterday – Frs Bernard Buckley from St Michael's Parish in Traralgon, Harry Dyer from St Kieran's Parish in Moe, James Fernandez from St Michael's Parish in Traralgon and Monsignor Allman – St Michael's Traralgon. We are very blessed and privileged to have such significant support from our Parish Priests.

My thanks also to the Director Southern Region of Marist Schools Australia, Mr Paul Herrick, who assisted in the commissioning of Ms Lee McKenzie as Director of St Paul's Campus, as well as our student leaders. Congratulations to Lee on this appointment for 2015.

You will read elsewhere in this Newsletter of the success of both our House Swimming Carnivals and our achievements in the SSV Swimming Divisional Championships. Thanks Mrs Nikki Schroeter and Mr Dwayne Tibballs for all their work and well done to all staff and students for their participation.

Congratulations as well to Jasmine O'Shea who performed at Top Arts last week. Further details are in this newsletter.

Welcome back to Mrs Rita Nainie who has just returned from Long Service Leave during February.

Finally, it is with great sadness I advise you that Leanne Mills, the former Director of Presentation Campus (2008-2010) passed away on Monday, 2 March 2015. Her funeral will be conducted on Tuesday, 10 March 2015 in Geelong at 2.00pm. Leanne was a much loved and deeply respected member of the Lavalla Catholic College community and had a tremendous impact on staff, students and families.

Six of our staff will be attending the funeral next week.



Lavalla Catholic College will hold a Commemorative Service on Thursday 12 March at 1.30 pm at Kildare Campus in Traralgon. Students, ex-students, staff and parents who wish to pay their respects are welcome to attend the service in Traralgon.

For organisational purposes, persons wishing to attend should email rogachr1@lavalla.vic.edu.au with the number of persons expected to attend.

Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May the souls of the faithful departed, through the mercy of God, rest in peace.

Amen.

St Paul's Campus Update

Ms Lee McKenzie - Campus Director



As we near the end of Learning Block 1 Parents will have an opportunity to review student progress and speak with LA teachers during the interview week 16th-20th March. It is important that you take advantage of this opportunity to show your interest in your child's academic progress and to speak to teachers about goals and improvements. Feedback can be found on Family Connect. For families who are unfamiliar with Family Connect or if you simply need a reminder of how to access it, an email with instructions will be sent out next week prior to the release of the reports.

Communication with your child during the school day

Sudden Illness

The majority of students at this campus have a mobile phone and for the most part manage these very well.

However I need to remind families that in the case of illness or any other need to leave school, the first point of contact for a student should be the teacher; occasionally students are texting parents without speaking to the teacher.

The process to be followed is

1. Student informs teacher s/he is unwell
2. Teacher will assess the situation and usually send student to the office /sick bay
3. Admin staff, with first aid training, will assess the condition of the student and make appropriate calls to parents.
4. Parent collects and signs out student if required

Appointments

1. Student should present with a signed note from parent indicating the time they are to depart class for the appointment. This should be shown to the teacher in the class at the beginning of the lesson.
2. Parents wait at reception for student, and signs him/ her out
3. Where appropriate parent returns student to reception after the appointment and signs them in.

Please be aware

- The reception staff are required to be at the front office at all times, they are not able to leave the office to fetch students.
- The PA is used only during non-class times. Classes will not be interrupted to call individuals to the office.
- Mobiles can be a major distraction to learning.

We ask that you discourage your child from texting you directly if they are unwell / distressed etc, and that you encourage them to speak to a teacher and/or report to reception so that the appropriate procedures can be followed. Be assured that we will make contact with you as required.

#Just Love

"Happiness does not come from doing easy work but from the afterglow of satisfaction that comes after the achievement of a difficult task that demanded our best.—"Theodore I.



Kildare Campus Update

Mr Doug Doherty - Campus Director



*"It is not enough to have a good mind.
The main thing is to use it well."
~Rene~ Descartes*

At Kildare this term we have been focusing on the development of skills. It is vitally important that as a learning community we focus on achieving the best possible individual results; academically, spiritually and morally.

This academic year has already seen a greater focus on assessment and in particular, unit 3&4 final exams. This involves much more reference to exam skills and exam criteria language from term 1 onwards. With this in mind we wish all our English students the best of luck for Friday 13th March, when they undertake their English Oral Examinations.



As members of Lavalla Catholic College, the Kildare Campus is very proud to announce that they supported the Harriers 5km Fun Run in aid of the Gippsland Rotary Centenary House, an essential cancer support service for the Gippsland Community. We were very pleased to be awarded second place for participation. Next year I

aim to gain first place – planning has started!

In regards to sport, fun and inter-house competition, I am extremely happy to announce the results of the Kildare Swimming Carnival. After a very long period of time, DELANY House not only won the swimming competition, but some may say "smashed it!" I did promise this victory two years ago and under the great leadership of William Lowe and Shinae Ainsworth, we have achieved it!

Tension is building as we approach the results of the interview process for our student leaders. The positions include: Environment Leader, Liturgy Leader, Cross Age Tutor Leader, Campus Mentor Leader, School Events Leader, Cultural Events Leader, Community Cohesion Leader and Justice Leader.

God Bless





Faith & Ministry Matters

Mr Chris Roga - Director of Faith and Ministry



College Captains and Campus Director Commissioned

Before a gathering of over 1400 hundred students, staff and parents, the new college leaders for 2015 were commissioned at a simple, but moving Commissioning Mass in the Champagnat Centre.

Mr Paul Herrick, Director, Southern Region, Marist Schools Australia commissioned Mrs Lee McKenzie as the Campus Director of St Paul's. Mr John Freeman, the Principal of the college, commissioned the eight Student Leaders in their roles as Captains of the college:

COLLEGE CAPTAINS

Kildare Campus

Edan Baccega
Bayley Charalambous
Georgia Robinson
Tanatswa Ruzive-Makura

JUNIOR COLLEGE CAPTAINS

St Paul's Campus

Minnasoda D'Amico
Joshua Galea
Emma Spiteri
Anton Tarraran

Fathers Bernard Buckley, James Fernandez, Monsignor Allmann (Traralgon) and Father Harry Dyer OMI, (Moe-Newborough) celebrated the Mass. Mr Freeman spoke to the assembly about our theme this year #JustLove, and Father Bernard put forward three leadership models for us to follow: Moses, Jesus and Marcellin Champagnat.

The students responded to the Mass with reverence and they participated in the responses. The Senior Choir, conducted by Mr Shane Reid and accompanied by Ms Stella Felton, enhanced the Mass.

My congratulations go to all the staff, students and parents who made this ceremony memorable.

We congratulate all the newly commissioned leaders and pledge them our support so that their work bears fruit through the grace of God.





A Time for Becoming More Than We Can Be

One of the things many of us fear the most is exposure. We can all recall a moment when we have ended up looking foolish before other people. Perhaps reciting something before the class at school; being forced by proud parents to sing in front of aunts and uncles; or being the only person in the group who doesn't get a joke. We can all remember moments when we have suddenly felt exposed and vulnerable. Preachers have nightmares about standing in front of a congregation with little or nothing useful to say. On another level, there may be parts of our personality, or things we have done or failed to do, that we do not want other people to know about.

In New Zealand there are more flightless birds than anywhere on earth. Among these are the kiwi and the penguin. Scientists tell us that these birds had wings but lost them. They had no use for them. They had no natural predators on those beautiful islands, and food was plentiful. Since there was no reason to fly, they didn't. Through neglect they lost their wings.

Compare them to the eaglet that somehow ended up in a chicken yard. The eaglet was raised with the chickens, pecking at corn and strutting around the chicken coop. One day a mountain man, passing by, recognised the bird, now a fully grown eagle, and asked the farmer if he could work to rehabilitate it. The farmer said, "Go ahead, but it's useless. All that eagle knows is pecking corn like a chicken".

The mountaineer began weeks of rigorous training with the eagle, forcing it to run after him so that it had to use its wings. Many times the eagle fell out of the limbs of trees onto its head. One day, finally, the mountaineer took the eagle to the top of the mountain and held it above his head on his wrist. Giving an upward thrust to his arm, he sent the eagle into the sky with a "Fly!"

The eagle circled and wheeled upward, straining, till soon it took off in a majestic sweep and looked directly into the sun. It was gone. It had regained its nature. It was an eagle once more.

We have the choice of remaining kiwis or penguins, or of going through the pain of becoming the eagles God has called us to be.

What is our choice? How do we make decisions?



Year 7 Camp



The entire Year 7 Cohort recently went on camp to Licola Wilderness Village. The camp enabled homerooms to bond and friendships to develop. Students were tested individually with some activities; the high ropes and leap of faith getting students to push themselves to new heights, whilst other activities, such as the Maze, challenged their thinking, trying to get them to set goals whether they were for the near future or more distant. The initiatives and raft making group activities strengthened homeroom bonds, developing their teamwork skills, especially listening to one another. Everyone was involved, supporting each other every time they achieved more than they thought they could, this was extremely inspiring and all staff were heartened to see students contributing and encouraging in such a positive manner.

Overall students had a fantastic time at camp, although it was tiring for all involved, the benefits far outweighed a few lost hours of sleep. Well done to all who participated!





School Life

Food for Life Project Compassion 2015

Truly I tell you, just as you did it to one of the least of these you did it to me. Matt 25:40.

Year 9 student leaders represented Lavalla Catholic College at St Peter's Cranbourne for the Diocese of Sale Project Compassion launch. Students from across the Diocese watched a modern day enactment of St Matthew's gospel and then moved into the Chapel to hear each of the Project Compassion stories read aloud by St Peter's students. Fr Peter Slater offered prayers and blessings for all students of the Diocese as we enter the season of Lent.



Ms Fran Renehan



Free To Be Me - Year 8

What makes our students tick? What masks do they wear on a daily basis? What character strengths are they aware of and what do they still need to work on?

On Wednesday 25 February, the year 8s ventured to Presentation Campus in Newborough for their Free to Be Me day to try and answer these questions. Through a variety of activities, the students were asked to look at themselves and decide who they really are and to not be afraid to be themselves in front of others. Through a liturgy run by Mr Mike Hansen, students were challenged to remove their "masks" and reveal their true selves. Ms Joanne Alford took them through their character strengths and how to spot them in others as well as developing their own. Students were also able to indulge in some artwork on their hands, mindfulness training and were even able to speak to their future selves. The day finished with Ms Joanne Slater leading the

year 8s in a final look at accepting ourselves and each other as we are.

Staff and students had a wonderful day at the Presentation Campus and we all came away having learnt something more about ourselves.



Mrs Kelly Murray

& Ms Jo-Maree Sharman





School Life

Legal Studies Goes To Melbourne

By Lexie Saviage & Mrs Pierina Fenech



Last week Lavalla's Legal Studies students went to Melbourne to visit legal places of interest in our city. After an early start and a bad run in peak hour traffic we completed a quick tour of Parliament House, where we were shown around the chambers by a tour guide. We got to sit in both houses, the Legislative Assembly and the Legislative Council, and we were briefed on the law making responsibilities of our state Politicians. Premier Andrews walked past us on his way to his office, which was really exciting.

We then moved on to the Old Melbourne Gaol where we took part in an interesting tour that gave us an insight into prison life in the early days of Victoria's history. We got to see death masks, we learned about infamous inmates like Ned Kelly, the historical buildings and prisoner punishment. It was really fascinating.

In the afternoon we visited the Supreme Court in Williams St. We were shown a unique court room and participated in a mock murder trial to help us understand the process of a criminal trial.

Lachi made an excellent 'accused' and Annaliese is destined to be a future Police Prosecutor. We spent some time in the public gallery of an actual attempted murder case that was running at the time and I found that very interesting.

All in all it was a great day that helped us gain a better idea of our Victorian legal system, past and present.





Legal Studies Excursion to Melbourne a Student's Perspective

By Morgan Brinsmead and Bethany Hourigan



On the 24th of February, the year 11 and 12 legal studies classes went to Melbourne and visited buildings associated with the course. These included the Old Melbourne Gaol, Parliament House, along with a visit to the County Court for the year 12 students and the year 11 students visited the Supreme Court. The trip started before sunrise (as many of us didn't appreciate!) and we made it to Parliament House just after 9 o'clock. After passing through security, we received a speedy tour through the two houses of Victorian Parliament and the Queen's Hall, which has some impressive portraits of past premiers of Victoria hanging from the walls.

After some class photos on the steps of parliament, we began to walk to the Old Melbourne Gaol, at about 10 o'clock. When we arrived, we were greeted by our friendly guide who gave us an informative tour of the gaol, and its past uses before it became a museum. We were especially focused on the history of the jail and its legal relations, and the death mask and other items of Ned Kelly's. One of the school captains even put the armour on. We got to see where Ned Kelly and other prisoners were hanged, along with other torture devices. We found this all very interesting and saw how there has been a change in the laws and how gaols used to operate.

We boarded the bus after some free time at the goal, and we headed to the courts. We were given an hour to go and get some lunch, and we met back outside of the County Court. The year 11 students headed off to the Supreme Court for a tour and to watch a current murder trial, the year 12 students stayed in the County Court and spoke with a tipstaff, judge's associate and judge about their work in the County Court and watched a current civil trial. The judge spoke exceptionally well, we were extremely grateful for the time he took to give us insight, not only to his occupation but also the emotional side of working in the courts, the other occupations within a court, how he got to working in the legal system and he gave us information about the current case we were about to watch.

After the classes watched the trials and we were on our way home, running a little behind schedule. The students were left disappointed when the bus drove straight past Officer and didn't stop for a break. It was a lengthy day, and the students were all glad to get back to Traralgon safe, after an amazing day in the city.





Student Achievements

VCE Dance Student

On Thursday 19th February Jasmine O'Shea, a current Year 12 student, represented Lavalla Catholic College at the 'Top Class VCE Dance & VET Dance: A VCE Season of Excellence' event. This occasion showcased the top dance students in Victoria and for Jasmine this was the culmination of the many years of practice, dedication and her love of dance.

This event invited students who received the highest grades in their October performance examination to audition and participate in this Top Class presentation. Held at the Melbourne Recital Centre, this event not only displayed the talent of the dancers but also allowed future VCE/VET dancers to see solo composition skills in action.

Jasmine's solo, entitled 'Breaking the Bounds', revealed the torture of having and then losing one's freedom. Her character breaks free of her confines to experience brief moments of bliss, only to have this taken away. Solos for VCE Dance are choreographed by the students to specific criteria and Jasmine's solo showed an excellent understanding of both technique and composition skills.

We congratulate Jasmine for all her hard work and for this rare honour.



Marist Basketball



The following students gained selection to the Marist basketball teams that will travel to Perth in the final week of term 1 (Saturday, March 21st – Saturday, March 28th) for the 2015 Australian Marist Basketball Carnival hosted by Newman College, Perth WA.

Abbey Noblett was originally selected in the team but has been replaced by Demi Plunkett, refer to an email sent by Karen Joyce on January 30th 2015.

Chris Watson (boys) and Karen Joyce (girls) will again coach the respective teams.

Female Students

Year Level

Millicent CULLIVER	10
Chelsea D'ANGELO	10
Innika HODGSON	9
Jessica O'TOOLE	11
Demi PLUNKETT	10
Casey SHERRIFF	11
Jayde TRAVERS	12
Samantha WATERS	10
Joanna WATSON	9
Sarah WATSON	11

Male Students

Year Level

Ben BARLOW	12
Jordan BIANCONI	11
Matthew BOND	11
Nathan CATHERWOOD	10
Jarrold KING-CHURCH	10
William LOWE	12
Jay MURPHY	10
Bradley ROYAL	10
Blake WARD	12
Lachlan WARE	12



Champagnat and Delaney Rule the Pool

Champagnat and Delaney have captured the junior and senior swimming shields at their respective carnivals held at the Traralgon swimming pool on Thursday, February 19th and Friday, February 20th.

Champagnat held off a late surge by MacKillop at the St. Paul's event on the Thursday to claim back-to-back carnival triumphs. Eliza Jeffs, Kieran Georgeson and Penelope Georgeson were the standout performers for Champagnat throughout the day at the junior carnival.

Delaney claimed success at the senior swimming carnival for the first time since 2008 by eclipsing Champagnat in a close result. Finley Peddle was a major contributor to Delaney's triumph overall on the day.

St Pauls House Points

Champagnat	– 2899
McKillop	– 2725
Nagle	– 2088
Delany	– 1992

Kildare House Points

Delany	– 2168
Champagnat	– 2024
Nagle	– 1946
McKillop	– 1800

Age Level Champions St Paul's

13 Years
Elayna Pistrin
Will Clare

14 Years
Eliza Jeffs
Kieran Georgeson

15 Years
Penelope Georgeson
Joseph Darling

Age Level Champions Kildare

16 Years
Bridie O'Keefe
Nicholas Calla

17 Years
Erin Roberts
Finley Peddle

18 Years
Maggie O'Keefe
Luke McQueen



2015 Swimming Carnival



2015 Swimming Carnival





Swimming Championships

Lavalla Dominates at the Swimming Divisional Championships

Lavalla Catholic College has again walked away from the SSV Wellington Divisional Championship swimming meet in Traralgon with a comprehensive performance in the pool.

Lavalla's swimming team compiled 75 ribbon placings in the 83 events staged throughout the day with 53 first places finishes.

Catholic College Sale was the main challenger in the aggregate points placing with Lavalla finishing on 823 points with CC Sale finishing on 568 points, a whopping 255 points difference.

Some of the standout performers on the day who achieved a collection of first place results were Kaylee Beecroft, Michael Buckley, Maggie O'Keefe Finley Peddle and Elayna Pistrin.

Close behind them were Jye DaRos, Kieran Georgeson, Penelope Georgeson, Eliza Jeffs and Lily Zee-Verner.



School	1st	2nd	3rd	School Overall Points	
Lavalla Catholic College	53	17	5	Lavalla Catholic College	823 pts
Catholic College Sale	21	24	6	Catholic College Sale	568 pts
Kurnai College	5	6	0	Maffra Secondary College	301 pts
Maffra Secondary College	2	12	11	Yarram Secondary College	144 pts
Yarram Secondary College	1	6	8	Sale College	128 pts
Sale College	1	2	12	Kurnai College	113 pts



School Matters of Note

Immunisations 2015

First Round	-	18 March – Year 7 only in ISC
Second Round-		7 May – 9 ATLAS at Presentation Campus
		27 May – 7, 8 & 9 in ISC at St Paul's Campus
Third Round	-	7 October - Year 7 only in ISC

From **2016** it will only be Year 7 receiving injections.

Students and Sleep

Healthy sleep patterns will help your child achieve their personal best. A study completed at Flinders University, South Australia backs up Michael Carr Greggs claim that teenagers need more sleep to learn effectively and to help them regulate their moods. Electronic media such as TV, phones, music devices ipads and computers have a negative impact on teenager's ability to get the required sleep they need.

Sleep is very important during this time in an adolescent's life for learning and memory as well as for behaviour. According to the study a decrease in sleep habits of adolescents is due to in part the lack of parental monitoring as well as electronic media use. The study recommends creating an environment in the bedroom that is conducive to sleep and removing TV's, and all other digital devices from the bedrooms. For your child to function well, limit their mood swings and be a pleasure to have around, the study recommends 9-10 hours a night.



Cain, N., & Gradisar, M. (2010). Review Article: Electronic media use and sleep in school-aged children and adolescents: A review. *Sleep Medicine*, 11735-742. doi:10.1016/j.sleep.2010.02.006

Uniform Changeover

27th April 2015 will be the changeover day for Full School Winter Uniform for both Campuses.

Uniform Shop

The second-hand uniform shop is located on the St.Paul's Campus. We accept Cash, Cheque and EFTPOS.

Shop will be open on the **19th March.**



School Matters of Note

Lavalla's Writers' Group

Lavalla's Writers' Group complete fun and challenging 'Writing Workouts' designed to develop and enrich writing. Preparation and editing time included for the Somerset Novella Short Story Writing Prize.

If you enjoy writing and would like to participate please come along to the St Paul's ISC on Monday 1 3:30 – 4:30. Years 7 – 12 are most welcome to attend and students can email Ms Zahra to express interest in participating.

Here is the first Writing Workout from Week 1's Session:

Writing Workout 1

Writing from the voice of a character who is not the same gender, race or age as yourself is one of the hardest skills to learn. The trick is not in concentrating on the writing, but on the listening. These characters call for greater authenticity, which means they are going to be more convincing if you don't make things up about them.

7 Steps to Writing Success

In years 7-9, English classes have been working through the 7 steps program to help improve the writing skills of our students. With these new-found skills, students can enjoy greater success in their class work and also in other areas such as NAPLAN testing.

Over the next 7 newsletters there will be a hints sheet attached that will focus on each of the 7 steps. Please take the time to read through the information and discuss it with your children. The activities are fun and only take a few minutes a day. Good luck!

St Paul's Chess Club – CHECKMATE

Are you interested in developing your strategic skills? Then join us every Friday 2 Lunchtime in the Year 8 Centre. Year 7 to 9 most welcome! See Ms Zahra for more information.

Students Applying for a Taxfile Number

Students are no longer able to apply for a Taxfile number through their school.

Instead student must either:

- visit <https://www.ato.gov.au/Individuals/Studying-and-student-debt/In-detail/TFNs/Getting-a-TFN/> to complete an application online
- download and print the application form from the above website, or
- phone 13 28 61 to ask for a form to be posted to them.

Students will then need to attend a Australia Post Office to submit their identity documents.



Calendar

Monday 9th March

Labor Day - PUBLIC HOLIDAY

Tuesday 10th March

Year 9 Summit Excursion

Thursday 12th March

Unit 1 Outdoor Ed - Venus Bay
Year 9 Environment Day Trip
Unit 1 & 3 Drama - Melbourne Theatre
SSV Gippsland Swimming Carnival
Student Election Speeches

Friday 13th March

VCAL - Coonawarra Farm
Diocesan Sharing Day - English
Kildare Campus Assembly

Tuesday 17th March

Enrichment Excursion
Year 10 Fed Unit CareerDay

Wednesday 18th March

VCAL - Coonawarra Farm
Diocesan Sharing Day - English
Kildare Campus Assembly
Year 9 Nura Excursion
Year 7 Immunisations

Thursday 19th March

VET - First Aide Course
Year 12 Law Talks
Y2 10 Drama Excursion

Friday 20th March

Year 9 Wellbeing Day
Kildare Campus Assembly
Year 10 Drama Excursion



The Australian Ballet Presents:

Behind the Scenes of Giselle PLUS a Dance Master Class at Elevator Studios with Jayden Hicks

On March 17th the Australian ballet is opening their doors to select students from around the state to watch an open rehearsal of Giselle. This is a unique, behind-the-scenes look at the life of a dancer. You'll get an insider's look and exclusive access into the world of an elite dancer. You'll watch morning class on stage, a daily ritual for all the dancers of The Australian Ballet, and this year, for the first time ever, you'll sit in on a private coaching as a principal dancer prepares for their role. Raw, beautiful and full of insights – this is a unique, behind-the-scenes look at what it really takes to prepare for a performance.

"The rehearsal room is a very special place. It's a place where a lot of knowledge is disseminated and where dancers can hone their craft. It is where roles are built and developed, to the point where they are ready to be put on stage. It's quite an amazing atmosphere." – Ballet Master Steven Heathcote.

Students will also attend a dance class at Elevator Studios in South Yarra. A past student of Lavalla, Jayden Hicks will teach a master class in a variety of styles over 1 and a half hours.

Interested students need to fill in an application form for an opportunity to take part in this very special experience. For application forms and any enquiries please see Ms Zahra or Mrs Williams.

Traralgon Netball Association Winter Season

Team Enrolments

11/U - 13/U - 15/U - 17/19/U

Entries Close

FRIDAY 20th MARCH 2015

St Michaels School Hall, Church Street

4.00pm - 5.30pm

Team Application forms can be obtained by contacting TNA Registrar @
tgonnetballassoc@hotmail.com.au or a hard copy can be picked up from Crowe Horwath Accountants in
Grey Street.

Contact 0437 750 806 after 5.00pm or email

tgonnetballassoc@hotmail.com.au

for more information



Step 1: Plan for Success

SEVEN STEPS WRITING TIPS

Series One

If you got a dollar for every time you told your kids to plan their work, you'd be living on a tropical island now, right???

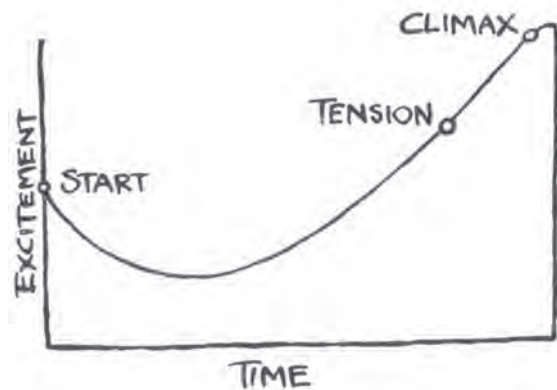
It's hard to show people HOW to plan, so here's a quick method. Good stories (like movies, books, poems and even jokes) are all planned - and they all have a similar structure. This is what it looks like.

1. Start with a bang - this usually has the main character in an action scene.
2. Back fill - the Who, What, Why is filled in while the action unfolds
3. The main problem is introduced
4. Complications and more problems. Things get very bad indeed
5. Tension scene where hero/heroine fights against incredible odds
6. Climax – incredibly, wonderfully they win!

Once writers know these basics, they have a **SYSTEM** to their planning - and this really improves their writing.

TOP TIP:

Think first, write second.
Draw yourself a graph like this one and plot your stories out **BEFORE** you start writing.



ACTION ACTIVITY:

Watch TV ads - you know the ones that 'tell a story.' In 30 seconds, some ads can create a start, tension scene and great ending, exactly like the story graph.

© Jen McVeity, author and National Literacy Champion

Seven Steps to Writing Success

The full *Seven Steps* program is available:

www.sevenstepswriting.com

Email: office@sevenstepswriting.com

Phone: 61 3 9521 8439

seven steps
TO WRITING SUCCESS



Civil Construction Taster Program

Program Outline

Day 1 - Civil Construction Overview

Date: Thursday, 23rd April, 2015

Time: 9am—3pm

Location: Federation Training, Yallourn

- Learn about careers within the Civil Construction Industry
- Participate in hands on activities

Day 2 - Civil Construction Activities

Date: Thursday, 30th April, 2015

Time: 9am—3pm

Location: Federation Training, Yallourn Campus

- Site Set Out and an introduction to Plant maintenance and operation
- Measurements and calculations

Day 3 - Site Visits

Date: Thursday, 7th May, 2015

Time: 9am—3pm

Location: Various Civil Construction Sites

- Visit work sites to meet employees and experience the type of work involved in the industry

Work Experience

Date: Term 2

18– 22nd May or 25-29th May

Duration: 1 week block

On completion of the three compulsory days, you will have the option of completing a one work experience placement with a local Civil Construction contractor.

Please note: Students will be required to make their own way to and from designated collection points. These locations will be advised upon acceptance into the program.

What you will learn about...

- Careers within the Civil Construction Industry
- Traffic management
- Use of construction tools
- Plan reading
- Surveying
- Measurements and calculations for construction

Participating in this program will give you valuable industry experience. Impress future employers by including it in your resume.

Application Process

- You must be 15 years or older to apply
- Collect and complete an application form from your VETiS or Careers Teacher
- Must have a CI Card prior to Workplacement
- Return your completed application form to your VETiS or Careers Teacher by:

20th March 2015

- You will be advised of your acceptance to the program by 26th March 2015

*****LIMITED PLACES AVAILABLE*****



Employment Opportunities

- Site Manager
- Technical Officer
- Supervisor
- Foreman
- Leading Hand
- Plant Operator
- Skilled Construction Worker
- Estimator
- Pipe Laying Artisan
- Road Constructor
- Tunnel Constructor
- Bridge Constructor
- Directional Driller
- Road Marker



This program is funded by the Civil Contractors Federation. Participation is **FREE** to students.

For further information contact:

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**Baw Baw Latrobe
Local Learning
& Employment Network**

Career Pathway

Civil Construction / Civil Engineering

